

WEBVTT

NOTE duration:"00:48:01.6000000"

NOTE language:en-us

NOTE Confidence: 0.8489658

00:00:00.000 --> 00:00:03.512 With no further ado, I want to introduce

NOTE Confidence: 0.8489658

00:00:03.512 --> 00:00:06.229 Doctor Melinda Irwin and Diana Lowry,

NOTE Confidence: 0.8489658

00:00:06.230 --> 00:00:09.177 so Doctor Irwin is the associate Dean

NOTE Confidence: 0.8489658

00:00:09.177 --> 00:00:11.640 of Research, a professor of Epidemiology

NOTE Confidence: 0.8489658

00:00:11.640 --> 00:00:14.650 at the Yale School of Public Health,

NOTE Confidence: 0.8489658

00:00:14.650 --> 00:00:18.650 and she has been the PI of the training grant

NOTE Confidence: 0.8489658

00:00:18.739 --> 00:00:22.645 for the TREC workshop and has really let it.

NOTE Confidence: 0.8489658

00:00:22.650 --> 00:00:25.050 It has flourished under her leadership

NOTE Confidence: 0.8489658

00:00:25.050 --> 00:00:28.147 and I think is something that all

NOTE Confidence: 0.8489658

00:00:28.147 --> 00:00:30.507 participants agree is a really.

NOTE Confidence: 0.8489658

00:00:30.510 --> 00:00:32.382 Important and career building

NOTE Confidence: 0.8489658

00:00:32.382 --> 00:00:33.786 opportunity for them.

NOTE Confidence: 0.8489658

00:00:33.790 --> 00:00:37.526 She's also has many grants of her own.

NOTE Confidence: 0.8489658

00:00:37.530 --> 00:00:40.188 She has many externally funded projects

NOTE Confidence: 0.8489658

00:00:40.188 --> 00:00:43.022 and it's focused on the benefits

NOTE Confidence: 0.8489658

00:00:43.022 --> 00:00:45.487 of exercise for cancer survivors,

NOTE Confidence: 0.8489658

00:00:45.490 --> 00:00:48.759 particularly looking at both quality of life,

NOTE Confidence: 0.8489658

00:00:48.760 --> 00:00:51.524 patient reported outcomes as

NOTE Confidence: 0.8489658

00:00:51.524 --> 00:00:54.288 well as biomarker outcomes.

NOTE Confidence: 0.8489658

00:00:54.290 --> 00:00:57.548 So she is well qualified to be leading this

NOTE Confidence: 0.8489658

00:00:57.548 --> 00:01:00.347 training graph or this training experience.

NOTE Confidence: 0.8489658

00:01:00.350 --> 00:01:03.094 Diana Lowery is the program director for

NOTE Confidence: 0.8489658

00:01:03.094 --> 00:01:05.600 the Truck Training Workshop she makes.

NOTE Confidence: 0.8489658

00:01:05.600 --> 00:01:07.216 She makes things happen.

NOTE Confidence: 0.8489658

00:01:07.216 --> 00:01:08.426 She makes the.

NOTE Confidence: 0.8489658

00:01:08.426 --> 00:01:10.850 She brings the ideas to life.

NOTE Confidence: 0.8489658

00:01:10.850 --> 00:01:13.881 So she has been a professional and

NOTE Confidence: 0.8489658

00:01:13.881 --> 00:01:15.961 cancer clinical research and really

NOTE Confidence: 0.8489658

00:01:15.961 --> 00:01:18.777 aims in her work to have a meaningful

NOTE Confidence: 0.8489658

00:01:18.857 --> 00:01:21.323 impact with investigators on the lives

NOTE Confidence: 0.8489658

00:01:21.323 --> 00:01:24.546 of people with or at risk of cancer.

NOTE Confidence: 0.8489658

00:01:24.546 --> 00:01:27.480 So I love that you have that.

NOTE Confidence: 0.8489658

00:01:27.480 --> 00:01:29.570 Mission statement in your bio.

