WEBVTT

- $2\ 00:00:03.960 \longrightarrow 00:00:06.940$ Welcome to our CMIPS seminar.
- $3~00:00:06.940 \dashrightarrow 00:00:09.637$ CMIPS is the acronym for our Center for Methods
- $4~00:00:09.637 \longrightarrow 00:00:12.720$ in Implementation and Prevention Science.
- 500:00:12.720 --> 00:00:16.290 I'm Donna Spiegelman, the Director of the Center,
- $6\ 00:00:16.290 \longrightarrow 00:00:19.590$ and this seminar is being co-sponsored
- 7 00:00:19.590 --> 00:00:21.900 by the Dissemination and Implementation
- 8 00:00:21.900 --> 00:00:26.310 Science Methods Core, the NIH T32 training grant,
- 9 $00:00:26.310 \longrightarrow 00:00:29.650$ Implementation Science Research in Methods,
- 10 00:00:32.010 --> 00:00:34.110 and R3EDI, the Rigorous, Rapid,
- $11\ 00:00:34.110 --> 00:00:37.500$ and Relevant Evidence Adaptation and Implementation
- $12\ 00:00:37.500$ --> 00:00:42.210 to Ending the HIV Epidemic Implementation Science Hub.
- 13 00:00:42.210 --> 00:00:44.820 We're very pleased to welcome our guest,
- 14 00:00:44.820 --> 00:00:46.380 Dr. Rani Elwy,
- $15\ 00:00:46.380 --> 00:00:49.590$ who's Professor of Psychiatry and Human Behavior,
- $16\ 00:00:49.590 \longrightarrow 00:00:53.340$ and Professor of Behavioral and Social Sciences
- 17 00:00:53.340 --> 00:00:55.473 at Brown University.
- $18\ 00:00:56.790 \longrightarrow 00:01:00.600$ She is a health psychologist, health services researcher,
- $19\ 00:01:00.600 --> 00:01:02.880$ and an implementation scientist
- $20\ 00:01:02.880 --> 00:01:05.580$ who examines patients' access to
- $21\ 00:01:05.580 \longrightarrow 00:01:08.490$ and uptake of mental health care,
- $22\ 00:01:08.490 \longrightarrow 00:01:10.200$ the effectiveness and implementation
- $23\ 00{:}01{:}10.200$ --> $00{:}01{:}13.320$ of complementary and integrative health services
- 24 00:01:13.320 --> 00:01:16.353 for treating mental health disorders and pain,

- $25\ 00:01:17.250 \longrightarrow 00:01:20.490$ and she works on crisis and risk communication
- $26\ 00{:}01{:}20.490$ --> $00{:}01{:}24.600$ between patients, families, providers, and health systems.
- $27\,00:01:24.600$ --> 00:01:28.200 Dr. Elwy is the Founding Director of the Brown Research
- $28\ 00{:}01{:}28.200 \dashrightarrow 00{:}01{:}30.330$ on Implementation and Dissemination
- 29 00:01:30.330 --> 00:01:33.360 to Guide Evidence Use BRIDGE Program,
- $30\ 00:01:33.360 \longrightarrow 00:01:36.690$ which sounds like a sister program to our own here,
- $31~00{:}01{:}36.690 \dashrightarrow 00{:}01{:}39.900$ Co-Director of Implementation Science in Advance,
- 32 00:01:39.900 --> 00:01:43.140 Rhode Island Clinical Translational Research,
- $33\ 00:01:43.140 --> 00:01:44.880$ and Implementation Scientist
- $34\ 00:01:44.880 \longrightarrow 00:01:47.220$ in the Biobehavioral Sciences Core
- $35~00{:}01{:}47.220$ --> $00{:}01{:}50.700$ of the Providence/Boston Center for AIDS Research.
- $36\ 00:01:50.700 \longrightarrow 00:01:52.800$ Dr. Elwy is a VA
- $37\ 00{:}01{:}52.800 \dashrightarrow 00{:}01{:}56.160$ or Veterans Administration Implementation Scientist
- $38\ 00:01:56.160 \longrightarrow 00:01:59.280$ serving as the multiple principal investigator
- 39 00:01:59.280 --> 00:02:01.320 of two program grants:
- $40\ 00:02:01.320 \longrightarrow 00:02:03.120$ The Bridging the Care Continuum
- $41\ 00:02:03.120 --> 00:02:06.690$ for Vulnerable Veterans Bridge QUERI Program,
- 42 00:02:06.690 --> 00:02:08.760 which consists of three hybrid
- 43 00:02:08.760 --> 00:02:11.940 type three effectiveness implementation trials
- $44\ 00:02:11.940 --> 00:02:13.920$ to increase the uptake of mental health
- $45~00:02:13.920 \longrightarrow 00:02:16.470$ and substance use services and treatments
- $46\ 00:02:16.470 \longrightarrow 00:02:21.060$ among veterans in 18 sites.
- $47~00:02:21.060 \longrightarrow 00:02:24.750$ And two, the Evidence Policy and Implementation Center,
- 48~00:02:24.750 --> 00:02:26.040 a QUERI program
- $49\ 00:02:26.040 \dashrightarrow 00:02:29.340$ dedicated to building capacity in implementation science

- 50~00:02:29.340 --> 00:02:32.460 across the entire VA healthcare system.
- 51 00:02:32.460 --> 00:02:34.380 Additionally, Dr. Elwy is a Fellow
- 52 00:02:34.380 --> 00:02:36.570 of the Society of Behavioral Medicine
- $53\ 00:02:36.570$ --> 00:02:40.830 and the recipient of a VA Research Center Scientist Award.
- 54 00:02:40.830 --> 00:02:42.900 So, clearly, she's got her bona fide
- 55~00:02:42.900 --> 00:02:47.580 in implementation science all across the spectrum.
- 56~00:02:47.580 --> 00:02:49.170 Today, she's gonna talk about
- 57~00:02:49.170 --> 00:02:52.050 Hybrid Effectiveness Implementation Trials:
- 58 00:02:52.050 --> 00:02:55.110 Testing Strategies, Assessing Outcomes,
- 59 00:02:55.110 --> 00:02:57.390 and Planning for Sustainability.
- 60~00:02:57.390 --> 00:03:00.270 And, Dr. Elwy, would you prefer to give your talk
- $61\ 00:03:00.270 \longrightarrow 00:03:01.530$ and then take questions,
- $62\ 00{:}03{:}01.530 \dashrightarrow 00{:}03{:}04.260$ or would you like to have people pop in questions
- $63\ 00:03:04.260 \longrightarrow 00:03:06.138$ into the chat as you go along?
- $64\ 00:03:06.138 \longrightarrow 00:03:08.555$ (indistinct)
- 65 00:03:19.590 --> 00:03:22.200 <v ->Thank you for the invitation and that introduction</v>
- $66\ 00:03:22.200 \longrightarrow 00:03:24.960$ and apologies that it was so long.
- 67 00:03:24.960 --> 00:03:27.420 But anyway, I'm really happy to be here.
- $68\ 00:03:27.420 \longrightarrow 00:03:28.253$ And as you see,
- $69~00{:}03{:}28.253 \dashrightarrow 00{:}03{:}31.110$ I actually took out the word trials and put in studies
- 70 00:03:31.110 --> 00:03:35.013 and I'll explain why in a minute.
- 71 00:03:36.000 --> 00:03:39.300 So I have some funding grants
- 72 00:03:39.300 --> 00:03:41.490 and just wanted to provide those disclosures,
- $73\ 00:03:41.490 \longrightarrow 00:03:44.040$ and also that my views are mine alone
- $74~00:03:44.040 \dashrightarrow 00:03:46.773$ and not that of the VA or the federal government.
- $75~00:03:48.330 \longrightarrow 00:03:51.780$ So when I think about why I feel so passionate

- $76\ 00:03:51.780 --> 00:03:53.940$ about implementation science...
- 77 00:03:53.940 --> 00:03:55.560 Actually I just realized that just so you know,
- 78~00:03:55.560 --> 00:04:00.560 I can't actually see the chat here in the system that...
- $79\ 00:04:01.851 \longrightarrow 00:04:03.751$ So yeah, so yeah, thank you very much.
- 80 00:04:06.180 --> 00:04:09.090 <
v Donna>You know, I'll take care of it. (indistinct)</br/>/v>
- $81\ 00:04:09.090 \longrightarrow 00:04:09.930 < v \longrightarrow Thank you. < / v >$
- 82 00:04:09.930 --> 00:04:12.990 So when I think about why I'm so passionate
- 83 00:04:12.990 --> 00:04:14.100 about implementation science
- $84\ 00:04:14.100 \longrightarrow 00:04:17.190$ or how I really just fell into it, two things come to mind,
- $85\ 00:04:17.190 \longrightarrow 00:04:19.140$ and I'm very well aware
- 86~00:04:19.140 --> 00:04:22.020 that I'm talking to a very quantitatively strong group,
- $87\ 00:04:22.020 --> 00:04:24.660$ so at least here are some statistics for you.
- $88\ 00:04:24.660 --> 00:04:27.270$ So the first is that we all know that on average
- $89\ 00:04:27.270 \longrightarrow 00:04:30.630$ it takes 17 years for 14% of research
- 90 00:04:30.630 --> 00:04:32.310 to make its way into practice.
- 91 00:04:32.310 --> 00:04:34.320 I recently read that the statistic
- 92 00:04:34.320 --> 00:04:36.660 is now approximately 15 years,
- 93 00:04:36.660 --> 00:04:40.200 but that's really not enough of a change,
- $94\ 00:04:40.200 \longrightarrow 00:04:42.420$ we still have a long way to go.
- 95~00:04:42.420 --> 00:04:47.400 And then the other statistic is that 85% of federal research
- $96\ 00:04:47.400 --> 00:04:50.220$ is wasted every year due to the fact
- $97\ 00:04:50.220 \longrightarrow 00:04:53.820$ that we do not move our evidence into practice,
- 98 00:04:53.820 --> 00:04:58.110 and this equates to about \$70 billion per year,
- 99 00:04:58.110 --> 00:05:00.360 which is kind of shocking.
- $100\ 00:05:00.360 \longrightarrow 00:05:03.360$ And it was actually those two statistics
- $101\ 00:05:03.360 \longrightarrow 00:05:06.660$ that I said to my dean
- 102 00:05:06.660 --> 00:05:09.210 who made him really sort of pay attention

- $103\ 00:05:09.210 \longrightarrow 00:05:10.320$ to implementation science
- $104\ 00:05:10.320 \longrightarrow 00:05:12.783$ and decide to invest in our program at Brown.
- 105 00:05:14.370 --> 00:05:16.350 I feel very fortunate to have grown up
- $106\ 00:05:16.350 \dashrightarrow 00:05:20.070$ in the VA healthcare system as an implementation scientist.
- $107\ 00:05:20.070 --> 00:05:23.400$ Our national implementation science program is called QUERI,
- $108~00{:}05{:}23.400 \dashrightarrow 00{:}05{:}26.160$ which is the Quality Enhancement Research Initiative.
- $109\ 00:05:26.160 --> 00:05:29.640$ And under the leadership of Amy Kilborn, Dr. Amy Kilborn,
- $110\ 00:05:29.640 \longrightarrow 00:05:32.160$ we now have over 50 centers
- $111\ 00{:}05{:}32.160 \dashrightarrow 00{:}05{:}36.600$ who partner with up to 70 or more different program offices
- $112\ 00:05:36.600 \longrightarrow 00:05:38.610$ and regional partners around the country.
- 113 00:05:38.610 --> 00:05:41.010 One of the programs that I am PI of,
- $114\ 00:05:41.010 \longrightarrow 00:05:42.360$ with three other colleagues,
- $115\ 00{:}05{:}42.360 \dashrightarrow 00{:}05{:}46.350$ is the BRIDGE program, which is in Bedford, Massachusetts.
- 116 00:05:46.350 --> 00:05:49.800 And it's one of these five year
- $117\ 00:05:49.800 \longrightarrow 00:05:52.020$ five plus million dollar grants
- $118\ 00:05:52.020 \longrightarrow 00:05:55.320$ where we have three hybrid type three trials
- $119\ 00:05:55.320 \longrightarrow 00:05:56.880$ that we are doing all at once,
- $120\ 00:05:56.880 \longrightarrow 00:05:58.980$ implementing three different evidence-based practices,
- $121\ 00:05:58.980 \longrightarrow 00:06:01.575$ and so that's what I'm gonna be talking about today.
- $122\ 00{:}06{:}01.575 \dashrightarrow 00{:}06{:}05.970~\mathrm{I}$ brought my implementation science knowledge and training
- $123\ 00:06:05.970 --> 00:06:08.850$ from the VA into Brown five and a half years ago,
- $124\ 00:06:08.850 \dashrightarrow 00:06:12.150$ and we recently rebranded our implementation science core
- $125\ 00{:}06{:}12.150 --> 00{:}06{:}15.340$ as the Brown Research on Implementation and Dissemination

- 126 00:06:17.280 --> 00:06:18.930 to Guide Evidence Use BRIDGE Program.
- 127 00:06:18.930 --> 00:06:21.090 And as you all know here,
- 128 00:06:21.090 --> 00:06:23.250 we just don't have enough training programs,
- $129\ 00{:}06{:}23.250 \dashrightarrow 00{:}06{:}25.230$ we don't have enough capacity building programs
- 130 00:06:25.230 --> 00:06:26.310 for implementation science,
- $131\ 00:06:26.310 \longrightarrow 00:06:27.210$ and so a lot of us
- $132\ 00:06:27.210$ --> 00:06:30.363 are just starting to like implement our own as a result.
- $133\ 00:06:32.310 \longrightarrow 00:06:37.310$ So I just wanted to talk about hybrid designs and trials,
- 134 00:06:38.040 --> 00:06:42.330 but I'm actually gonna try to convince us all
- $135\ 00{:}06{:}42.330$ --> $00{:}06{:}45.720$ to use the language of hybrid studies from here on out
- $136\ 00:06:45.720 \longrightarrow 00:06:47.280$ and I'll explain why.
- $137\ 00:06:47.280$ --> 00:06:50.400 So we all know the original paper that came out in 2012
- $138\ 00:06:50.400 \longrightarrow 00:06:53.640$ by Jeff Curran, Mark Bauer, Brian Mittman,
- $139\ 00:06:53.640 --> 00:06:58.080$ Jeff Pyne, and Cheryl Stettler, that was really seminal.
- $140\ 00:06:58.080 --> 00:07:00.380$ I was just starting my implementation science training
- $141\ 00{:}07{:}00.380 --> 00{:}07{:}03.540$ in this year at the Implementation Research Institute,
- $142\ 00:07:03.540 \longrightarrow 00:07:05.520$ and everyone was so excited
- $143\ 00:07:05.520 \longrightarrow 00:07:06.960$ about these different hybrid designs,
- $144\ 00:07:06.960 \longrightarrow 00:07:08.490$ the one, the two, the three.
- $145\ 00{:}07{:}08.490 \dashrightarrow 00{:}07{:}11.160$ I know that many of you already know what these are.
- $146\ 00:07:11.160 --> 00:07:13.470\ \text{I'm}$ just gonna be focusing today on the three
- $147\ 00:07:13.470 \longrightarrow 00:07:16.860$ where really the primary aim is on testing the effectiveness
- $148\ 00:07:16.860 --> 00:07:18.450$ of the implementation strategies

