

WEBVTT

1 00:00:00.660 --> 00:00:00.710 Toot, toot oo tooooo

2 00:00:02.009 --> 00:00:03.520 Some bacteria are beneficial.

3 00:00:03.720 --> 00:00:06.180 Some don't really matter. Some are really bad for you.

4 00:00:06.380 --> 00:00:08.990 We'll talk about the latter. When it comes to antibiotics,

5 00:00:09.190 --> 00:00:12.659 bacteria they can treat, but if we're fighting viruses then that's an impossible

6 00:00:12.859 --> 00:00:15.920 feat. When given antibiotics you must finish every one.

7 00:00:16.320 --> 00:00:18.750 Keep on going day by day until the course is done.

8 00:00:19.380 --> 00:00:21.630 Even though you may feel you are your better self.

9 00:00:21.990 --> 00:00:24.149 The remaining resistant bacteria may be hiding

10 00:00:24.349 --> 00:00:25.979 with stealth. In the US,

11 00:00:26.179 --> 00:00:27.660 drug resistance is quite shocking.

12 00:00:27.930 --> 00:00:30.420 Counting cases per year you'll see we aren't joking.

13 00:00:30.810 --> 00:00:32.400 Gonorrhea, campylobacter

14 00:00:32.600 --> 00:00:34.290 and Candida to salmonella,

15 00:00:34.490 --> 00:00:36.060 MRSA, so much left to do.

16 00:00:36.630 --> 00:00:38.186 With Group B strep being a family affair,

17 00:00:38.386 --> 00:00:40.860 any resistance to drugs is getting harder to bear.

18 00:00:41.340 --> 00:00:44.172 The scariest one is found in your child's nose who strep pneumonia,

19 00:00:44.372 --> 00:00:46.140 we pray this figure never grows.

20 00:00:46.890 --> 00:00:48.690 There are many ways we can work to prevent,

21 00:00:48.890 --> 00:00:50.610 even small steps can help make a dent.

22 00:00:51.150 --> 00:00:53.310 Watchful waiting is what health workers advise.

23 00:00:53.580 --> 00:00:55.860 That although you feel sick it won't be your demise.

24 00:00:56.340 --> 00:00:58.290 Allow time to pass before seeking drugs.

25 00:00:58.490 --> 00:01:00.540 Be mindful of what could be cured with just hugs.

26 00:01:00.990 --> 00:01:03.060 Though if you do start to get sicker and sicker,

27 00:01:03.420 --> 00:01:05.670 go seek advice, the doctor won't snicker.

28 00:01:06.270 --> 00:01:08.550 Vaccines are vital and reduce risk of infection.

29 00:01:08.790 --> 00:01:11.280 The pneumococcal vaccination can help this reduction.

30 00:01:11.650 --> 00:01:13.720 There's even something you can do every day.

31 00:01:14.010 --> 00:01:16.290 You must wash your hands each time that you play.

32 00:01:16.890 --> 00:01:18.990 So moving on from this we all must agree,

33 00:01:19.230 --> 00:01:21.120 that this is a matter important to see.

34 00:01:21.630 --> 00:01:23.730 We all must do our part to reduce it to none,

35 00:01:23.930 --> 00:01:26.160 before it's too late and can't be undone.