NOTE Confidence: 0.8489658

00:01:29.570 --> 00:01:29.950 Diana,

NOTE Confidence: 0.8489658

00:01:29.950 --> 00:01:32.610 so I think all of those who

NOTE Confidence: 0.8489658

00:01:32.610 --> 00:01:34.610 participated in Trek can attest

NOTE Confidence: 0.8489658

00:01:34.610 --> 00:01:37.319 that her she's really the glue that

NOTE Confidence: 0.8489658

00:01:37.404 --> 00:01:39.989 holds all the activities together.

NOTE Confidence: 0.8489658

00:01:39.990 --> 00:01:42.608 So I look forward to hearing from

NOTE Confidence: 0.8489658

00:01:42.608 --> 00:01:45.311 them a little bit about Trek and

NOTE Confidence: 0.8489658

00:01:45.311 --> 00:01:48.125 then we'll hear from some of our

NOTE Confidence: 0.8489658

00:01:48.125 --> 00:01:50.555 previous Trek fellows from MD

NOTE Confidence: 0.8489658

00:01:50.555 --> 00:01:53.097 Anderson and I'll introduce them

NOTE Confidence: 0.8489658

00:01:53.097 --> 00:01:56.679 after Diane and Linda have spoken.

NOTE Confidence: 0.8489658

00:01:56.680 --> 00:01:57.030 Great,

NOTE Confidence: 0.87691253

00:01:57.030 --> 00:01:58.206 well thank you Karen.

NOTE Confidence: 0.87691253

00:01:58.206 --> 00:02:00.828 This is such a great idea to do this

NOTE Confidence: 0.87691253

00:02:00.828 --> 00:02:02.669 forum and to hear from the TREC

NOTE Confidence: 0.87691253

00:02:02.735 --> 00:02:05.115 fellows and hopefully inspire others

NOTE Confidence: 0.87691253

00:02:05.115 --> 00:02:07.495 to consider applying and participating.

NOTE Confidence: 0.87691253

00:02:07.500 --> 00:02:08.892 So as you mentioned,

NOTE Confidence: 0.87691253

00:02:08.892 --> 00:02:11.397 we've just completed or were in the

NOTE Confidence: 0.87691253

00:02:11.397 --> 00:02:13.791 midst of the 4th year because the

NOTE Confidence: 0.87691253

00:02:13.791 --> 00:02:16.218 check program has a week long workshop,

NOTE Confidence: 0.87691253

00:02:16.220 --> 00:02:17.207 usually in residence.

NOTE Confidence: 0.87691253

00:02:17.207 --> 00:02:19.181 But this past year it had

NOTE Confidence: 0.87691253

00:02:19.181 --> 00:02:20.758 to be done virtually,

NOTE Confidence: 0.87691253

00:02:20.760 --> 00:02:23.344 but then we like to stay in touch

NOTE Confidence: 0.87691253

00:02:23.344 --> 00:02:26.072 with you over the course of the

NOTE Confidence: 0.87691253

00:02:26.072 --> 00:02:28.540 year where you're paired with them.

NOTE Confidence: 0.87691253

00:02:28.540 --> 00:02:30.890 Mentor or two to help.  
NOTE Confidence: 0.87691253

00:02:30.890 --> 00:02:32.642 Cultivate year your research  
NOTE Confidence: 0.87691253

00:02:32.642 --> 00:02:34.832 ideas into a grant submission  
NOTE Confidence: 0.87691253

00:02:34.832 --> 00:02:37.000 or papers being submitted.  
NOTE Confidence: 0.87691253

00:02:37.000 --> 00:02:39.880 This year we implemented a peer  
NOTE Confidence: 0.87691253

00:02:39.880 --> 00:02:41.800 mentoring mechanism which we  
NOTE Confidence: 0.87691253

00:02:41.887 --> 00:02:44.047 think has gone really well.  
NOTE Confidence: 0.87691253

00:02:44.050 --> 00:02:46.927 Where a new fellow is peered is  
NOTE Confidence: 0.87691253

00:02:46.927 --> 00:02:49.690 matched with a previous fellow,  
NOTE Confidence: 0.87691253