- $149\ 00:07:18.450 \longrightarrow 00:07:22.683$ to increase the uptake of the evidence-based practice.
- $150\ 00:07:23.760 \longrightarrow 00:07:25.320$ When this paper came out,
- $151\ 00:07:25.320 \longrightarrow 00:07:27.990$ Brian Mittman was one of my mentors and he said, you know,
- $152\ 00{:}07{:}27.990 \dashrightarrow 00{:}07{:}30.360$ they really should have said right from the beginning
- $153\ 00:07:30.360 \longrightarrow 00:07:34.740$ that every randomized trial is always a hybrid one.
- $154\ 00:07:34.740 \longrightarrow 00:07:36.180$ and so they've actually started
- 155 00:07:36.180 --> 00:07:38.610 to really change that language.
- 156 00:07:38.610 --> 00:07:40.740 And so just recently they published,
- $157\ 00:07:40.740 \longrightarrow 00:07:42.990$ this was from last December,
- 158 00:07:42.990 --> 00:07:47.130 reflections on 10 years of using hybrid designs,
- 159 00:07:47.130 --> 00:07:47.997 hybrid trials,
- $160\ 00:07:47.997 \longrightarrow 00:07:49.830$ and they tried to make a good case
- 161 00:07:49.830 --> 00:07:53.460 for why it's really much more important
- $162\ 00:07:53.460 \longrightarrow 00:07:55.260$ to be calling these hybrid studies.
- $163\ 00:07:55.260 --> 00:07:59.850$ And I'm really happy about this because this...
- 164 00:07:59.850 --> 00:08:01.020 And I know that, again,
- $165~00{:}08{:}01.020 \dashrightarrow 00{:}08{:}04.110$ I'm talking to a very quantitatively savvy group.
- $166\ 00{:}08{:}04.110 {\: -->\:} 00{:}08{:}06.960$ Not all things in the real world can be randomized,
- $167\ 00:08:06.960 \longrightarrow 00:08:09.330$ and so we have had to do studies
- $168\ 00:08:09.330 \longrightarrow 00:08:10.800$ that I would consider a hybrid
- $169\ 00:08:10.800 \longrightarrow 00:08:12.630$ but didn't fit under the definition
- $170\ 00:08:12.630 \longrightarrow 00:08:15.510$ because it wasn't a randomized control trial.
- 171 00:08:15.510 --> 00:08:18.000 So in these updated recommendations,
- $172\ 00:08:18.000 \longrightarrow 00:08:19.740$ they really have three things
- $173\ 00:08:19.740 \longrightarrow 00:08:21.390$ that they want people to take away.
- $174\ 00:08:21.390 \dashrightarrow 00:08:24.430$ Replacing the term design in favor of the word study

- 175 00:08:25.590 --> 00:08:26.850 because, as I just said,
- $176\ 00{:}08{:}26.850 \dashrightarrow 00{:}08{:}30.120$ many people are applying hybrids and non trial designs
- 177 00:08:30.120 --> 00:08:33.610 and it is possible to conduct a hybrid study
- $178\ 00{:}08{:}34.500 \dashrightarrow 00{:}08{:}36.630$ to answer questions about intervention effectiveness
- $179\ 00:08:36.630 \longrightarrow 00:08:39.724$ and implementation in a wide range of study design.
- $180\ 00:08:39.724 \longrightarrow 00:08:42.960$ (indistinct)
- 181 00:08:42.960 --> 00:08:44.430 They offer in this paper,
- 182 00:08:44.430 --> 00:08:49.050 four questions to help people decide
- $183\ 00:08:49.050 \longrightarrow 00:08:52.740$ which of the hybrid studies that they should be conducting,
- 184 00:08:52.740 --> 00:08:53.970 and I'll tell that to you in a minute,
- $185\ 00{:}08{:}53.970 --> 00{:}08{:}57.480$ and they've also really emphasized how you can build cost.
- $186~00{:}08{:}57.480 \rightarrow 00{:}08{:}59.427$ And I know that we have some cost people in the audience,
- 187 00:08:59.427 --> 00:09:01.920 how to really bring in cost into hybrid studies,
- $188\ 00:09:01.920$ --> 00:09:05.550 because when our ultimate goal from all of this work
- $189\ 00{:}09{:}05.550 \dashrightarrow 00{:}09{:}09{:}420$ is to implement and sustain our evidence-based practice,
- $190\ 00:09:09.420 --> 00:09:12.063$ cost is such a huge and driving factor for that.
- $191\ 00:09:13.170 \longrightarrow 00:09:16.650$ So these are the four questions that are asked in the paper.
- $192\ 00:09:16.650 --> 00:09:19.410$ What is the nature of your effectiveness data?
- 193 00:09:19.410 --> 00:09:20.640 How much do you expect
- 194 00:09:20.640 --> 00:09:23.100 the intervention will need to be adapted?
- $195\ 00:09:23.100 --> 00:09:26.190$ How much do you know about implementation determinants?
- 196 00:09:26.190 --> 00:09:28.170 And how ready are you to evaluate
- 197 00:09:28.170 --> 00:09:30.540 real world implementation strategies?

- $198\ 00:09:30.540 \longrightarrow 00:09:33.120$ If you know a lot about your effectiveness data,
- $199\ 00{:}09{:}33.120 \dashrightarrow 00{:}09{:}36.660$ if you feel that there needs to be some components
- 200 00:09:36.660 --> 00:09:41.223 of adaptation built into your actual aims,
- $201\ 00:09:42.270 \longrightarrow 00:09:44.220$ if you already have a good sense
- 202 00:09:44.220 --> 00:09:45.870 of what your implementation determinants,
- 203 00:09:45.870 --> 00:09:48.240 your barriers and facilitators are,
- $204\ 00{:}09{:}48.240 \dashrightarrow 00{:}09{:}52.380$ and if you feel that you can develop and evaluate
- $205\ 00:09:52.380 \longrightarrow 00:09:54.180$ those real world implementation strategies
- $206\ 00:09:54.180 \longrightarrow 00:09:55.650$ to address those determinants,
- 207 00:09:55.650 --> 00:09:57.960 then you're probably ready for a hybrid three
- $208\ 00:09:57.960 \longrightarrow 00:10:00.420$ or if not at least a hybrid two.
- 209 00:10:00.420 --> 00:10:03.360 But if you're more on the end of I don't know,
- $210\ 00{:}10{:}03.360 \dashrightarrow 00{:}10{:}05.730$ then you probably wanna go to more of a hybrid one.
- $211\ 00:10:05.730 --> 00:10:08.220$ And so this paper really helps people
- $212\ 00:10:08.220$ --> 00:10:10.713 think that through more than the original one.
- $213\ 00:10:12.540 \longrightarrow 00:10:13.710$ So this is gonna be the crux
- 21400:10:13.710 --> 00:10:14.970 of what I'm gonna be talking about today.
- $215\ 00:10:14.970 \longrightarrow 00:10:17.970$ When I think about what we want to achieve
- 216 00:10:17.970 --> 00:10:19.050 in implementation science,
- 217 00:10:19.050 --> 00:10:20.910 I think of these three big buckets,
- $218~00:10:20.910 \dashrightarrow 00:10:22.230$ and I'm sure that there are other ones
- $219\ 00{:}10{:}22.230 \longrightarrow 00{:}10{:}23.790$ and we can definitely have a conversation
- 220 00:10:23.790 --> 00:10:25.860 about why I haven't included others.
- 221 00:10:25.860 --> 00:10:28.470 But I think of testing strategies
- 222 00:10:28.470 --> 00:10:31.110 because strategies are what is going to make us
- $223\ 00:10:31.110 --> 00:10:36.110$ be able to get things implemented uptake in the real world.

- $224\ 00:10:36.960 \longrightarrow 00:10:39.090$ But it has a lot of different factors to it.
- $225\ 00{:}10{:}39.090 \dashrightarrow 00{:}10{:}42.000$ You need to specify and operationalize your strategies,
- 226 00:10:42.000 --> 00:10:43.920 you have to randomize on strategies,
- 227 00:10:43.920 --> 00:10:46.350 and for some people that's a very new thing,
- 228 00:10:46.350 --> 00:10:47.970 you're not randomizing on the intervention,
- $229\ 00:10:47.970$ --> 00:10:51.630 you're randomizing on the strategies, and tracking.
- $230\ 00{:}10{:}51.630 \dashrightarrow 00{:}10{:}54.810$ You know, I often say that as implementation scientists,
- 231 00:10:54.810 --> 00:10:56.260 our job is just to track,
- 232 00:10:56.260 --> 00:10:58.920 track everything, track adaptations,
- 233 00:10:58.920 --> 00:11:00.900 track whether they were fidelity consistent,
- 234 00:11:00.900 --> 00:11:02.070 track your strategies,
- 235 00:11:02.070 --> 00:11:03.120 and especially if you're doing something
- 236 00:11:03.120 --> 00:11:05.340 across a lot of sites, that's a lot of tracking.
- $237\ 00:11:05.340 \longrightarrow 00:11:07.350$ So we'll talk about that.
- 238 00:11:07.350 --> 00:11:09.090 I also think that we really need to be focusing
- 239 00:11:09.090 --> 00:11:10.260 on assessing outcomes,
- 240 00:11:10.260 --> 00:11:12.120 and these always need to be guided
- 241 00:11:12.120 --> 00:11:14.070 by a theory, model or framework.
- $242\ 00:11:14.070 \longrightarrow 00:11:16.170$ You need to do this over multiple time points.
- 243 00:11:16.170 --> 00:11:17.370 One time is not enough
- 244 00:11:17.370 --> 00:11:19.383 in the scope of an implementation trial,
- $245\ 00:11:20.250 \longrightarrow 00:11:21.540$ things change over time.
- $246\ 00{:}11{:}21.540 {\:\hbox{--}}{>}\ 00{:}11{:}26.540$ So one strategy might be leading to a better outcome.
- 247 00:11:26.610 --> 00:11:28.200 but when you use other strategies,
- 248 00:11:28.200 --> 00:11:30.240 maybe those outcomes aren't so good,
- $249\ 00{:}11{:}30.240 \dashrightarrow 00{:}11{:}32.610$ and so we really need to know those differences.
- 250 00:11:32.610 --> 00:11:34.680 And one of the most important things,

- $251\ 00:11:34.680 \longrightarrow 00:11:36.870$ and this has been a message I've had to give
- $252\ 00{:}11{:}36.870 \longrightarrow 00{:}11{:}39.850$ to a lot of my clinical trialist efficacy researchers,
- $253\ 00:11:39.850 \longrightarrow 00:11:42.060$ our measures need to be pragmatic.
- $254\ 00:11:42.060 --> 00:11:45.300$ Please don't use a 60 item measure
- 255 00:11:45.300 --> 00:11:46.590 in your implementation study,
- $256\ 00:11:46.590 \longrightarrow 00:11:48.270$ it's not gonna be used in the real world.
- 257 00:11:48.270 --> 00:11:50.640 Please don't include a two hour
- $258\ 00:11:50.640 \longrightarrow 00:11:54.120$ clinical structured interview to assess outcomes,
- 259 00:11:54.120 --> 00:11:55.950 again, not gonna be used in the real world,
- 260 00:11:55.950 --> 00:11:58.980 really focusing on pragmatic, easy to use,
- $261\ 00:11:58.980 \longrightarrow 00:12:00.930$ transferable measures.
- 262 00:12:00.930 --> 00:12:03.892 And then finally planning for sustainability.
- 263 00:12:03.892 --> 00:12:06.720 If we don't plan, it will not happen,
- $264\ 00:12:06.720 \longrightarrow 00:12:09.510$ and that's also a very hard message for people to hear.
- 265 00:12:09.510 --> 00:12:12.600 How do I know, if I'm doing a hybrid type one,
- $266\ 00:12:12.600 --> 00:12:15.300$ that whatever I'm implementing is gonna be effective?
- 267 00:12:15.300 --> 00:12:18.480 And I say, let's just pretend that it will be.
- $268~00{:}12{:}18.480 \dashrightarrow 00{:}12{:}21.210$ Let's find out what is happening during that trial
- $269\ 00:12:21.210 \longrightarrow 00:12:23.760$ that actually can inform our next steps
- 270 00:12:23.760 --> 00:12:25.680 and help us think through,
- 271 00:12:25.680 --> 00:12:27.900 you know, who is gonna own this eventually.
- 272 00:12:27.900 --> 00:12:29.520 And obviously this involves
- $273\ 00:12:29.520 \dashrightarrow 00:12:32.310$ a lot of engagement with the partners, community based,
- $274\ 00{:}12{:}32.310 \dashrightarrow 00{:}12{:}35.280$ health system based that we're gonna be needing
- $275\ 00:12:35.280 \longrightarrow 00:12:37.413$ to eventually sustain our efforts.

- 276 00:12:39.240 --> 00:12:40.440 When I think about the theories,
- $277\ 00:12:40.440 --> 00:12:43.140$ models and frameworks I use, I always have a process model,
- $278\ 00:12:43.140 --> 00:12:47.070$ and so in the VA we have this QUERI implementation roadmap
- $279\ 00:12:47.070 \longrightarrow 00:12:48.645$ that everyone can use.
- $280\ 00:12:48.645 \longrightarrow 00:12:53.645$ It's very foundational, but it works in every case,
- 281 00:12:54.870 --> 00:12:57.480 so we have a pre-implementation phase,
- $282\ 00{:}12{:}57.480 {\: -->\:} 00{:}12{:}59.640$ an implementation phase, a sustainment phase.
- $283\ 00:12:59.640 --> 00:13:02.280$ It looks like you always go in one way around this,
- 284 00:13:02.280 --> 00:13:03.540 but you can go back and forth,
- 285 00:13:03.540 --> 00:13:04.887 especially in the pre-implementation
- $286\ 00:13:04.887 \longrightarrow 00:13:06.930$ and implementation phases.
- $287\ 00:13:06.930 \longrightarrow 00:13:08.850$ So we use this to guide our work
- $288\ 00:13:08.850 \longrightarrow 00:13:10.200$ and this is really applicable
- 289 00:13:10.200 --> 00:13:11.940 and we'll talk more about these details,
- 290 00:13:11.940 --> 00:13:14.640 but it's something that you should consider
- $291\ 00:13:14.640 \longrightarrow 00:13:15.960$ to have a process model
- $292\ 00:13:15.960 --> 00:13:19.323$ to drive what your steps are of your work.
- 293 00:13:20.760 --> 00:13:23.040 In our Bridge QUERI Program,
- $294\ 00:13:23.040 \longrightarrow 00:13:28.040$ which is testing the uptake and hopefully sustainability
- 295 00:13:28.470 --> 00:13:29.910 of three evidence-based practices,
- $296\ 00:13:29.910 \longrightarrow 00:13:32.040$ these are each in a hybrid type three trial.
- 297 00:13:32.040 --> 00:13:33.840 So they're simultaneously happening
- $298\ 00:13:33.840 \longrightarrow 00:13:37.377$ led by three different people and their teams.
- $299\ 00:13:37.377 --> 00:13:40.860$ We're working with veterans who have opioid use disorders,
- $300~00{:}13{:}40.860 \dashrightarrow 00{:}13{:}43.320$ we're working with veterans who have been recently released

