Some bacteria are beneficial. Some don’t really matter. Some are really bad for you. We’ll talk about the latter. When it comes to antibiotics, bacteria they can treat, but if we’re fighting viruses then that’s an impossible feat. When given antibiotics you must finish every one. Keep on going day by day until the course is done. Even though you may feel you are your better self. The remaining resistant bacteria may be hiding with stealth. In the US, drug resistance is quite shocking. Counting cases per year you’ll see we aren’t joking. Gonorrhea, campylobacter and Candida to salmonella, MRSA, so much left to do. With Group B strep being a family affair, any resistance to drugs is getting harder to bear. The scariest one is found in your child’s nose who strep pneumonia, we pray this figure never grows. There are many ways we can work to prevent, even small steps can help make a dent. Watchful waiting is what health workers advise. That although you feel sick it won’t be your demise. Allow time to pass before seeking drugs. Be mindful of what could be cured with just hugs. Though if you do start to get sicker and sicker, go seek advice, the doctor won’t snicker. Vaccines are vital and reduce risk of infection.
The pneumococcal vaccination can help this reduction.

There’s even something you can do every day.

You must wash your hands each time that you play.

So moving on from this we all must agree,

that this is a matter important to see.

We all must do our part to reduce it to none,

before it’s too late and can’t be undone.