00:02:49.690 --> 00:02:52.510 but we have just really enjoyed  
NOTE Confidence: 0.87691253

00:02:52.510 --> 00:02:54.390 the past four years.  
NOTE Confidence: 0.87691253

00:02:54.390 --> 00:02:57.384 Is this training program would not  
NOTE Confidence: 0.87691253

00:02:57.384 --> 00:03:00.590 be possible without the over 20 plus?  
NOTE Confidence: 0.87691253

00:03:00.590 --> 00:03:03.230 Faculty that are all international  
NOTE Confidence: 0.87691253

00:03:03.230 --> 00:03:05.870 experts in energy bouncing cancer  
NOTE Confidence: 0.87691253

00:03:05.950 --> 00:03:08.610 who really give a lot of their

NOTE Confidence: 0.87691253

00:03:08.610 --> 00:03:10.828 time and attention to training

NOTE Confidence: 0.87691253

00:03:10.828 --> 00:03:12.319 the next generation.

NOTE Confidence: 0.87691253

00:03:12.320 --> 00:03:15.272 The most important aspect we think

NOTE Confidence: 0.87691253

00:03:15.272 --> 00:03:17.939 about this workshop is the OR.

NOTE Confidence: 0.87691253

00:03:17.940 --> 00:03:20.290 This training program is the

NOTE Confidence: 0.87691253

00:03:20.290 --> 00:03:21.230 transdisciplinary approach,

NOTE Confidence: 0.87691253

00:03:21.230 --> 00:03:23.570 so we encourage basic scientists,

NOTE Confidence: 0.87691253

00:03:23.570 --> 00:03:25.618 clinical scientists and population

NOTE Confidence: 0.87691253

00:03:25.618 --> 00:03:28.690 scientists to apply and then learn

NOTE Confidence: 0.87691253

00:03:28.765 --> 00:03:31.135 from each other at the workshop.

NOTE Confidence: 0.87691253

00:03:31.140 --> 00:03:34.850 And thereafter, so we've had some success.

NOTE Confidence: 0.87691253

00:03:34.850 --> 00:03:38.050 Today we submitted a competitive

NOTE Confidence: 0.87691253

00:03:38.050 --> 00:03:39.970 renewal this past.

NOTE Confidence: 0.87691253

00:03:39.970 --> 00:03:42.707 When was it September 25th and will?

NOTE Confidence: 0.87691253

00:03:42.710 --> 00:03:45.050 It will be reviewed in February.

NOTE Confidence: 0.87691253

00:03:45.050 --> 00:03:48.200 But in doing so we had to really look  
NOTE Confidence: 0.87691253

00:03:48.200 --> 00:03:51.697 at the past four years in the success,  
NOTE Confidence: 0.87691253

00:03:51.700 --> 00:03:54.046 but also the challenges to date.  
NOTE Confidence: 0.87691253

00:03:54.050 --> 00:03:57.242 But lots of successes with over 200 plus  
NOTE Confidence: 0.87691253

00:03:57.242 --> 00:03:59.517 papers published by the TREC Fellows.  
NOTE Confidence: 0.87691253

00:03:59.520 --> 00:04:01.758 65 of those publications had were  
NOTE Confidence: 0.87691253

00:04:01.758 --> 00:04:04.321 related to the Trek program in the  
NOTE Confidence: 0.87691253

00:04:04.321 --> 00:04:06.638 sense that they were with a trek  
NOTE Confidence: 0.87691253

00:04:06.714 --> 00:04:08.898 fellow or faculty collaborator,  
NOTE Confidence: 0.87691253

00:04:08.900 --> 00:04:10.067 and these were.  
NOTE Confidence: 0.87691253

00:04:10.067 --> 00:04:12.790 After the workshop a curd and then  
NOTE Confidence: 0.87691253

00:04:12.873 --> 00:04:15.540 over think was 31 grants that were  
NOTE Confidence: 0.87691253

00:04:15.540 --> 00:04:18.119 awarded to the first three year  
NOTE Confidence: 0.87691253

00:04:18.119 --> 00:04:20.819 three cohorts of the truck program.  
NOTE Confidence: 0.87691253