- 301 00:13:43.320 --> 00:13:45.330 from an incarceration setting,
- $302\ 00:13:45.330 \longrightarrow 00:13:46.560$ and then we have veterans
- $303\ 00:13:46.560 --> 00:13:50.490$ who are engaging in criminal activities
- $304\ 00:13:50.490 -> 00:13:52.590$ and are going through the veteran treatment court.
- $305\ 00:13:52.590 --> 00:13:53.430$ Veteran treatment courts
- $306\ 00:13:53.430 \longrightarrow 00:13:54.960$ are actually based in the community,
- $307\ 00:13:54.960 \longrightarrow 00:13:57.450$ but we work with our veteran justice outreach group
- $308\ 00:13:57.450 --> 00:13:59.367$ within the VA to work with that.
- $309\ 00:13:59.367 \longrightarrow 00:14:00.200$ And so, as you can see,
- 310 00:14:00.200 --> 00:14:03.390 these are not easy to solve problems,
- $311\ 00:14:03.390 \longrightarrow 00:14:07.410$ this is a vast amount of effort on these people.
- $312\ 00:14:07.410$ --> 00:14:12.410 So the Homeless Overdose Prevention Expansion Project, HOPE,
- $313\ 00{:}14{:}12.480 \dashrightarrow 00{:}14{:}15.996$ is really trying to implement an opioid overdose education
- $314\ 00:14:15.996 \longrightarrow 00:14:19.380$ and naloxone distribution to reduce overdoses.
- 315 00:14:19.380 --> 00:14:21.330 So that's the evidence-based practice there,
- 31600:14:21.330 --> 00:14:24.753 and that is led by Dr. Amanda Midboe at Palo Alto.
- $317\ 00:14:25.590 \longrightarrow 00:14:29.730$ The PIE Project is a peer support initiative.
- 318 00:14:29.730 --> 00:14:32.340 It's a Post-Incarceration Engagement Project
- $319\ 00{:}14{:}32.340 \dashrightarrow 00{:}14{:}34.590$ where we're really helping to work with veterans
- $320\ 00:14:34.590 \longrightarrow 00:14:37.050$ when they come out of jails for social support,
- 321 00:14:37.050 --> 00:14:39.780 skill building, linkage to care.
- $322\ 00:14:39.780 \longrightarrow 00:14:41.340$ And then we have MISSION-CJ,
- $323\ 00:14:41.340 \longrightarrow 00:14:43.920$ which is very long acronym I'll tell about it in a second,
- $324\ 00:14:43.920 \longrightarrow 00:14:46.380$ where we are aiding veterans in case management,
- $325\ 00{:}14{:}46.380 {\: --> \:} 00{:}14{:}50.823$ assertive outreach, hybrid treatments, linkage support.

- $326\ 00:14:51.780 --> 00:14:53.130$ Also really trying to make sure
- $327\ 00:14:53.130 \longrightarrow 00:14:56.700$ that we are examining the health equity needs
- $328\ 00:14:56.700 \longrightarrow 00:14:57.533$ of our veterans
- $329\ 00:14:57.533 \longrightarrow 00:15:02.450$ as well as how we can help them stay housed
- $330\ 00:15:03.750 \longrightarrow 00:15:05.550$ if they're at risk for homelessness.
- $331\ 00:15:05.550 \dashrightarrow 00:15:09.690$ My job in all of this is I run our implementation core,
- $332\ 00:15:09.690 \longrightarrow 00:15:13.170$ and here we are trying across all these three projects
- $333\ 00:15:13.170 --> 00:15:18.170$ to have similar phases, similar measures, similar designs.
- $334\ 00{:}15{:}18.390 \dashrightarrow 00{:}15{:}21.840$ So that's been a real learning experience for me
- $335\ 00{:}15{:}21.840 \dashrightarrow 00{:}15{:}24.420$ to simultaneously work with three different trials
- $336\ 00:15:24.420 \longrightarrow 00:15:26.340$ at the same time to really make sure
- $337\ 00{:}15{:}26.340 {\: -->\:} 00{:}15{:}29.493$ that we are capturing data on a wide spread basis.
- $338\ 00:15:30.330 \longrightarrow 00:15:32.850$ Here are my three MPI colleagues.
- $339\ 00:15:32.850 \longrightarrow 00:15:35.580$ Keith McInnes is running the PIE Project with his team,
- $340~00{:}15{:}35{.}580 \dashrightarrow 00{:}15{:}38.700$ David Smelson is running the MISSION-CJ Project,
- $341\ 00{:}15{:}38.700 \dashrightarrow 00{:}15{:}41.340$ and Amanda Midboe is running the HOPE Project.
- 342 00:15:41.340 --> 00:15:44.640 It's definitely a village that's doing this.
- 343 00:15:44.640 --> 00:15:45.780 And what's really exciting
- $344\ 00:15:45.780 \longrightarrow 00:15:48.780$ is when your work is totally aligned with policy,
- 345 00:15:48.780 --> 00:15:50.610 and I really want people to think about that
- $346\ 00:15:50.610 \longrightarrow 00:15:52.080$ with the types of work that you do,
- 347 00:15:52.080 --> 00:15:54.150 because policy is actually going to help you
- 348 00:15:54.150 --> 00:15:55.680 with your sustainability.

- $349\ 00:15:55.680 \longrightarrow 00:15:59.340$ So this is from the February State of the Union,
- $350\ 00{:}15{:}59.340 \dashrightarrow 00{:}16{:}03.060$ and there were three parts of this that completely aligned
- $351\ 00:16:03.060 \longrightarrow 00:16:04.260$ with the work that we are doing.
- $352\ 00:16:04.260 \longrightarrow 00:16:08.040$ So expanding peer support services in the VA.
- $353\ 00:16:08.040 \longrightarrow 00:16:10.440$ Two of our three evidence-based practices
- $354\ 00:16:10.440 \dashrightarrow 00:16:13.650$ that I'll tell you about, the PIE and MISSIONCJ,
- $355\ 00{:}16{:}13.650 \dashrightarrow 00{:}16{:}15.930$ are being implemented by peer support specialists.
- $356\ 00:16:15.930 \longrightarrow 00:16:17.700$ So we need more of them in the VA,
- $357\ 00:16:17.700 \longrightarrow 00:16:21.210$ and so the federal government is funding this.
- 358 00:16:21.210 --> 00:16:23.970 We're trying to reduce homelessness.
- $359\ 00:16:23.970 \longrightarrow 00:16:26.280$ So this is also a focus
- $360\ 00:16:26.280 \longrightarrow 00:16:28.920$ of the Biden Administration for veterans.
- $361\ 00:16:28.920 \longrightarrow 00:16:30.870$ And then we're also expanding outreach
- $362\ 00:16:30.870 \longrightarrow 00:16:32.100$ to justice involved veterans,
- $363~00{:}16{:}32.100 \dashrightarrow 00{:}16{:}34.920$ which is a very big part of the MISSION-CJ Project
- $364\ 00:16:34.920 \longrightarrow 00:16:35.850$ as well as PIE.
- $365\ 00:16:35.850 \longrightarrow 00:16:38.280$ So we can see that we have
- 366 00:16:38.280 --> 00:16:40.320 a lot of policies support behind this
- $367\ 00:16:40.320 \longrightarrow 00:16:43.440$ and we just also need the funding too.
- 368 00:16:43.440 --> 00:16:45.240 So just a brief thing about HOPE,
- $369\ 00:16:45.240 \longrightarrow 00:16:49.260$ and just to sort of maybe state the obvious to people,
- 370 00:16:49.260 --> 00:16:50.903 I am not the content experts with any of these,
- $371\ 00:16:50.903 \longrightarrow 00:16:53.070$ I'm the implementation scientist.
- $372\ 00:16:53.070 \longrightarrow 00:16:54.540$ My colleagues who run these projects
- $373\ 00:16:54.540 \longrightarrow 00:16:56.430$ also have implementation science expertise,
- $374\ 00:16:56.430 --> 00:16:58.590$ but we needed a central core
- $375\ 00:16:58.590 \longrightarrow 00:17:00.030$ to sort of oversee all of these.

- $376\ 00:17:00.030$ --> 00:17:04.890 And so Amanda is working with HOPE in five sites
- 377 00:17:04.890 --> 00:17:07.053 that are in California, Nevada, and Hawaii,
- $378\ 00:17:07.980 \longrightarrow 00:17:10.860$ with veterans who have a diagnosis
- 379 00:17:10.860 --> 00:17:12.120 of an opioid use disorder,
- $380\ 00{:}17{:}12.120$ --> $00{:}17{:}15.843$ a stimulant use disorder or are being prescribed opioids.
- 381 00:17:17.250 --> 00:17:19.710 The PIE Project, the Post-Incarceration Project,
- $382\ 00:17:19.710 --> 00:17:21.510$ really works intensely with veterans
- 383 00:17:21.510 --> 00:17:23.400 when they're coming outta incarceration
- $384\ 00:17:23.400 \longrightarrow 00:17:24.840$ and coordinates with our healthcare
- $385\ 00{:}17{:}24.840 \dashrightarrow 00{:}17{:}29.840$ for reentry a veteran office and also our housing,
- $386~00{:}17{:}29.910 \dashrightarrow 00{:}17{:}33.750$ and the HUD-VASH is taking housing vouchers
- $387\ 00:17:33.750 \longrightarrow 00:17:34.860$ from the federal government
- $388\ 00{:}17{:}34.860 \dashrightarrow 00{:}17{:}39.030$ and then pairing that with veteran supported housing
- $389\ 00:17:39.030 \longrightarrow 00:17:41.070$ and other support services.
- 390 00:17:41.070 --> 00:17:42.840 There are four components to PIE,
- $391\ 00{:}17{:}42.840 \dashrightarrow 00{:}17{:}45.540$ linkage and referral, skill building and goal setting,
- $392\ 00:17:45.540 --> 00:17:48.440$ community reintegration, and social and emotional support.
- $393\ 00:17:49.290 \longrightarrow 00:17:51.780$ So right now PIE is being implemented in six sites,
- $394\ 00:17:51.780 --> 00:17:54.060$ other sites have either previously implemented it
- $395\ 00:17:54.060 --> 00:17:56.283$ or are no longer implementing it.
- $396\ 00:17:57.540 \longrightarrow 00:18:00.450$ And then MISSION-CJ, which is our most complex intervention,
- 397 00:18:00.450 --> 00:18:02.760 is Maintaining Independence and Sobriety
- 398 00:18:02.760 --> 00:18:04.920 through System Integration Outreach

- $399~00:18:04.920 \dashrightarrow 00:18:06.840$ and Networking-Criminal Justice.
- $400~00:18:06.840 \ensuremath{\,{-}{-}{>}}~00:18:10.050$ MISSION was developed 25 years ago by David Smelson
- $401\ 00:18:10.050 --> 00:18:13.590$ and has had a whole bunch of evidence behind it,
- 402 00:18:13.590 --> 00:18:15.030 but it's pretty complex.
- 403 00:18:15.030 --> 00:18:18.600 They build it into the criminology concept
- 404 00:18:18.600 --> 00:18:20.283 of risk, need, responsivity,
- $405\ 00:18:21.840 \longrightarrow 00:18:23.520$ where they're trying to identify
- $406\ 00:18:23.520 \longrightarrow 00:18:26.700$ which person in the criminal justice system,
- $407~00{:}18{:}26.700 \dashrightarrow 00{:}18{:}28.680$ how can we tailor what they need to support them.
- 408 00:18:28.680 --> 00:18:30.390 And so they have core services
- $409\ 00:18:30.390 \longrightarrow 00:18:34.260$ of critical time intervention, empowering prosocial change,
- 410 00:18:34.260 --> 00:18:36.240 dual recovery therapy, peer support,
- $411\ 00:18:36.240 \longrightarrow 00:18:37.860$ and then they also offer
- $412\ 00:18:37.860 --> 00:18:39.720$ some vocational and educational support
- $413\ 00:18:39.720 \longrightarrow 00:18:41.580$ and trauma-informed care,
- $414\ 00:18:41.580 \longrightarrow 00:18:45.150$ and they are implementing this across eight sites.
- $415\,00{:}18{:}45.150 {\:\hbox{--}}{>}\,00{:}18{:}49.680$ David actually has a really massive \$12 million HEAL grant
- 416 00:18:49.680 --> 00:18:52.110 where he's doing this in even greater sites,
- 417 00:18:52.110 --> 00:18:53.700 so I really don't know how he's managing,
- $418\ 00:18:53.700 --> 00:18:56.340$ but there's a lot of MISSION implementation
- $419\ 00:18:56.340 \longrightarrow 00:18:58.590$ happening around the country right now.
- 420 00:18:58.590 --> 00:19:01.830 So HOPE has five sites, PIE has six sites,
- $421\ 00:19:01.830 \longrightarrow 00:19:04.383$ and MISSION has eight sites.
- $422\ 00:19:05.910 \longrightarrow 00:19:09.374$ My job is to say how are we gonna do this all.
- $423\ 00:19:09.374 \longrightarrow 00:19:12.120$ How can we keep similar methods
- 424 00:19:12.120 --> 00:19:13.317 across everything that we're doing?

- $425\ 00:19:13.317 --> 00:19:17.340$ And so again, we've used the roadmap model, process model,
- $426\ 00{:}19{:}17.340$ --> $00{:}19{:}20.520$ and we have a really strong preimplementation phase.
- $427\ 00:19:20.520 --> 00:19:22.650$ And I will just also say, I don't know if anyone saw it,
- 428 00:19:22.650 --> 00:19:26.763 but maybe four months ago, Lisa Saldana,
- $429\ 00:19:27.720 \longrightarrow 00:19:29.490$ came out with a paper with some colleagues
- $430\ 00:19:29.490 --> 00:19:33.870$ that showed across a large swath of papers
- $431\ 00:19:33.870 \longrightarrow 00:19:36.300$ that they reviewed that studies
- $432\ 00{:}19{:}36.300 \dashrightarrow 00{:}19{:}40.650$ that had a very in-depth pre-implementation period
- $433\ 00:19:40.650 \longrightarrow 00:19:42.240$ actually were more successful
- $434\ 00:19:42.240 \longrightarrow 00:19:43.620$ in their implementation efforts later.
- $435\ 00:19:43.620 \longrightarrow 00:19:45.360$ So a lot of people, you know,
- $436~00{:}19{:}45.360 \to 00{:}19{:}49.530$ they wanna just dive in and I say embrace this period.
- $437\ 00{:}19{:}49.530 \dashrightarrow 00{:}19{:}52.770$ Even when you have an effective evidence-based practice
- 438 00:19:52.770 --> 00:19:54.240 that you wanna implement,
- 439 00:19:54.240 --> 00:19:56.610 you still need to know about a new site,
- $440\ 00{:}19{:}56.610 \dashrightarrow 00{:}19{:}58.830$ you still need to know what the clinical workflow is,
- $441\ 00:19:58.830 --> 00:20:02.580$ you still need to know what are the anticipated barriers
- 442 00:20:02.580 --> 00:20:04.320 and facilitators implementing something.
- $443\ 00:20:04.320 \longrightarrow 00:20:06.630$ And so from there, we're not gonna change
- $444\ 00:20:06.630 \longrightarrow 00:20:08.070$ what our evidence-based practices are,
- $445\ 00:20:08.070 \longrightarrow 00:20:09.960$ but what we're gonna do is we're gonna think
- $446\ 00:20:09.960 --> 00:20:12.120$ how can our strategies address these
- 447 00:20:12.120 --> 00:20:15.360 and how can we create any adaptations
- $448\ 00:20:15.360 \longrightarrow 00:20:16.860$ but without changing those core components.
- $449\ 00{:}20{:}16.860 --> 00{:}20{:}21.503$ So really, you know, let yourself be immersed in this phase.