00:04:20.820 --> 00:04:23.214 But some challenges we have learned  
NOTE Confidence: 0.87691253

00:04:23.214 --> 00:04:25.671 every year from the feedback that

NOTE Confidence: 0.87691253

00:04:25.671 --> 00:04:28.023 the fellows have provided us into

NOTE Confidence: 0.87691253

00:04:28.023 --> 00:04:29.970 how to make it better,

NOTE Confidence: 0.87691253

00:04:29.970 --> 00:04:31.562 how to network better,

NOTE Confidence: 0.87691253

00:04:31.562 --> 00:04:33.154 how to collaborate better,

NOTE Confidence: 0.87691253

00:04:33.160 --> 00:04:35.614 how to learn better about the

NOTE Confidence: 0.87691253

00:04:35.614 --> 00:04:37.530 discipline you're not directly in,

NOTE Confidence: 0.87691253

00:04:37.530 --> 00:04:39.954 and so this year the workshop

NOTE Confidence: 0.87691253

00:04:39.954 --> 00:04:41.166 will be changed.

NOTE Confidence: 0.87691253

00:04:41.170 --> 00:04:41.605 Significantly,

NOTE Confidence: 0.87691253

00:04:41.605 --> 00:04:44.215 whether it's virtual or in person,

NOTE Confidence: 0.87691253

00:04:44.220 --> 00:04:47.514 and it's also what we've proposed

NOTE Confidence: 0.87691253

00:04:47.514 --> 00:04:50.560 for the renewal of funded.

NOTE Confidence: 0.87691253

00:04:50.560 --> 00:04:52.690 That's all I will say,

NOTE Confidence: 0.87691253

00:04:52.690 --> 00:04:55.210 but I'm so thankful to the fellows

NOTE Confidence: 0.87691253

00:04:55.210 --> 00:04:57.380 and the faculty participating.

NOTE Confidence: 0.87691253



00:04:57.380 --> 00:04:58.232 And yes,  
NOTE Confidence: 0.87691253

00:04:58.232 --> 00:05:01.640 none of this would be possible without Diana.  
NOTE Confidence: 0.87691253

00:05:01.640 --> 00:05:03.885 I like to affectionately say  
NOTE Confidence: 0.87691253

00:05:03.885 --> 00:05:06.749 that she is the mother to 97.  
NOTE Confidence: 0.87691253

00:05:06.750 --> 00:05:08.025 Incredible check Fellows,  
NOTE Confidence: 0.87691253

00:05:08.025 --> 00:05:09.726 so thank you, Diane.  
NOTE Confidence: 0.87691253

00:05:09.726 --> 00:05:13.480 If I if you have any additional comments.  
NOTE Confidence: 0.87691253

00:05:13.480 --> 00:05:14.250 No,  
NOTE Confidence: 0.8515582

00:05:14.250 --> 00:05:17.258 thank you all in this really been an  
NOTE Confidence: 0.8515582

00:05:17.260 --> 00:05:19.898 honor to be here. Karen Ann. Looking  
NOTE Confidence: 0.8515582

00:05:19.900 --> 00:05:22.282 forward to meeting more of your  
NOTE Confidence: 0.8515582

00:05:22.282 --> 00:05:24.050 wonderful early career investigators if  
NOTE Confidence: 0.8515582

00:05:24.050 --> 00:05:26.690 we can. So I did. Just want  
NOTE Confidence: 0.8515582

00:05:26.690 --> 00:05:28.198 to mention one logistical  
NOTE Confidence: 0.8515582

00:05:28.200 --> 00:05:30.460 thing just so nobody worries. So  
NOTE Confidence: 0.8515582

00:05:30.460 --> 00:05:31.588 technically the notices

NOTE Confidence: 0.8515582  
00:05:31.590 --> 00:05:33.098 of intent to apply.  
NOTE Confidence: 0.8515582  
00:05:33.100 --> 00:05:34.982 Where do earlier this week  
NOTE Confidence: 0.8515582  
00:05:34.982 --> 00:05:37.242 at the soft deadline and so  
NOTE Confidence: 0.8515582  
00:05:37.242 --> 00:05:39.510 do not let that worry you.  
NOTE Confidence: 0.8515582  
00:05:39.510 --> 00:05:40.638 Anybody who's thinking  
NOTE Confidence: 0.8515582  
00:05:40.638 --> 00:05:42.518 about applying. It's not too  
NOTE Confidence: 0.8515582  
00:05:42.520 --> 00:05:45.540 late to send in your notice of intent.  
NOTE Confidence: 0.87271357  
00:05:49.340 --> 00:05:51.044 Great thank you and it's  
NOTE Confidence: 0.87271357  
00:05:51.044 --> 00:05:52.749 good to know about that.  
NOTE Confidence: 0.87271357  
00:05:52.750 --> 00:05:54.455 Thank you for making the  
NOTE Confidence: 0.87271357  
00:05:54.455 --> 00:05:55.819 announce about the deadline,  
NOTE Confidence: 0.87271357  
00:05:55.820 --> 00:05:58.298 so I I should say like that  
NOTE Confidence: 0.87271357  
00:05:58.298 --> 00:06:00.249 letter of intent is a very.  
NOTE Confidence: 0.87271357  
00:06:00.250 --> 00:06:01.960 It's not very involved right?  
NOTE Confidence: 0.87271357  
00:06:01.960 --> 00:06:04.006 It's basically just an email saying  
NOTE Confidence: 0.87271357

00:06:04.006 --> 00:06:05.710 I'm interested in applying. It's  
NOTE Confidence: 0.87271357

00:06:05.710 --> 00:06:06.730 an email to  
NOTE Confidence: 0.87271357

00:06:06.730 --> 00:06:08.435 me and it literally will  
NOTE Confidence: 0.87271357

00:06:08.435 --> 00:06:10.480 take you 3 seconds to send.  
NOTE Confidence: 0.87271357

00:06:10.480 --> 00:06:12.865 I don't need. I don't need an  
NOTE Confidence: 0.87271357

00:06:12.865 --> 00:06:14.230 official letter on letterhead.  
NOTE Confidence: 0.87271357

00:06:14.230 --> 00:06:16.957 You know, it's really meant to be easy  
NOTE Confidence: 0.87271357

00:06:16.960 --> 00:06:17.980 on your time.  
NOTE Confidence: 0.87045443

00:06:18.450 --> 00:06:20.214 OK great great. Thank you and  
NOTE Confidence: 0.87045443

00:06:20.214 --> 00:06:22.669 and I have to say you look much  
NOTE Confidence: 0.87045443

00:06:22.669 --> 00:06:24.959 too young to be the mother of 97.  
NOTE Confidence: 0.87045443

00:06:24.960 --> 00:06:26.574 That would age me much more  
NOTE Confidence: 0.87045443

00:06:26.574 --> 00:06:28.220 than it has you clearly.  
NOTE Confidence: 0.8203966

00:06:31.530 --> 00:06:33.410 Excellent thanks and so, um,  
NOTE Confidence: 0.8203966

00:06:33.410 --> 00:06:36.362 what we're going to do now  
NOTE Confidence: 0.8203966

00:06:36.362 --> 00:06:39.820 is have you meet each of the.

NOTE Confidence: 0.8203966

00:06:39.820 --> 00:06:42.578 Each of five fellows for these folks

NOTE Confidence: 0.8203966

00:06:42.578 --> 00:06:44.510 participated in the past year,

NOTE Confidence: 0.8203966

00:06:44.510 --> 00:06:46.860 and one participated the year before.

NOTE Confidence: 0.8203966

00:06:46.860 --> 00:06:49.779 So you can hear about the virtual

NOTE Confidence: 0.8203966

00:06:49.779 --> 00:06:52.720 experience as well as an in person one,

NOTE Confidence: 0.8203966

00:06:52.720 --> 00:06:55.708 and I will just.

NOTE Confidence: 0.8203966

00:06:55.710 --> 00:06:59.202 Ask each of them briefly to

NOTE Confidence: 0.8203966

00:06:59.202 --> 00:07:01.530 introduce themselves and then.