- 450 00:20:23.003 --> 00:20:24.528 Yeah, of course.
- 451 00:20:24.528 --> 00:20:28.778 (audience conversing indistinctly)
- 452 00:20:42.082 --> 00:20:46.749 (audience member speaking indistinctly)
- 453 00:20:58.297 --> 00:21:02.964 (audience member speaking indistinctly)
- $454\ 00:21:29.457 --> 00:21:33.000$ Yeah, I don't know if the Zoom audience can hear,
- $455\ 00:21:33.000 --> 00:21:37.500$ but there's some conversation around
- 456 00:21:37.500 --> 00:21:40.500 how difficult it is to get RO1 funding
- $457\ 00{:}21{:}40.500 {\: -->\:} 00{:}21{:}42.794$ to have a substantial pre-implementation phase
- $458\ 00{:}21{:}42.794 {\:\hbox{--}}{>}\ 00{:}21{:}46.980$ even when you already have an evidence-based practice
- $459\ 00:21:46.980 \longrightarrow 00:21:49.080$ and whether the VA is different.
- 460 00:21:49.080 --> 00:21:50.977 I do think the VA is different,
- 461 00:21:52.589 --> 00:21:55.110 but we have built this into RO1 grants,
- $462\ 00:21:55.110 --> 00:21:58.260$ and in fact, I will say that what was really interesting
- $463\ 00:21:58.260 \longrightarrow 00:21:59.820$ for my colleagues who...
- $464\ 00:21:59.820 \longrightarrow 00:22:01.080$ So what I do at Brown
- 465 00:22:01.080 --> 00:22:02.760 is work with a lot of efficacy researchers
- $466~00:22:02.760 \longrightarrow 00:22:04.680$ who are building an implementation science
- $467\ 00:22:04.680 \longrightarrow 00:22:05.513$ into their grants.
- $468\ 00:22:05.513 --> 00:22:08.880$ So I have several colleagues who do suicide prevention work,
- $469\ 00:22:08.880 \longrightarrow 00:22:11.220$ and they were taking a suicide prevention
- $470\ 00{:}22{:}11.220 \dashrightarrow 00{:}22{:}15.930$ an intervention called STEP into an inpatient setting.
- $471\ 00:22:15.930 \longrightarrow 00:22:17.940$ And it has a lot of evidence-based,
- $472\ 00:22:17.940 --> 00:22:21.660$ they're just moving it to a new setting and it's an RO1,
- $473\ 00{:}22{:}21.660 \dashrightarrow 00{:}22{:}26.660$ and the program, the POs from NIMH came back and said,
- 474 00:22:27.510 --> 00:22:30.240 you need to do, as part of this,

- 475 00:22:30.240 --> 00:22:32.220 a bunch of formative evaluation
- $476\ 00:22:32.220 \longrightarrow 00:22:34.050$ with a health system leadership
- $477\ 00:22:34.050 \longrightarrow 00:22:37.534$ before you can do the rest of the aims.
- $478\ 00:22:37.534 \longrightarrow 00:22:39.660$ They weren't saying we're not gonna fund your project,
- 479 00:22:39.660 --> 00:22:42.750 they said you need to build in a pre-aim
- $480\ 00:22:42.750 \longrightarrow 00:22:43.740$ before your aim one.
- $481\ 00:22:43.740 \longrightarrow 00:22:45.660$ And so I worked with the team
- 482 00:22:45.660 --> 00:22:47.790 to build a formative evaluation phase
- $483\ 00:22:47.790 --> 00:22:51.030$ because the STEP had never been in an inpatient.
- 484 00:22:51.030 --> 00:22:52.312 it had always been used outpatient,
- $485\ 00:22:52.312 \longrightarrow 00:22:54.780$ and the program office said,
- $486\ 00:22:54.780 \longrightarrow 00:22:55.613$ we're not gonna fund it
- $487\ 00:22:55.613 --> 00:22:57.540$ until you know more about what you're gonna go into,
- $488\ 00:22:57.540 \longrightarrow 00:22:59.790$ and so that was very positive.
- 489 00:22:59.790 --> 00:23:01.972 It didn't come from the reviewers,
- 490 00:23:01.972 --> 00:23:03.180 it came from the program office,
- 491 00:23:03.180 --> 00:23:05.460 so you know, that's a positive thing.
- $492\ 00{:}23{:}05.460 \dashrightarrow 00{:}23{:}09.930$ So yes, I will say you kind of have to limit yourself.
- 493 00:23:09.930 --> 00:23:11.880 You could go crazy and spend a lot of time,
- $494\ 00:23:11.880 \longrightarrow 00:23:13.560$ but like we lot a lot ourselves.
- $495~00{:}23{:}13.560 \dashrightarrow 00{:}23{:}18.560$ And unfortunately we started this in October of 2020
- $496~00{:}23{:}18.750 \dashrightarrow 00{:}23{:}22.050$ when the VA was still dealing with a lot of challenges
- 497 00:23:22.050 --> 00:23:24.450 with COVID and virtual work
- $498\ 00:23:24.450 \longrightarrow 00:23:27.060$ and also about a month and a half
- $499\ 00:23:27.060 --> 00:23:30.420$ before the vaccines were implemented.
- $500~00{:}23{:}30.420 \dashrightarrow 00{:}23{:}33.907$ So this was not a good time to do a lot of informative work.

- $501\ 00:23:33.907 --> 00:23:36.150$ I'll tell you, but anyway, we did it.
- $502~00{:}23{:}36.150 \dashrightarrow 00{:}23{:}39.780$ And then our implementation is a lot of the training of...
- 503 00:23:39.780 --> 00:23:41.640 You know, because in a hybrid three,
- $504\ 00:23:41.640 \longrightarrow 00:23:43.620$ the goal is to get the people at the sites
- $505\ 00:23:43.620 \longrightarrow 00:23:45.000$ to do the implementation.
- 506 00:23:45.000 --> 00:23:46.590 You are helping to direct that,
- $507\ 00:23:46.590 --> 00:23:48.930$ you're providing them with support through your strategies,
- $508~00{:}23{:}48.930 \dashrightarrow 00{:}23{:}51.675$ but you should not be implementing that in the hybrid three
- 509 00:23:51.675 --> 00:23:52.890 because that's not real world.
- 510~00:23:52.890 --> 00:23:55.710 And so we have, in the HOPE project, social workers.
- 511 00:23:55.710 --> 00:23:57.870 and in the other team, PIE and MISSION-CJ,
- 512 00:23:57.870 --> 00:24:00.300 we have peer support specialists
- $513\ 00:24:00.300 \longrightarrow 00:24:02.490$ and we need to train them to do this,
- $514~00{:}24{:}02.490 \dashrightarrow 00{:}24{:}05.580$ and so we spend a lot of time on that and implementation.
- 515 00:24:05.580 --> 00:24:07.590 And then obviously as we go through,
- 516 00:24:07.590 --> 00:24:09.120 we're also assessing our outcomes
- $517\ 00:24:09.120 \longrightarrow 00:24:11.760$ but they are a secondary aspect.
- 518 00:24:11.760 --> 00:24:13.290 And then sustainability.
- $519\ 00:24:13.290 --> 00:24:17.490$ So we have just finished three years of our trial,
- 520 00:24:17.490 --> 00:24:21.030 see I slipped, three years of our study,
- 521 00:24:21.030 --> 00:24:23.610 and we've launched year four,
- $522\ 00:24:23.610 \longrightarrow 00:24:25.410$ and so some of our sites
- 523 00:24:25.410 --> 00:24:26.700 have gone through the implementation
- $524\ 00{:}24{:}26.700 \dashrightarrow 00{:}24{:}29.040$ and are moving towards sustainment assessment
- $525\ 00:24:29.040 \longrightarrow 00:24:30.090$ and some are just starting.
- $526\ 00:24:30.090 \longrightarrow 00:24:31.490$ So there's kind of like a...

- 527 00:24:32.640 --> 00:24:34.080 Well, it's a stepped wedge design,
- $528\ 00:24:34.080 \longrightarrow 00:24:38.310$ so we're not there with all of them right now.
- $529\ 00:24:38.310 \longrightarrow 00:24:43.200$ So again, I'm not the statistician on the project,
- $530\ 00:24:43.200 --> 00:24:45.120$ but I just wanted to let you know
- $531\ 00:24:45.120$ --> 00:24:47.973 that we're doing cluster randomized step wedge trials,
- 532 00:24:49.380 --> 00:24:51.270 in parentenses, studies,
- $533\ 00:24:51.270 \longrightarrow 00:24:53.670$ as I try to transition to this language.
- $534~00{:}24{:}53.670 --> 00{:}24{:}56.610$ But our overall goal is really to estimate the effect
- $535\ 00:24:56.610 \longrightarrow 00:24:58.350$ of what it's like to transition
- $536\ 00:24:58.350 \longrightarrow 00:25:01.950$ to a higher intensity implementation strategy package
- $537\ 00:25:01.950 --> 00:25:04.860$ from a baseline lower intensity strategy package.
- $538\ 00:25:04.860 \longrightarrow 00:25:07.050$ On each of the effectiveness outcomes that we're using,
- $539\ 00:25:07.050 --> 00:25:09.750$ we're gonna use mixed effects regression models,
- 540 00:25:09.750 --> 00:25:11.160 we'll have a fixed effect
- $541\ 00:25:11.160 \longrightarrow 00:25:14.430$ before the implementation strategy package.
- $542~00{:}25{:}14.430 \dashrightarrow 00{:}25{:}17.040$ I keep saying package but we do know
- $543\ 00:25:17.040 --> 00:25:18.960$ because we're tracking these things really well
- $544~00:25:18.960 \longrightarrow 00:25:22.590$ that not all of our implementation strategies are being used
- $545\ 00:25:22.590 --> 00:25:23.940$ despite all our best efforts.
- 546 00:25:23.940 --> 00:25:26.760 So we're trying to track individual strategies
- 547 00:25:26.760 --> 00:25:29.430 within each of these higher intensity
- $548\ 00:25:29.430 \longrightarrow 00:25:32.160$ and lower intensity states.
- $549\ 00:25:32.160 \longrightarrow 00:25:33.930$ And then also we will,
- $550\ 00:25:33.930 \longrightarrow 00:25:35.730$ we are trying to do some balancing
- 551 00:25:35.730 --> 00:25:38.130 and, you know, we did that prior, you know,

- $552\ 00:25:38.130 \longrightarrow 00:25:39.960$ to look at the different site characteristics
- 553 00:25:39.960 --> 00:25:41.550 of our different wedges.
- 554 00:25:41.550 --> 00:25:43.440 And we have had sites drop out,
- 555 00:25:43.440 --> 00:25:45.150 we've had sites that we've added in,
- $556\ 00:25:45.150 --> 00:25:49.083$ it has not been textbook perfect by any means.
- 557 00:25:49.980 --> 00:25:50.820 <v Donna>I want to ask a few questions.</v>
- 558 00:25:50.820 --> 00:25:55.500 <v -> Yeah, but I may not be able to answer. (laughs)</v>
- 559~00:25:55.500 --> 00:26:00.240 < Donna>In terms of your primary outcome of analysis,</v>
- 560 00:26:00.240 --> 00:26:02.160 when you write implementation strategy,
- $561\ 00:26:02.160 \longrightarrow 00:26:06.360$ you mean the whole bundle or your putting in variables.
- $562\ 00:26:06.360 --> 00:26:10.287$ each one of the components individually assess the impact
- 563 00:26:10.287 --> 00:26:13.110 of each one of the components of the bundle?
- $564\ 00:26:13.110 --> 00:26:14.351 < v -> So$ when we wrote the proposal, $<\!/v>$
- 565 00:26:14.351 --> 00:26:17.400 we thought bundle slash package.
- $566\ 00:26:17.400 \longrightarrow 00:26:20.370$ But as we are doing a lot of tracking of those strategies,
- $567~00{:}26{:}20.370 \dashrightarrow 00{:}26{:}23.550$ I think that our analysis is gonna be by the individual
- $568\ 00:26:23.550 \longrightarrow 00:26:25.320$ so they don't overlap.
- $569~00{:}26{:}25.320 \dashrightarrow 00{:}26{:}28.200$ We tried really hard to make sure our bundle of strategies
- $570\ 00:26:28.200 --> 00:26:30.030$ in the higher intensity do not overlap
- $571\ 00{:}26{:}30.030$ --> $00{:}26{:}32.310$ with the bundle of strategies in the lower intensity.
- $572\ 00:26:32.310 \longrightarrow 00:26:33.720$ So if only a few
- 573 00:26:33.720 --> 00:26:35.970 of the higher intensity strategies get used,
- 574 00:26:35.970 --> 00:26:37.980 we'll know that those are higher intensity,
- $575\ 00:26:37.980 \longrightarrow 00:26:40.413$ but they may not be the whole package.
- $576\ 00:26:41.580 \longrightarrow 00:26:43.500$ That is definitely a difficult thing

- $577\ 00:26:43.500 \longrightarrow 00:26:45.693$ to get people to use all of them.
- $578~00{:}26{:}47.430 \dashrightarrow 00{:}26{:}49.740$ And I will tell you about those strategies in just a second.
- $579~00{:}26{:}49.740 \dashrightarrow 00{:}26{:}51.420$ So now I'm gonna move into the testing strategy.
- $580\ 00:26:51.420 \longrightarrow 00:26:52.253$ So as you remember,
- $581\ 00:26:52.253 \longrightarrow 00:26:54.990$ I said really important to achieve what our goals,
- 582 00:26:54.990 --> 00:26:56.040 in implementation science,
- $583~00{:}26{:}56.040 \dashrightarrow 00{:}26{:}57.750$ we need to randomize some strategies,
- 584 00:26:57.750 --> 00:26:59.074 we need to do a lot of tracking,
- $585\ 00:26:59.074$ --> 00:27:02.100 we need to do a lot of specifying and operationalizing.
- $586\ 00:27:02.100 --> 00:27:04.260$ And one of the things I really wanna get across is this,
- 587 00:27:04.260 --> 00:27:06.600 nothing about me without me motto
- 588 00:27:06.600 --> 00:27:09.540 that was developed in the late 90s, early 2000s,
- 589 00:27:09.540 --> 00:27:11.280 about patient-centered care,
- 590~00:27:11.280 --> 00:27:14.700 and I would argue that this is absolutely necessary
- 591 00:27:14.700 --> 00:27:16.950 for doing an implementation study.
- $592\ 00:27:16.950$ --> 00:27:19.980 Because as you're developing your implementation strategies,
- $593\ 00:27:19.980 \longrightarrow 00:27:23.340$ you are doing this in concert with your sites,
- 594 00:27:23.340 --> 00:27:26.160 with your partners, with the champions,
- $595~00{:}27{:}26.160 \dashrightarrow 00{:}27{:}29.100$ with everyone that you're gonna be working with.
- $596~00{:}27{:}29.100 \dashrightarrow 00{:}27{:}31.560$ And I think the reason this is so important is because,
- $597\ 00:27:31.560 \longrightarrow 00:27:32.850$ in the end,
- $598~00{:}27{:}32.850 \dashrightarrow 00{:}27{:}37.680$ successful implementation is going to be because of trust.
- 599 00:27:37.680 --> 00:27:40.230 And Alison Metz wrote a paper

- 600~00:27:40.230 --> 00:27:43.110 in "Implementation Science Communications" last year
- $601\ 00:27:43.110 \longrightarrow 00:27:45.450$ on sort of thinking of trust in a conceptual way
- 602 00:27:45.450 --> 00:27:47.100 across implementation studies,
- $603\ 00:27:47.100 --> 00:27:50.010$ and she talks about intrapersonal trust
- $604\ 00:27:50.010 \longrightarrow 00:27:51.360$ and interpersonal trust.
- 605 00:27:51.360 --> 00:27:55.350 But I believe that in any shape or form,
- $606~00{:}27{:}55.350 \dashrightarrow 00{:}27{:}57.690$ this is why the pre-implementation work is so important,
- $607\ 00:27:57.690 \longrightarrow 00:28:00.210$ you are building trust through those efforts.
- $608\ 00:28:00.210 \longrightarrow 00:28:02.040$ And so people realize
- 609 00:28:02.040 --> 00:28:03.810 that you are not just doing a research study
- 610 00:28:03.810 --> 00:28:04.650 'cause you got funding,
- 611 00:28:04.650 --> 00:28:06.270 you're not just trying to write a publication,
- 612 00:28:06.270 --> 00:28:08.520 that you're actually trying to change care
- $613\ 00:28:08.520 \longrightarrow 00:28:11.010$ and improve care and make lives better.
- $614\ 00:28:11.010 \longrightarrow 00:28:13.440$ And so if people can see that
- 615 00:28:13.440 --> 00:28:15.450 as you're doing your formative work,
- $616\ 00:28:15.450 \longrightarrow 00:28:17.430$ then I think that is the basis
- $617\ 00:28:17.430 --> 00:28:19.413$ for your successful implementation.
- 618 00:28:20.370 --> 00:28:21.780 I like to show this slide
- $619\ 00{:}28{:}21.780 --> 00{:}28{:}24.510$ about the nine buckets of implementation strategies.
- 620 00:28:24.510 --> 00:28:26.070 Even though it's the earlier paper
- $621\ 00:28:26.070 --> 00:28:29.550$ on implementation strategies by Byron Powell and colleagues,
- 622 00:28:29.550 --> 00:28:31.440 it's really hard for people to conceptualize
- 623 00:28:31.440 --> 00:28:33.330 73 implementation strategies,
- $624~00{:}28{:}33.330 \dashrightarrow 00{:}28{:}35.310$ but when you think about them in nine buckets,
- 625 00:28:35.310 --> 00:28:37.170 I think that's much more helpful.
- 626 00:28:37.170 --> 00:28:38.640 And so when you look at them,

- 627 00:28:38.640 --> 00:28:41.190 you can imagine trust being part of all of this.
- $628~00{:}28{:}41.190 \dashrightarrow 00{:}28{:}43.920$ You know, when you're assessing people for readiness,
- $629\ 00:28:43.920$ --> 00:28:46.230 when you're trying to do interactive assistance,
- 630 00:28:46.230 --> 00:28:47.820 when you're doing adaptations,
- 631 00:28:47.820 --> 00:28:49.890 when you're trying to develop relationships
- $632\ 00:28:49.890 \longrightarrow 00:28:52.620$ and training people, supporting clinicians,
- $633\ 00:28:52.620 \longrightarrow 00:28:54.090$ engaging consumers, et cetera,
- $634\ 00:28:54.090 \longrightarrow 00:28:55.800$ trust is such an important part of that.
- $635\ 00:28:55.800 \longrightarrow 00:28:56.670$ People wanna know like,
- $636\ 00:28:56.670 \longrightarrow 00:28:58.144$ why are you interested in doing this?
- $637\ 00:28:58.144 \longrightarrow 00:29:02.700$ You know, what is in it for me and what is in it for you?
- $638\ 00:29:02.700 \longrightarrow 00:29:05.910$ So I think relationship building is so critical
- $639\ 00:29:05.910 \longrightarrow 00:29:09.690$ and the trust piece comes naturally with that.
- $640\ 00:29:09.690 \longrightarrow 00:29:11.700$ So in addition to our process model
- 641 00:29:11.700 --> 00:29:13.140 of the QUERI implementation roadmap,
- $642\ 00:29:13.140 \longrightarrow 00:29:16.140$ we also have a model that's helping us examine
- $643\ 00:29:16.140 \longrightarrow 00:29:17.520$ the various determinants
- $644\ 00{:}29{:}17.520 {\:{\mbox{--}}\!>\:} 00{:}29{:}20.670$ that we're going to be needing to consider throughout.
- $645\ 00:29:20.670 \longrightarrow 00:29:22.710$ And we chose, because it's a hybrid type three
- 646 00:29:22.710 --> 00:29:24.600 and we're focused on sustainability,
- 647 00:29:24.600 --> 00:29:26.370 The Dynamic Sustainability Framework
- 64800:29:26.370 --> 00:29:28.080 that was developed by David Chambers,
- 649 00:29:28.080 --> 00:29:29.820 Russ Glasgow, and Kurt Stingy.
- $650~00{:}29{:}29.820 \dashrightarrow 00{:}29{:}33.780$ And this is saying that there are three main components
- 651 00:29:33.780 --> 00:29:35.640 that we need to consider, intervention,
- $652\ 00{:}29{:}35.640 \dashrightarrow 00{:}29{:}38.400$ the evidence based practice, the practice setting,
- 653 00:29:38.400 --> 00:29:40.170 the context of what we're implementing,

- $654\ 00:29:40.170 \longrightarrow 00:29:42.210$ and then the wider ecological system,
- $655\ 00:29:42.210 --> 00:29:43.950$ which is very much a thing to think about
- $656\ 00:29:43.950 \longrightarrow 00:29:45.840$ from a sustainability perspective.
- $657\ 00:29:45.840 \longrightarrow 00:29:48.330$ But what's different about their suggestions is that,
- 658 00:29:48.330 --> 00:29:51.060 again, it's not just a one-time assessment.
- 659 00:29:51.060 --> 00:29:52.560 How does this change over time?
- 660 00:29:52.560 --> 00:29:54.360 So at the pre-implementation phase,
- 661 00:29:54.360 --> 00:29:55.950 it may look like one thing,
- 662 00:29:55.950 --> 00:29:57.270 at the implementation phase,
- 663 00:29:57.270 --> 00:29:59.340 it may have a different feeling about it,
- $664\ 00:29:59.340$ --> 00:30:02.250 and then at the sustainment phase, we might see things.
- $665\ 00:30:02.250 --> 00:30:04.680$ So we need to have a constant process
- $666\ 00:30:04.680 \longrightarrow 00:30:06.540$ by which we're examining that.
- 667~00:30:06.540 --> 00:30:10.230 And in fact, Enola Proctor recently published a paper
- 668 00:30:10.230 --> 00:30:11.400 sort of looking at, you know,
- 669 00:30:11.400 --> 00:30:13.380 10 years of implementation outcomes
- $670\ 00{:}30{:}13.380 {\: -->\:} 00{:}30{:}16.170$ according to her implementation outcome framework.
- $671\ 00:30:16.170 \longrightarrow 00:30:17.880$ The critiques that she has of the literature
- $672\ 00:30:17.880 \longrightarrow 00:30:20.370$ is that people are just doing one-time assessments
- $673\ 00{:}30{:}20.370 \dashrightarrow 00{:}30{:}22.920$ of implementation analysis, that's just not enough.
- $674\ 00:30:24.030 \longrightarrow 00:30:25.680$ So this is just an example from HOPE
- $675\ 00:30:25.680 \longrightarrow 00:30:27.210$ about how we're sort of doing this
- $676\ 00:30:27.210 \longrightarrow 00:30:29.220$ across the three phases of the roadmap
- $677~00{:}30{:}29.220 \dashrightarrow 00{:}30{:}32.220$ and then guided by The Dynamic Sustainability Framework.
- 678 00:30:32.220 --> 00:30:33.540 So in phase one,

- $679\ 00:30:33.540 \longrightarrow 00:30:37.679$ they did 52 interviews of various people at the sites,
- $680\ 00{:}30{:}37.679 \dashrightarrow 00{:}30{:}40.530$ and HOPE is still in the phase two and phase three stages,
- $681\ 00:30:40.530 \longrightarrow 00:30:41.760$ as are all the other projects.
- $682\ 00:30:41.760 \longrightarrow 00:30:43.170$ So there's been 21 interviews
- $683\ 00:30:43.170 \longrightarrow 00:30:44.970$ so far in implementation phase,
- $684\ 00:30:44.970 --> 00:30:47.640\ 21$ interviews so far in sustainment phase.
- $685\ 00:30:47.640 \longrightarrow 00:30:50.160$ But really doing interviews with the housing,
- $686\ 00{:}30{:}50.160 --> 00{:}30{:}54.510$ supportive housing staff, the prescribers for the Naloxone,
- 687 00:30:54.510 --> 00:30:57.840 other key staff, pharmacists,
- $688~00:30:57.840 \dashrightarrow 00:31:01.770$ social workers and veteran patients.
- $689\ 00{:}31{:}01.770 \dashrightarrow 00{:}31{:}05.640$ And we're using a rapid directed content analysis approach
- $690\ 00:31:05.640 \longrightarrow 00:31:07.620$ with really guided by
- $691~00{:}31{:}07.620 \dashrightarrow 00{:}31{:}10.533$ The Dynamic Sustainability Framework construct.
- 692 00:31:12.120 --> 00:31:14.541 So when we decided on this proposal,
- $693\ 00:31:14.541 --> 00:31:17.760$ we had years of research building up to this
- $694~00{:}31{:}17.760 \dashrightarrow 00{:}31{:}21.300$ and so we decided that we were going to use facilitation
- $695\ 00:31:21.300 \longrightarrow 00:31:22.923$ as our implementation strategy.
- 696 00:31:23.940 --> 00:31:26.010 But when I say that, it sounds so funny,
- $697\ 00:31:26.010$ --> 00:31:28.080 because facilitation is like literally like 10 things.
- $698~00{:}31{:}28.080 \dashrightarrow 00{:}31{:}31.530$ It's a bundle in itself, so it's a natural bundle of things.
- $699\ 00{:}31{:}31.530 \dashrightarrow 00{:}31{:}35.010$ And so we're trying to use, you know, engagement,
- 700 00:31:35.010 --> 00:31:38.310 identifying champions, action planning, staff training,
- 701 00:31:38.310 --> 00:31:41.340 problem solving, technical support,

702 00:31:41.340 --> 00:31:44.100 which is different from technical assistance, I'll just say.

 $703\ 00{:}31{:}44.100 \dashrightarrow 00{:}31{:}46.650$ So technical support is a much more hands-on process

 $704\ 00:31:46.650 \longrightarrow 00:31:48.240$ and audit and feedback process.

705 00:31:48.240 --> 00:31:50.370 So lots of things go into facilitation,

706 00:31:50.370 --> 00:31:54.600 it's a naturally existing high intensity bundle.

 $707\ 00:31:54.600 \longrightarrow 00:31:58.770$ And then we start with the more lower intensity bundle,

 $708\ 00:31:58.770 --> 00:32:03.720$ which is either education outreach or academic detailing.

 $709\ 00:32:03.720 \longrightarrow 00:32:04.650$ They're very similar.

710 00:32:04.650 --> 00:32:06.180 HOPE uses academic detailing,

711 00:32:06.180 --> 00:32:07.860 the other projects use education outreach.

 $712\ 00:32:07.860 \longrightarrow 00:32:08.693$ But this is more

713 00:32:08.693 --> 00:32:12.210 to really have these targeted structured visits,

714 00:32:12.210 --> 00:32:14.250 we're delivering tailored training

715 00:32:14.250 --> 00:32:15.480 and we're doing technical assistance

716 00:32:15.480 --> 00:32:17.430 as in contact us if you have a problem

 $717\ 00:32:17.430 \longrightarrow 00:32:19.770$ as opposed to us contacting you.

718 00:32:19.770 --> 00:32:22.200 So it's much more lower intensity.

 $719\ 00:32:22.200 --> 00:32:25.650\ I$ would love for our results to be really strong

 $720\ 00:32:25.650 \longrightarrow 00:32:26.483$ in the lower intensity

721 00:32:26.483 --> 00:32:28.140 because that's gonna be much more sustainable.

 $722\ 00:32:28.140 \longrightarrow 00:32:30.710$ But that's an empirical question so we will...

723 00:32:32.550 --> 00:32:37.020 It really comes from the world of pharmaceuticals, I think,

 $724\ 00:32:37.020 \longrightarrow 00:32:40.297$ people would show up and have like a one-on-one and say,

 $725\ 00:32:40.297 --> 00:32:41.880$ "Dr. Spiegelman, let me tell you

 $726\ 00:32:41.880 \longrightarrow 00:32:45.060$ about this medicine that I have

727 00:32:45.060 --> 00:32:46.590 that can help patients with diabetes,"

 $728\ 00:32:46.590 --> 00:32:48.390$ and they'll have like a one-on-one conversation

 $729\ 00:32:48.390 \longrightarrow 00:32:49.470$ and really just tell them about it.

 $730\ 00:32:49.470 \longrightarrow 00:32:52.830$ And so we've taken that and made it into, I mean,

 $731\ 00:32:52.830 \longrightarrow 00:32:53.663$ and we're not dealing,

 $732\ 00:32:53.663 \longrightarrow 00:32:54.540$ but other people have made that

 $733\ 00:32:54.540 \longrightarrow 00:32:57.750$ into more of a one-on-one strategy just to inform.

734 00:32:57.750 --> 00:32:59.763 It's more of an educational activity.

 $735\ 00{:}33{:}03.000 \dashrightarrow 00{:}33{:}06.180$ So the good news is there's lots of tracking supports

 $736\ 00:33:06.180 \longrightarrow 00:33:09.090$ available for us out there that are getting published.

 $737\ 00:33:09.090 \longrightarrow 00:33:12.510$ The bad news is they're a lot of work.

738 00:33:12.510 --> 00:33:16.680 So in 2020 our colleagues in Little Rock Arkansas

 $739\ 00:33:16.680 --> 00:33:19.110$ who are really have been the group

740 00:33:19.110 --> 00:33:21.960 that have been defining what facilitation is,

741 00:33:21.960 --> 00:33:24.060 doing lots of trainings, they have a manual,

 $742\ 00:33:24.060 \longrightarrow 00:33:25.290$ if you need that let me know,

743 00:33:25.290 --> 00:33:28.170 but it's probably listed in that paper.

 $744\ 00{:}33{:}28.170 --> 00{:}33{:}30.750$ But in this paper they actually, as an appendix,

 $745\ 00:33:30.750 \longrightarrow 00:33:32.580$ gave a Excel tracking sheet.

 $746\ 00:33:32.580 \longrightarrow 00:33:35.550$ This is how you can track facilitation and we use this,

747~00:33:35.550 --> 00:33:37.200 we've adapted it a little bit

748 00:33:37.200 --> 00:33:39.660 because we're also tracking the stage of implementation

 $749\ 00:33:39.660 \longrightarrow 00:33:42.720$ in which people are at, but we can see what type of event.