NOTE Confidence: 0.8203966

00:07:01.530 --> 00:07:03.791 Talk a little bit about an important

NOTE Confidence: 0.8203966

00:07:03.791 --> 00:07:05.899 takeaway from the workshop for them,

NOTE Confidence: 0.8203966

00:07:05.900 --> 00:07:08.252 and then we are open to your

NOTE Confidence: 0.8203966

00:07:08.252 --> 00:07:09.260 questions I have.

NOTE Confidence: 0.8203966

00:07:09.260 --> 00:07:10.940 I will ask some questions,

NOTE Confidence: 0.8203966

00:07:10.940 --> 00:07:11.610 but please,

NOTE Confidence: 0.8203966

00:07:11.610 --> 00:07:13.285 if you're in the audience,

NOTE Confidence: 0.8203966

00:07:13.290 --> 00:07:15.432 put your questions in the Q&A or  
NOTE Confidence: 0.8203966

00:07:15.432 --> 00:07:17.811 the chat and Antoine will like poke  
NOTE Confidence: 0.8203966

00:07:17.811 --> 00:07:20.305 me virtually and let me know that  
NOTE Confidence: 0.8203966

00:07:20.305 --> 00:07:22.685 you've asked that you have a question  
NOTE Confidence: 0.8203966

00:07:22.685 --> 00:07:25.386 or will speak up and read your question.  
NOTE Confidence: 0.8203966

00:07:25.390 --> 00:07:27.441 Or if you want to raise your  
NOTE Confidence: 0.8203966

00:07:27.441 --> 00:07:29.748 hand and ask your question live,  
NOTE Confidence: 0.8203966

00:07:29.750 --> 00:07:31.174 that is fine too.  
NOTE Confidence: 0.8203966

00:07:31.174 --> 00:07:34.475 So we have 5 folks who are here to  
NOTE Confidence: 0.8203966

00:07:34.475 --> 00:07:37.532 talk to you and you can also ask  
NOTE Confidence: 0.8203966

00:07:37.532 --> 00:07:40.808 questions of Doctor One and and Diana.  
NOTE Confidence: 0.8203966

00:07:40.810 --> 00:07:43.072 They will be happy to answer  
NOTE Confidence: 0.8203966

00:07:43.072 --> 00:07:44.580 your questions as well.  
NOTE Confidence: 0.8203966

00:07:44.580 --> 00:07:46.911 So we have 5 past Trek fellows  
NOTE Confidence: 0.8203966

00:07:46.911 --> 00:07:48.730 carry shadler from Pediatrics,  
NOTE Confidence: 0.8203966

00:07:48.730 --> 00:07:50.230 Nate Parker from behavioral

NOTE Confidence: 0.8203966

00:07:50.230 --> 00:07:51.355 science Natalia Heredia,

NOTE Confidence: 0.8203966

00:07:51.360 --> 00:07:52.868 formerly of Health Disparities

NOTE Confidence: 0.8203966

00:07:52.868 --> 00:07:55.130 now at the School Public Health.

NOTE Confidence: 0.8203966

00:07:55.130 --> 00:07:57.562 She can tell you about that an Maggie

NOTE Confidence: 0.8203966

00:07:57.562 --> 00:07:59.619 rather from behavioral Science and

NOTE Confidence: 0.8203966

00:07:59.619 --> 00:08:01.919 Ivan moved from health disparities.

NOTE Confidence: 0.8203966

00:08:01.920 --> 00:08:03.156 So let's start.

NOTE Confidence: 0.8203966

00:08:03.156 --> 00:08:03.980 With Kerry

NOTE Confidence: 0.8081142

00:08:06.830 --> 00:08:09.158 OK. Hi, I'm Carrie Shadler.

NOTE Confidence: 0.8081142

00:08:09.158 --> 00:08:11.960 I'm an assistant professor in Pediatrics

NOTE Confidence: 0.8081142

00:08:12.039 --> 00:08:13.719 research as Karen said.