 $750\ 00:33:42.720 \longrightarrow 00:33:44.010$ So when you have facilitation,

 $751\ 00:33:44.010 --> 00:33:46.440$ you have an external person who's part of the team,

 $752\ 00:33:46.440 --> 00:33:48.360$ you have an internal facilitator at the site

753 00:33:48.360 --> 00:33:49.860 and you're working one-on-one,

 $754\ 00:33:49.860 \longrightarrow 00:33:51.240$ but the internal facilitator

 $755\ 00:33:51.240 \longrightarrow 00:33:52.530$ is the one who's doing the work.

756 00:33:52.530 --> 00:33:54.090 So our peer support specialists,

 $757\ 00:33:54.090 --> 00:33:55.857$ our social workers are the ones doing the work.

 $758\ 00:33:55.857 \longrightarrow 00:33:59.490$ And so we are tracking all type of communication they have,

 $759\ 00:33:59.490 \longrightarrow 00:34:02.700$ we're tracking the type of personnel involved at the site,

760 00:34:02.700 --> 00:34:05.280 we're tracking the facilitation activity codes,

 $761\ 00:34:05.280 \longrightarrow 00:34:09.210$ which of the various things of facilitation are happening.

762 00:34:09.210 --> 00:34:10.170 Really importantly,

763 00:34:10.170 --> 00:34:12.360 we're tracking how many hours and minutes

 $764\ 00:34:12.360 \longrightarrow 00:34:15.420$ each facilitation activity takes.

 $765\ 00:34:15.420 \longrightarrow 00:34:20.100$ And so clearly we know what we do on the external side,

 $766\ 00:34:20.100 \longrightarrow 00:34:21.120$ what our research staff does

767 00:34:21.120 \rightarrow 00:34:22.427 when they reach out to the peer support specialist

 $768\ 00:34:22.427 \longrightarrow 00:34:23.550$ or the social worker,

 $769\ 00{:}34{:}23.550 \dashrightarrow 00{:}34{:}25.440$ what we don't know is what happens on their side.

 $770\ 00:34:25.440 \longrightarrow 00:34:27.930$ And so we have these check-in calls with them,

771 00:34:27.930 --> 00:34:30.450 it might just be 15 minutes just to say like,

772 00:34:30.450 --> 00:34:32.580 what did you do this week? Who did you talk to?

773 00:34:32.580 --> 00:34:34.020 And that's really essential

774 00:34:34.020 --> 00:34:36.600 because to ask people to complete this type of tracker

 $775\ 00:34:36.600 \longrightarrow 00:34:38.553$ would be really difficult to do.

 $776\ 00:34:40.020 \longrightarrow 00:34:42.030$ We actually also adapted this

- $777\ 00:34:42.030 \longrightarrow 00:34:43.870$ so that we could add in some education
- 778 00:34:43.870 --> 00:34:46.830 and academic detailing outreach to this
- 779 00:34:46.830 --> 00:34:49.690 so that we didn't have to have more than one tracker.
- 780 00:34:49.690 --> 00:34:51.787 (audience member speaking indistinctly)
- $781\ 00:34:51.787 \longrightarrow 00:34:54.834$ I'll come to that. (laughs)
- 782 00:34:54.834 --> 00:34:56.700 (audience member speaking indistinctly)
- 783 00:34:56.700 --> 00:34:58.952 Yeah, no, this is really, thank you for...
- 784 00:34:58.952 --> 00:34:59.850 'Cause I was gonna say this
- $785\ 00:34:59.850 \longrightarrow 00:35:01.980$ and what has been so essential about this
- $786\ 00:35:01.980 \longrightarrow 00:35:03.930$ is because we know what type of personnel it is,
- $787\ 00:35:03.930 \longrightarrow 00:35:05.190$ we know how much time they spend,
- $788\ 00:35:05.190 --> 00:35:07.710$ we can actually estimate their salary
- $789\ 00:35:07.710$ --> 00:35:10.590 and we know how much every facilitation activity took.
- $790\ 00:35:10.590 \longrightarrow 00:35:12.270$ Yes, we're doing that.
- $791\ 00:35:12.270 \longrightarrow 00:35:15.210$ It was actually a requirement of the project to do that.
- 792 00:35:15.210 --> 00:35:17.880 So we've created our own sort of Excel dashboard.
- 793 00:35:17.880 --> 00:35:19.020 it's not really a dashboard
- 794 00:35:19.020 --> 00:35:21.840 because it's not updated automatically,
- 795 00:35:21.840 --> 00:35:24.000 but we're sort of tracking every project.
- $796\ 00:35:24.000 --> 00:35:26.730$ This is the PIE project with its six sites
- $797\ 00{:}35{:}26.730$ --> $00{:}35{:}28.407$ to see whether people are in preimplementation
- $798\ 00:35:28.407 \longrightarrow 00:35:29.430$ and implementation.
- $799\ 00:35:29.430 \longrightarrow 00:35:30.960$ So we're sort of using these trackers
- $800\ 00:35:30.960 \longrightarrow 00:35:33.060$ to find out where those are.
- $801\ 00:35:33.060 \longrightarrow 00:35:35.100$ And then here is a snapshot
- $802\ 00:35:35.100 \longrightarrow 00:35:37.380$ of how we can sort of examine
- $803\ 00:35:37.380 \longrightarrow 00:35:39.030$ those different facilitation activities.

- $804\ 00:35:39.030 \longrightarrow 00:35:40.230$ The pie chart on the left
- $805\ 00:35:40.230 \longrightarrow 00:35:42.600$ shows us the different support staff
- $806\ 00:35:42.600 \longrightarrow 00:35:45.000$ who are involved in the facilitation activities.
- $807\ 00:35:45.000 --> 00:35:48.180$ So we are working with either the social worker
- $808\ 00:35:48.180 \longrightarrow 00:35:49.230$ or the peer support specialist,
- $809\ 00:35:49.230 \longrightarrow 00:35:51.810$ but then they're going on and working with other people too.
- 810 00:35:51.810 --> 00:35:54.063 And then we see on the right side,
- $811\ 00:35:54.900 \longrightarrow 00:35:55.890$ all the different activities
- 812 00:35:55.890 --> 00:35:57.090 that's happening in facilitation,
- $813\ 00:35:57.090 \longrightarrow 00:35:59.670$ and you can see that some are more popular than others,
- $814\ 00:35:59.670 \longrightarrow 00:36:02.583$ and so this is why we know that not all are getting used.
- $815\ 00:36:03.570 \longrightarrow 00:36:05.310$ And then the bottom left shows us
- $816\ 00:36:05.310 \longrightarrow 00:36:07.623$ how much time in minutes is being spent.
- $817~00{:}36{:}08.640 \dashrightarrow 00{:}36{:}12.900$ And so obviously site one and four are doing great,
- $818\ 00:36:12.900 \dashrightarrow 00:36:14.997$ like they're really spending a lot of time on this
- $819\ 00:36:14.997 --> 00:36:16.920$ and the other sites are spending less time,
- $820\ 00:36:16.920 \longrightarrow 00:36:19.410$ that doesn't necessarily mean that they're worse or better,
- 821 00:36:19.410 --> 00:36:21.510 it's just there's so many different dynamics
- $822\ 00:36:21.510 --> 00:36:23.640$ that go into any organization in any site.
- 823 00:36:23.640 --> 00:36:26.790 And so, you know, this'll be something
- $824\ 00{:}36{:}26.790 \dashrightarrow 00{:}36{:}28.650$ that we'll have to examine when we do our analysis,
- 825 00:36:28.650 --> 00:36:31.320 but it could be really important to know,
- $826\ 00:36:31.320 --> 00:36:34.563$ does more time lead to better outcomes? Who knows?
- $827\ 00:36:36.690 \longrightarrow 00:36:38.820$ So how are we gonna assess these outcomes?
- $828\ 00{:}36{:}38.820 {\:{\circ}{\circ}{\circ}}>00{:}36{:}41.670$ So again, remember guided by a theory model framework,

829 00:36:41.670 --> 00:36:44.670 multiple time points as outcomes change over time

830 $00:36:44.670 \longrightarrow 00:36:47.610$ and involving pragmatic measures is really key.

831 00:36:47.610 --> 00:36:51.060 So on the left column is all the pragmatic measures

832 00:36:51.060 --> 00:36:53.820 that we said and/or how we are going to conceptualize

833 $00:36:53.820 \longrightarrow 00:36:54.653$ some of these things.

 $834\ 00{:}36{:}54.653 \dashrightarrow 00{:}36{:}57.030$ So at the top we have an organizational readiness

835 00:36:57.030 --> 00:36:58.890 for implementing change scale,

 $836\ 00:36:58.890 \longrightarrow 00:37:02.010$ we have the three quantitative assessments

 $837\ 00:37:02.010 \longrightarrow 00:37:04.770$ of acceptability, appropriateness and feasibility,

838 00:37:04.770 --> 00:37:07.290 which align with the Proctor model.

839 00:37:07.290 --> 00:37:11.250 We are looking at four of the re-aim outcomes

840 00:37:11.250 --> 00:37:12.690 in terms of implementation outcomes,

841 00:37:12.690 \rightarrow 00:37:16.110 reach, adoption, fidelity to the implementation,

 $842\ 00:37:16.110 \longrightarrow 00:37:17.580$ and then sustainability.

 $843\ 00:37:17.580$ --> 00:37:20.940 And so each of these is being assessed in different ways,

844 00:37:20.940 --> 00:37:22.065 slightly,

 $845\ 00:37:22.065 \longrightarrow 00:37:25.080$ the measures stay the same across all three studies,

 $846\ 00:37:25.080 \longrightarrow 00:37:27.060$ but the re-aim ones

 $847\ 00:37:27.060 \longrightarrow 00:37:29.880$ are a little bit different depending on the project.

848 00:37:29.880 --> 00:37:34.100 So these are the two scales that we're using,

849 00:37:34.100 --> 00:37:35.340 scale packages,

 $850\ 00:37:35.340$ --> 00:37:37.890 organizational readiness for implementing change,

 $851\ 00:37:37.890 \longrightarrow 00:37:41.130$ and then the implementation outcome measures.

- $852\ 00:37:41.130 \longrightarrow 00:37:41.963$ Yes, oh.
- 853 00:37:44.039 --> 00:37:48.706 (audience member speaking indistinctly)
- $854\ 00:37:50.730 \longrightarrow 00:37:52.263$ They're really kind of basic.
- 855 00:37:53.206 --> 00:37:57.873 (audience member speaking indistinctly)
- $856\ 00:38:00.390$ --> 00:38:04.501 Oh, interesting. Yeah, I haven't heard that section.
- 857 00:38:04.501 --> 00:38:06.391 I did reach out to him at one point,
- 858 00:38:06.391 --> 00:38:09.690 because I work with a lot of clinical trials,
- $859\ 00:38:09.690 \longrightarrow 00:38:12.450$ they were like, is there a cutoff point for these scales,
- 860 00:38:12.450 --> 00:38:13.283 and Brian was like,
- 861 00:38:13.283 --> 00:38:16.200 "Oh no, we're nowhere near having that kind of data."
- $862~00:38:16.200 \dashrightarrow 00:38:18.510$ But I agree that they're really basic
- $863\ 00:38:18.510 \longrightarrow 00:38:22.320$ and we do use them at three time points,
- 864 00:38:22.320 --> 00:38:25.500 luckily they are not exactly next to each other,
- $865~00:38:25.500 \dashrightarrow 00:38:28.602$ like they're like a six months to 12 months apart.
- 866 00:38:28.602 --> 00:38:30.420 (audience member speaking indistinctly)
- 867 00:38:30.420 --> 00:38:32.700 Well, each of those has four questions.
- $868\ 00:38:32.700 \longrightarrow 00:38:34.443$ Yeah, this has 12.
- 869 00:38:35.292 --> 00:38:39.959 (audience member speaking indistinctly)
- 870 00:38:51.360 --> 00:38:52.650 We've also, I think,
- $871\ 00:38:52.650 \longrightarrow 00:38:54.690$ only given the feasibility to some people,
- $872\ 00:38:54.690 \longrightarrow 00:38:55.770\ I\ don't\ think\ the\ feasibility$
- $873\ 00:38:55.770 --> 00:38:57.030$ has been relevant for everybody.
- $874\ 00:38:57.030 \longrightarrow 00:38:59.023$ Oh, there's something in the chat.
- 875 00:38:59.023 --> 00:39:03.690 (audience member speaking indistinctly)
- $876\ 00:39:06.773 \longrightarrow 00:39:09.930\ ORCHA's big, this is 12 item.$
- $877~00:39:09.930 \longrightarrow 00:39:12.600$ Yeah, there's some statement that they're having,
- $878\ 00:39:12.600 --> 00:39:13.950$ people are having trouble hearing the questions.

 $879\ 00:39:13.950 --> 00:39:18.210$ So the questions are about just the relevance

 $880\ 00:39:18.210$ --> 00:39:21.060 and the usefulness of these implementation outcome measures

 $881\ 00:39:21.060 --> 00:39:24.060$ because people find them very repetitive

882 00:39:24.060 --> 00:39:27.840 and not really informative,

 $883\ 00:39:27.840 \longrightarrow 00:39:30.030$ and I think there's more work to be done

 $884\ 00:39:30.030 \longrightarrow 00:39:31.180$ in this space for sure.

 $885\ 00:39:32.290 \longrightarrow 00:39:36.957$ (audience member speaking indistinctly)

886 00:39:43.757 --> 00:39:46.924 Oh, yeah, that's great to think about.

887 00:39:47.802 --> 00:39:49.470 <
v Speaker>You have an international audience,
</v>

888 $00:39:49.470 \longrightarrow 00:39:51.810$ people participating from all over the world.

889 00:39:51.810 --> 00:39:55.410 <v ->Oh, wonderful. I'm glad this time works. Thank you.</v>

890 00:39:55.410 \rightarrow 00:39:58.860 So in our dashboard we are collecting the data,

 $891\ 00:39:58.860 \longrightarrow 00:40:01.080$ so this we can do it automatically.

 $892\ 00:40:01.080 \longrightarrow 00:40:04.748$ So we send out a red cap survey to people, they complete it,

 $893\ 00{:}40{:}04.748 \dashrightarrow 00{:}40{:}09.510$ and it transitions into our Excel spreadsheet automatically.

 $894\ 00:40:09.510 --> 00:40:11.910$ So this is actually some very good part

 $895\ 00:40:11.910 \longrightarrow 00:40:13.560$ of having these three projects

896 00:40:13.560 --> 00:40:16.170 and being able to collect the data that way.

897 00:40:16.170 --> 00:40:17.730 So we have sort of some assessments,

 $898\ 00:40:17.730 \longrightarrow 00:40:21.990$ this is by site of where people are with their mean scores,

 $899\ 00:40:21.990 --> 00:40:24.810$ and then we can sort of compare the scores

 $900\ 00:40:24.810 \longrightarrow 00:40:26.883$ across the different projects as well.

901 00:40:29.130 \rightarrow 00:40:30.540 The challenge here is that

 $902\ 00{:}40{:}30.540 \dashrightarrow 00{:}40{:}33.480$ every body's not doing the same measurement at the same time,

903 00:40:33.480 -> 00:40:36.903 so we try to stay on top of this and sort of remind people

- 904 00:40:36.903 --> 00:40:38.550 that it's a little bit more challenging
- 905 00:40:38.550 --> 00:40:40.020 than I hoped it would be.
- 906 00:40:40.020 --> 00:40:44.220 Just looking at reach for HOPE, you know,
- $907\ 00:40:44.220 \longrightarrow 00:40:45.720$ maybe the bottom is the best to look at.
- 908 00:40:45.720 --> 00:40:48.120 We just had a technical expert panel meeting
- 909 00:40:48.120 --> 00:40:48.953 on November 7th,
- $910\ 00:40:48.953 \longrightarrow 00:40:51.900$ so a lot of these more recent information
- 911 00:40:51.900 --> 00:40:53.850 on reach and adoption, implementation,
- 912 00:40:53.850 --> 00:40:56.130 just came from that November 7th meeting.
- 913 00:40:56.130 --> 00:40:57.540 So you can see that the percent
- $914\ 00:40:57.540 \longrightarrow 00:40:59.850$ of eligible veterans offered
- 915 00:40:59.850 --> 00:41:02.820 versus six months post implementation
- $916\ 00:41:02.820 --> 00:41:07.820$ has definitely gone up in the opioid education
- $917\ 00:41:07.920 \longrightarrow 00:41:09.480$ and naloxone distribution.
- 918 00:41:09.480 --> 00:41:12.810 So this all very positive, no statistics here,
- 919 00:41:12.810 --> 00:41:14.880 we're just tracking it at the moment.
- 920 00:41:14.880 \rightarrow 00:41:17.130 We're also looking at how many people were offered it,
- 921 00:41:17.130 --> 00:41:18.780 how many case managers trained,
- 922 00:41:18.780 --> 00:41:22.560 and one site has just started implementation in this case.
- 923 00:41:22.560 --> 00:41:24.390 <v ->Go back a second?</v> <v ->Yeah.</v>
- 924 00:41:24.390 --> 00:41:26.190 <
v Speaker>There's a very interesting issue</v>
- $925\ 00:41:26.190 \longrightarrow 00:41:28.710$ that arises in looking this data,
- 926 00:41:28.710 --> 00:41:29.760 which is, you know,
- 927 00:41:29.760 --> 00:41:32.007 we always think about privacy of individual,
- $928\ 00:41:32.007 --> 00:41:35.520$ but actually in some of the work I've done now,
- $929\ 00:41:35.520 \longrightarrow 00:41:37.480$ we found that there are privacy issues
- 930 00:41:38.460 --> 00:41:40.770 all concerns by facilities

- 931 00:41:40.770 --> 00:41:44.190 where like it could be embarrassing to say Palo Alto
- 932 00:41:44.190 --> 00:41:46.614 that they were only at 19%
- 933 00:41:46.614 \rightarrow 00:41:49.740 and they could even get in trouble or lose their funding.
- 934 00:41:49.740 --> 00:41:50.790 And so I'm wondering-
- 935 00:41:50.790 --> 00:41:53.503 < v -> I should probably. (laughs)< / v >
- $936\ 00:41:54.870 \longrightarrow 00:41:56.430$ Yeah, we probably should've DM'd.
- 937 00:41:56.430 \rightarrow 00:41:59.130 Maybe I'll go on, so no one's looking at that anymore.
- 938 00:42:01.410 \rightarrow 00:42:04.110 Yeah, well, I mean I probably should have done it here too.
- 939 00:42:04.110 --> 00:42:07.500 So yeah, I mean I think it's like, you know...
- $940~00:42:07.500 \longrightarrow 00:42:10.450~I$ think everyone knows that people are working really hard.
- 941 00:42:12.570 \rightarrow 00:42:14.640 We've done a lot of qualitative work
- 942 00:42:14.640 --> 00:42:17.520 to show that the reasons why people don't offer it,
- 943 00:42:17.520 --> 00:42:22.290 like veterans get offended that you're offering it to them,
- 944 00:42:22.290 --> 00:42:25.860 like, is one, you know, like other social workers said
- 945 00:42:25.860 --> 00:42:27.930 that it was not within their scope of work,
- 946 00:42:27.930 --> 00:42:30.180 you know, like scope of practice.
- 947 00:42:30.180 --> 00:42:33.120 So we have a lot of barriers that we've identified
- 948 00:42:33.120 --> 00:42:33.953 that we're trying to address,
- $949\ 00:42:33.953 \longrightarrow 00:42:34.890$ and obviously some of those things
- 950 00:42:34.890 --> 00:42:36.390 we need to raise to a higher level
- 951 00:42:36.390 --> 00:42:39.180 to say like we go to the National Social Work Agency
- 952 00:42:39.180 --> 00:42:42.000 and say, "How can you help us?"
- 953 00:42:42.000 --> 00:42:43.740 Because we want social workers to be able to do this.

- 954 00:42:43.740 --> 00:42:45.300 but they don't think it's in their scope of practice.
- $955\ 00:42:45.300 \longrightarrow 00:42:47.040$ So yeah, so those are the types things
- $956\ 00:42:47.040 \longrightarrow 00:42:49.080$ that we are working on.
- $957\ 00:42:49.080 \longrightarrow 00:42:50.790$ Then we look at how many veterans
- 958 00:42:50.790 --> 00:42:54.060 have been released from jail in the PIE Project,
- 959 00:42:54.060 --> 00:42:55.530 the Post-Incarceration Engagement,
- $960~00{:}42{:}55.530 \dashrightarrow 00{:}42{:}59.460$ and we can see how many we actually served in our project.
- 961 00:42:59.460 --> 00:43:01.170 You know, there's six sites on the bottom,
- 962 00:43:01.170 --> 00:43:02.760 so this is more just to give you an idea,
- 963 00:43:02.760 --> 00:43:03.900 you don't have to look at the details,
- 964 00:43:03.900 --> 00:43:06.480 but just to how we're trying to track things.
- $965\ 00:43:06.480 \longrightarrow 00:43:08.610$ And then we also look at
- $966\ 00:43:08.610 \longrightarrow 00:43:11.910$ the different total encounters post release.
- 967 00:43:11.910 --> 00:43:15.330 So it's just, you know, some projects are just starting,
- $968\ 00:43:15.330 \longrightarrow 00:43:18.453$ like we know, so we don't have very much data in them there.
- $969\ 00:43:19.680 \longrightarrow 00:43:21.540$ And then in MISSION,
- $970~00{:}43{:}21.540 \dashrightarrow 00{:}43{:}25.230$ we are tracking who is trained at each of the sites.
- 971 00:43:25.230 --> 00:43:26.850 And this is actually a really difficult one
- $972\ 00{:}43{:}26.850 \dashrightarrow 00{:}43{:}28.740$ because we're working with a community organization,
- 973 00:43:28.740 --> 00:43:30.090 which is the veteran treatment court,
- 974 00:43:30.090 --> 00:43:33.180 and so we're now going completely outside of the VA
- 975 00:43:33.180 --> 00:43:35.760 to do this, so it's really challenging.
- 976 00:43:35.760 --> 00:43:37.890 Who's trained, who's implementing
- $977\ 00:43:37.890 \longrightarrow 00:43:39.300$ of those who have been trained,
- 978 00:43:39.300 --> 00:43:40.830 how many veterans have been served,

979 00:43:40.830 --> 00:43:42.660 and how many mission encounters have happened,

 $980~00:43:42.660 \longrightarrow 00:43:44.910$ and mission encounters are pretty complex.

981 00:43:44.910 --> 00:43:47.410 So the fact that there are over a thousand already

 $982\ 00:43:48.900 --> 00:43:50.670$ after year three is really great news.

983 00:43:50.670 --> 00:43:52.890 <v Speaker>Can you remind us what a mission encounter is?</v>

984 00:43:52.890 --> 00:43:55.470 <v -> Yeah, mission encounter is,</v>

985 00:43:55.470 --> 00:43:56.790 I'll just quickly scroll back

 $986\ 00:43:56.790 \longrightarrow 00:43:57.990$ 'cause I won't be able to remember it all.

 $987\ 00:43:57.990 \longrightarrow 00:44:01.743$ it's several different evidence-based practices.

 $988~00{:}44{:}04.470 \dashrightarrow 00{:}44{:}07.830$ There's a critical time intervention, pro-social change,

989 00:44:07.830 --> 00:44:11.070 dual recovery therapy, peer support sessions.

990 00:44:11.070 --> 00:44:13.470 So lots of things happening,

991 00:44:13.470 --> 00:44:18.470 and this is to keep veterans out of the jail basically.

992 00:44:18.990 --> 00:44:21.240 Sorry, close your eyes as I scroll back down.

993 00:44:26.034 --> 00:44:26.880 <v Donna>It's all so interesting,</v>

994 00:44:26.880 --> 00:44:28.480 but we have 10 minutes left.

995 00:44:28.480 --> 00:44:29.400 <v ->Okay, yeah,</v>

 $996\ 00:44:29.400 \longrightarrow 00:44:31.320$ so here are some of our effectiveness outcomes,

997 00:44:31.320 --> 00:44:32.520 which we're not assessing yet,

998 00:44:32.520 --> 00:44:35.460 but we're gonna look at linkage to care, overdose rates,

999 00:44:35.460 --> 00:44:37.863 criminal recidivism, et cetera.

1000 00:44:39.270 --> 00:44:40.860 So from planning for sustainability,

 $1001\ 00{:}44{:}40.860 --> 00{:}44{:}43.500$ I'll just go and just give you a high level overview

 $1002\ 00:44:43.500 \longrightarrow 00:44:45.210$ of what we're trying to do to do this.

 $1003\ 00:44:45.210 \longrightarrow 00:44:47.280$ So we just started year four,

 $1004\ 00:44:47.280 \longrightarrow 00:44:48.840$ we've decided this is the right time

 $1005\ 00:44:48.840 \longrightarrow 00:44:50.370$ to really start engaging our partners.

 $1006\ 00:44:50.370 \longrightarrow 00:44:53.010$ We talked about this at the November 7th meeting.

 $1007\ 00:44:53.010 \longrightarrow 00:44:54.690$ And so just as a paper,

1008 00:44:54.690 --> 00:44:56.850 this is a really useful paper to look at

 $1009\ 00:44:56.850 --> 00:44:58.620$ in terms of thinking about how do you design

 $1010\ 00:44:58.620 \longrightarrow 00:45:00.510$ post dissemination and sustainability.

 $1011\ 00:45:00.510 \dashrightarrow 00:45:03.333$ I really have learned a lot from this group.

 $1012\ 00:45:05.280 \longrightarrow 00:45:07.980$ And we're collecting a lot of qualitative data, as I said,

 $1013\ 00{:}45{:}07.980 \dashrightarrow 00{:}45{:}11.640$ we're actually putting that into our dash-board

1014 00:45:11.640 --> 00:45:14.400 to sort of see what qualitative data emerges

 $1015\ 00:45:14.400 \longrightarrow 00:45:17.760$ from each of the three phases of preimplementation,

1016 00:45:17.760 --> 00:45:19.020 implementation and sustainment,

 $1017\ 00{:}45{:}19.020 --> 00{:}45{:}24.000$ all guided by The Dynamic Sustainability Framework.

 $1018\ 00:45:24.000$ --> 00:45:27.450 This was a poster presented last year at the DNI conference.

 $1019\ 00:45:27.450 \longrightarrow 00:45:29.040$ And we're using this tool,

1020 00:45:29.040 --> 00:45:30.840 the Program Sustainability Assessment Tool,

 $1021\ 00:45:30.840 \longrightarrow 00:45:32.550$ which is freely available online,

 $1022\ 00:45:32.550 \longrightarrow 00:45:35.040$ developed by Doug Luke at Wash U.

 $1023\ 00:45:35.040 --> 00:45:37.860$ We do not have people fill out this 40 item survey,

 $1024\ 00:45:37.860 \longrightarrow 00:45:40.230$ and this is like for our program partners.

 $1025\ 00{:}45{:}40.230 {\: -->\:} 00{:}45{:}42.840$ What we do instead is when we have our conversations

 $1026\ 00:45:42.840 \longrightarrow 00:45:45.630$ like we just had with the technical expert panel meeting,

 $1027\ 00{:}45{:}45.630 {\: -->\:} 00{:}45{:}48.690$ we'll choose a few of these concepts to talk about.

 $1028\ 00:45:48.690 --> 00:45:50.760$ So what are we gonna need

 $1029\ 00:45:50.760 --> 00:45:53.610$ in terms of organizational capacity to keep this running?

1030 00:45:53.610 --> 00:45:55.740 What is the funding going to be like?

 $1031\ 00{:}45{:}55.740 \dashrightarrow 00{:}45{:}59.460$ How do we adapt this to continue to make it useful?

 $1032\ 00:45:59.460 \longrightarrow 00:46:01.590$ What information do you still need?

 $1033\ 00:46:01.590 --> 00:46:03.930$ So we are using this more in a conceptual way,

 $1034\ 00:46:03.930 \longrightarrow 00:46:06.680$ and I do this with a lot of my NIH funded projects too.

 $1035\ 00{:}46{:}08.040 \dashrightarrow 00{:}46{:}10.590$ This is a very short and sweet pragmatic measure

 $1036\ 00:46:10.590 \longrightarrow 00:46:14.190$ called PRESS to get at sustainment use.

 $1037\ 00:46:14.190 \longrightarrow 00:46:19.080$ So these three questions, Donna, are being asked to people.

 $1038\ 00:46:19.080 \longrightarrow 00:46:20.643$ This is a fairly new measure.

 $1039\ 00:46:22.380 \longrightarrow 00:46:23.509$ So we are trying to see,

 $1040\ 00:46:23.509 \longrightarrow 00:46:25.710$ when we're done with the implementation effort,

 $1041\ 00:46:25.710$ --> 00:46:28.170 are people using PIE, are people using HOPE,

 $1042\ 00:46:28.170 \longrightarrow 00:46:29.670$ are people using MISSION

 $1043\ 00{:}46{:}29.670 \dashrightarrow 00{:}46{:}32.313$ now that we're no longer actively implementing?

 $1044\ 00:46:33.690 --> 00:46:36.240$ And then just as a cost piece that you brought up,

 $1045\ 00:46:36.240 \longrightarrow 00:46:37.800$ we are using the coins,

 $1046\ 00:46:37.800 \longrightarrow 00:46:39.690$ which is built on the sticks of coins

 $1047\ 00:46:39.690 \longrightarrow 00:46:42.390$ as for cost of implementing new strategies.

 $1048\ 00:46:42.390 \longrightarrow 00:46:44.760$ The stick is the stages of implementation completion,

1049 00:46:44.760 --> 00:46:47.100 both have been developed by Lisa Saldana.

 $1050\ 00:46:47.100 --> 00:46:51.030$ So we are actually taking these eight steps

1051 00:46:51.030 --> 00:46:53.640 of the stick through our tracker,

- $1052\ 00:46:53.640 \longrightarrow 00:46:56.100$ we added them to our facilitation tracker,
- 1053 00:46:56.100 --> 00:46:58.470 and we're deciding which of our activities
- $1054\ 00:46:58.470 \longrightarrow 00:47:02.220$ are in pre-implementation, implementation and sustainment,
- $1055\ 00:47:02.220 \longrightarrow 00:47:04.020$ and then we already have that data
- $1056\ 00:47:04.020 \longrightarrow 00:47:06.840$ on how many hours and minutes, the personnel involved,
- $1057\ 00:47:06.840 \longrightarrow 00:47:08.850$ and we are capturing those costs.
- $1058\ 00{:}47{:}08.850 \dashrightarrow 00{:}47{:}11.010$ I'll just say that we use the same exact approach
- 1059 00:47:11.010 --> 00:47:12.420 in a Cory funded paper.
- 1060 00:47:12.420 --> 00:47:14.313 This just came for Cory funded project,
- $1061\ 00:47:14.313 \longrightarrow 00:47:15.600$ this paper just came out.
- $1062\ 00:47:15.600 \longrightarrow 00:47:18.390$ I only leave it here just to show
- $1063\ 00:47:18.390 \longrightarrow 00:47:21.093$ like a completed cost of implementation.
- 1064 00:47:22.285 --> 00:47:25.080 You know, I'm not an economist, I led this,
- 1065 00:47:25.080 --> 00:47:26.790 it took me out of my comfort zone,
- $1066~00{:}47{:}26.790 \dashrightarrow 00{:}47{:}29.540$ but I've decided that if I can do it, anyone can do it.
- 1067 00:47:31.140 --> 00:47:32.550 And so really just wanna wrap up
- 1068 00:47:32.550 --> 00:47:36.660 and say this is a gigantic village project,
- $1069\ 00:47:36.660 --> 00:47:39.330\ I$ think team science is everything.
- $1070\ 00:47:39.330 \longrightarrow 00:47:41.310$ Everyone on here has something to contribute
- 1071 00:47:41.310 --> 00:47:44.940 and it's absolutely not me,
- $1072\ 00:47:44.940 \longrightarrow 00:47:49.080$ it's all of these people that we have made this possible,
- $1073\ 00:47:49.080 \longrightarrow 00:47:51.600$ and we'll have our final results in two years.
- 1074 00:47:51.600 --> 00:47:52.433 So we'll stay tuned
- $1075\ 00:47:52.433 \longrightarrow 00:47:55.230$ to see how effective everything has been.
- $1076\ 00:47:55.230 \longrightarrow 00:47:56.433$ So questions.
- 1077 00:47:57.440 --> 00:48:02.107 (audience member speaking indistinctly)
- $1078\ 00:48:05.414 \longrightarrow 00:48:06.960 < v \rightarrow The question here is, </v>$

 $1079\ 00:48:06.960 \longrightarrow 00:48:09.090$ can we hear about power consideration

 $1080\ 00{:}48{:}09.090 \dashrightarrow 00{:}48{:}11.430$ for effectiveness versus implementation outcomes

1081 00:48:11.430 --> 00:48:13.920 with hybrid studies one through three.

 $1082\ 00{:}48{:}13.920 \dashrightarrow 00{:}48{:}15.960$ Specifically, how much should we consider power

 $1083\ 00:48:15.960 --> 00:48:19.140$ for implementation outcomes in hybrid two and three studies?

1084 00:48:19.140 --> 00:48:23.580 We did actually, not me,

 $1085\ 00{:}48{:}23.580 {\: -->\:} 00{:}48{:}27.180$ we did do power analysis on our hybrid threes.

 $1086\ 00:48:27.180 \longrightarrow 00:48:31.230$ We estimated how many veterans

1087 00:48:31.230 --> 00:48:35.400 we would need to include across all sites,

 $1088\ 00:48:35.400 \longrightarrow 00:48:38.523$ so not just one site because we're aggregating data,

1089 00:48:39.780 --> 00:48:43.470 and I think we have met that bar,

1090 00:48:43.470 --> 00:48:46.110 but I would be very happy

 $1091~00{:}48{:}46.110 {\:\hbox{--}}{>}~00{:}48{:}50.160$ to put you more in touch with our statistician if you...

1092 00:48:50.160 --> 00:48:53.040 I'm gonna capture this person's name

 $1093~00{:}48{:}53.040 \dashrightarrow 00{:}48{:}55.440$ and I'll put them in touch with our statistician.

1094 00:48:55.440 --> 00:48:59.040 But yes, it's necessary to power

 $1095\ 00{:}48{:}59.040 \dashrightarrow 00{:}49{:}02.370$ because we are going to be using these regression analysis

 $1096\ 00:49:02.370 \longrightarrow 00:49:04.560$ to determine whether which types of strategies

 $1097\ 00:49:04.560 \longrightarrow 00:49:07.260$ actually led to increased uptake,

 $1098\ 00:49:07.260 --> 00:49:09.900$ but also the uptake is one implementation outcome,

 $1099\ 00{:}49{:}09.900 \dashrightarrow > 00{:}49{:}12.503$ but we wanna look at the other implementation outcomes too.

1100 00:49:15.127 --> 00:49:19.794 (audience member speaking indistinctly)

1101 00:49:23.055 --> 00:49:27.060 Yeah, I think I actually have it in my proposal

- $1102\ 00:49:27.060 --> 00:49:29.160$ in my laptop somewhere that I could look up,
- 1103 00:49:29.160 --> 00:49:34.160 but I think we had to do a milestone report
- $1104\ 00:49:35.340 \longrightarrow 00:49:39.300$ of how many providers or people we thought we would train,
- 1105 00:49:39.300 --> 00:49:41.070 peer support specialists, social workers,
- $1106\ 00:49:41.070 \longrightarrow 00:49:43.470$ so we have that for every project,
- $1107\ 00:49:43.470 --> 00:49:46.396$ how many veterans that they would then serve.
- $1108\ 00:49:46.396 --> 00:49:49.740$ So we have that and we kind of have it by time,
- $1109\ 00:49:49.740 \longrightarrow 00:49:52.230$ so after year one, year two, year three,
- $1110\ 00:49:52.230 \longrightarrow 00:49:53.520$ of course when we wrote this proposal,
- $1111\ 00:49:53.520 \longrightarrow 00:49:54.480\ COVID\ had\ not\ happened.$
- 1112 00:49:54.480 --> 00:49:57.570 We just submitted this in December of 2019,
- $1113\ 00:49:57.570 \longrightarrow 00:50:00.900$ so we absolutely got behind on that.
- $1114\ 00:50:00.900 \longrightarrow 00:50:02.980$ So we didn't follow the milestones
- $1115\ 00:50:04.470 \longrightarrow 00:50:07.020$ despite best efforts as best as we can.
- $1116\ 00:50:07.020 \longrightarrow 00:50:09.150$ Yes, so the provider piece is important,
- $1117\ 00:50:09.150 --> 00:50:12.540$ but then we also are learning all about their challenges
- $1118\ 00:50:12.540 \longrightarrow 00:50:14.190$ with talking to veterans.
- 1119 00:50:14.190 --> 00:50:16.560 Like the fact that we could get a provider
- $1120\ 00:50:16.560$ --> 00:50:19.710 really bought into this, trained, willing to implement it,
- $1121\ 00:50:19.710 \longrightarrow 00:50:22.080$ but if their initial conversations
- $1122\ 00:50:22.080 --> 00:50:25.860$ with veterans are not positive, then that's a challenge too.
- $1123\ 00:50:25.860 --> 00:50:28.660$ So we're trying to interview veterans to learn more too.
- 1124 00:50:33.268 --> 00:50:37.935 (audience member speaking indistinctly)
- $1125\ 00:50:41.160 --> 00:50:42.941$ Oh, I'll repeat.
- $1126\ 00:50:42.941 \longrightarrow 00:50:45.968$ I'll repeat the question.

- 1127 00:50:45.968 --> 00:50:50.635 (audience member speaking indistinctly)
- $1128\ 00:51:06.710 \longrightarrow 00:51:08.420$ So the question is about...
- $1129\ 00:51:09.480 \longrightarrow 00:51:10.770$ Thank you, Jen.
- $1130\ 00:51:10.770 \longrightarrow 00:51:15.270$ The question is about how do you build trust by showing up
- 1131 00:51:15.270 --> 00:51:18.570 when you have real world challenges of,
- $1132\ 00{:}51{:}18.570 \dashrightarrow 00{:}51{:}21.705$ you know, you aren't funded on a project at that point.
- 1133 00:51:21.705 --> 00:51:24.780 So in this project were funded to do this,
- $1134\ 00:51:24.780 \longrightarrow 00:51:26.420$ but we also had...
- 1135 00:51:28.920 --> 00:51:30.390 Often, by the time you get to a hybrid three,
- $1136\ 00:51:30.390 \longrightarrow 00:51:32.640$ we've already built relationships.
- $1137\ 00:51:32.640 \longrightarrow 00:51:33.990$ These sites are new to us,
- 1138 00:51:33.990 --> 00:51:35.970 but our program partners are not new,
- 1139 00:51:35.970 --> 00:51:38.490 and so we had their backing to help us.
- $1140\ 00:51:38.490 \longrightarrow 00:51:41.700$ But for people who are just starting out doing this,
- 1141 00:51:41.700 --> 00:51:44.100 I often have had calls from, you know,
- 1142 00:51:44.100 --> 00:51:45.937 a full professor saying,
- 1143 00:51:45.937 --> 00:51:48.330 "I've never done this before. How do I do it?"
- $1144\ 00:51:48.330 --> 00:51:49.927$ And I literally say to them,
- 1145 00:51:49.927 --> 00:51:52.410 "Please go have coffee with someone."
- $1146\ 00:51:52.410 --> 00:51:54.630$ Like, they'll say, "The only thing I've ever done
- $1147\ 00:51:54.630 \longrightarrow 00:51:55.830$ is I've gone to a clinic
- $1148\ 00:51:55.830 --> 00:51:58.452$ and I've hung up flyers for my project."
- $1149\ 00{:}51{:}58.452 \dashrightarrow 00{:}52{:}02.850$ That's the extent of their engagement, and I get it,
- $1150\ 00:52:02.850 \longrightarrow 00:52:05.400$ like all they needed is to recruit people from that site.
- $1151\ 00:52:05.400 \longrightarrow 00:52:06.233$ That site had to say,

- $1152\ 00:52:06.233 --> 00:52:09.030$ "Sure, you can recruit people, but we're not gonna help you.
- $1153\ 00:52:09.030 \longrightarrow 00:52:10.470$ This is something you do on your own."
- $1154\ 00:52:10.470 \longrightarrow 00:52:14.520$ But I say, you know, yes, it takes time and effort,
- 1155 00:52:14.520 --> 00:52:18.600 but try to meet with a clinic head, somebody,
- $1156\ 00:52:18.600 --> 00:52:22.260$ and just do not tell them what you wanna do.
- $1157\ 00:52:22.260 \longrightarrow 00:52:23.467$ Go meet with them and say,
- $1158\ 00:52:23.467 --> 00:52:26.610$ "I would love to learn more about what matters to you.
- $1159\ 00:52:26.610 \longrightarrow 00:52:29.550$ What are you trying to work on? What are your priorities?
- $1160\ 00:52:29.550 \longrightarrow 00:52:32.010$ What keeps you up at night? What would you love to address?"
- $1161\ 00:52:32.010 --> 00:52:34.590$ And they'll tell you seven things right off the bat.
- $1162\ 00:52:34.590 \longrightarrow 00:52:36.540$ One of those things might already align
- $1163\ 00:52:36.540 \longrightarrow 00:52:38.580$ with what you wanna do.
- $1164\ 00:52:38.580 \longrightarrow 00:52:42.090$ And at that point though, they feel like you're listening,
- $1165\ 00:52:42.090 --> 00:52:44.430$ you are, and then you can say, well, I have this idea,
- $1166\ 00:52:44.430 \longrightarrow 00:52:45.870$ and you can start that conversation.
- 1167 00:52:45.870 --> 00:52:48.060 If, for example, they don't say anything
- 1168 00:52:48.060 --> 00:52:50.190 related to what you wanna do,
- 1169 00:52:50.190 --> 00:52:52.530 then I say, then step back and go,
- $1170\ 00:52:52.530 \longrightarrow 00:52:55.050$ well, clearly there's a mismatch.
- $1171\ 00:52:55.050 \longrightarrow 00:52:56.670$ You know, and they're the ones who are living,
- 1172 00:52:56.670 --> 00:52:57.960 breathing this day to day,
- $1173\ 00:52:57.960 \longrightarrow 00:53:00.660$ and maybe your idea needs to change a little bit.
- $1174~00{:}53{:}00.660$ --> $00{:}53{:}05.660$ But I love the idea of starting with asking questions

- $1175\ 00:53:05.670 \longrightarrow 00:53:07.620$ and showing up as opposed to
- $1176\ 00:53:07.620$ --> 00:53:10.470 coming in with a fully developed specific aims page
- $1177 \ 00:53:10.470 \longrightarrow 00:53:13.110$ and saying, I really wanna do this, yeah.
- $1178\ 00:53:13.110 \longrightarrow 00:53:14.853$ Is that what you meant? Yeah.
- 1179 00:53:17.280 --> 00:53:19.140 And someone says,
- $1180\ 00:53:19.140 \longrightarrow 00:53:21.060$ it'll be interesting to have an in-depth session
- $1181\ 00:53:21.060 \longrightarrow 00:53:22.550$ on the methodologies you...
- $1182\ 00:53:23.490 \longrightarrow 00:53:28.410$ Sorry, I can't read this thing, there's a little thing.
- 1183 00:53:28.410 --> 00:53:30.690 Oh, that you'll apply for analysis
- $1184\ 00:53:30.690 \longrightarrow 00:53:33.090$ of the stepped wedge design.
- $1185\ 00:53:33.090 --> 00:53:36.630$ Yes, luckily that isn't me,
- 1186 00:53:36.630 --> 00:53:39.030 but so in our implementation core,
- $1187\ 00:53:39.030 \longrightarrow 00:53:42.150$ we have a qualitative core and we have a quantitative core,
- $1188\ 00:53:42.150 \longrightarrow 00:53:44.245$ and I meet with them.
- 1189 00:53:44.245 --> 00:53:47.010 I'm a stronger qualitative person,
- $1190\ 00:53:47.010 \longrightarrow 00:53:49.230$ that doesn't mean I haven't done quantitative analyses,
- 1191 00:53:49.230 --> 00:53:54.230 but our quantitative statistician is Dr. Tom Berry,
- 1192 00:53:54.300 --> 00:53:56.160 he's at BU,
- $1193\ 00:53:56.160 --> 00:53:59.970$ also our head economist Dr. Laura Saban is at BU,
- $1194\ 00:53:59.970 \longrightarrow 00:54:03.000$ and so we meet with them regularly
- $1195\ 00:54:03.000 \longrightarrow 00:54:04.470$ to talk through the different issues.
- 1196 00:54:04.470 --> 00:54:09.040 But Tom has the homeless opioid use
- 1197 00:54:10.410 --> 00:54:11.940 incarceration perspective
- $1198\ 00:54:11.940 --> 00:54:15.690$ as well as incredible statistical knowledge.
- 1199 00:54:15.690 --> 00:54:17.403 So it's a great partnership.
- 1200 00:54:20.184 --> 00:54:21.630 (indistinct)

1201 00:54:21.630 --> 00:54:22.953 <v Donna>And so maybe we have to end,</v>

 $1202\ 00{:}54{:}22.953 \dashrightarrow 00{:}54{:}26.080$ but I can say that Rani has provided her email address

 $1203\ 00:54:26.080 --> 00:54:27.480$ as you can see here

 $1204\ 00:54:27.480 --> 00:54:31.050$ so I'm sure you'll welcome further comments and questions.

1205 00:54:31.050 --> 00:54:33.333 <
v ->Yes, absolutely, I'd be very happy to.
</v>

1206 00:54:34.453 --> 00:54:36.450 <v -> Thank you so much.</v> <v -> Thank you.</v>

 $1207\ 00:54:36.450 \longrightarrow 00:54:37.410$ Thanks, everyone.

 $1208\ 00{:}54{:}37.410 \dashrightarrow 00{:}54{:}40.057$ I really appreciate it, great to see you all.