NOTE Confidence: 0.8081142

00:08:13.720 --> 00:08:16.468 So really I'm a basic or

NOTE Confidence: 0.8081142

00:08:16.468 --> 00:08:17.384 translational scientist.

NOTE Confidence: 0.8081142

00:08:17.390 --> 00:08:20.766 I do animal models and trying to understand

NOTE Confidence: 0.8081142

00:08:20.766 --> 00:08:23.349 how exercise impacts tumor biology,

NOTE Confidence: 0.8081142

00:08:23.350 --> 00:08:24.553 specifically tumor vasculature.

NOTE Confidence: 0.8081142

00:08:24.553 --> 00:08:27.360 And I guess my takeaway from Trek

NOTE Confidence: 0.8081142

00:08:27.428 --> 00:08:29.278 is that relationships matter and

NOTE Confidence: 0.8081142

00:08:29.278 --> 00:08:31.555 that getting to know people outside

NOTE Confidence: 0.8081142

00:08:31.555 --> 00:08:34.061 of your bubble or your field is

NOTE Confidence: 0.8081142

00:08:34.061 --> 00:08:35.440 incredibly helpful for career

NOTE Confidence: 0.8081142

00:08:35.440 --> 00:08:37.090 development and for thinking of

NOTE Confidence: 0.8081142

00:08:37.090 --> 00:08:39.240 good ideas and doing good science.

NOTE Confidence: 0.8081142

00:08:39.240 --> 00:08:41.872 And I think that the nice thing about

NOTE Confidence: 0.8081142

00:08:41.872 --> 00:08:43.860 the check training program was that

NOTE Confidence: 0.8081142

00:08:43.860 --> 00:08:46.562 you know to go to a meeting outside

NOTE Confidence: 0.8081142

00:08:46.562 --> 00:08:49.159 of your field to meet people when

NOTE Confidence: 0.8081142

00:08:49.159 --> 00:08:51.212 you don't yet have an abstract,

NOTE Confidence: 0.8081142

00:08:51.212 --> 00:08:53.494 or you don't yet know what you're

NOTE Confidence: 0.8081142

00:08:53.494 --> 00:08:55.658 going to present at that meeting

NOTE Confidence: 0.8081142

00:08:55.658 --> 00:08:57.078 is a little challenging,

NOTE Confidence: 0.8081142

00:08:57.080 --> 00:09:00.264 and this is a way to kind of.

NOTE Confidence: 0.8081142

00:09:00.270 --> 00:09:02.839 Get to know more people outside of

NOTE Confidence: 0.8081142

00:09:02.839 --> 00:09:05.480 your field without having to be ready

NOTE Confidence: 0.8081142

00:09:05.480 --> 00:09:08.100 to contribute a fully put together idea.

NOTE Confidence: 0.7858511

00:09:13.470 --> 00:09:16.277 Thanks, Kerry, let's go to Nate next.

NOTE Confidence: 0.8009846

00:09:17.900 --> 00:09:19.620 Everybody, I'm Nate Parker.

NOTE Confidence: 0.8009846

00:09:19.620 --> 00:09:21.770 I'm an instructor in the

NOTE Confidence: 0.8009846

00:09:21.770 --> 00:09:23.368 Department of Real Science.

NOTE Confidence: 0.8009846

00:09:23.370 --> 00:09:25.550 My research focuses in using

NOTE Confidence: 0.8009846

00:09:25.550 --> 00:09:27.294 resistance training to improve

NOTE Confidence: 0.8009846

00:09:27.294 --> 00:09:29.686 quality of life for cancer survivors.

NOTE Confidence: 0.8009846

00:09:29.690 --> 00:09:32.343 My main takeaway from Trek was really

NOTE Confidence: 0.8009846

00:09:32.343 --> 00:09:35.367 just having my eyes open to the

NOTE Confidence: 0.8009846

00:09:35.367 --> 00:09:37.175 breadth of potential collaborators

NOTE Confidence: 0.8009846

00:09:37.175 --> 00:09:39.823 on experts in different aspects of

NOTE Confidence: 0.8009846



00:09:39.823 --> 00:09:42.319 of energetics and cancer and sort  
NOTE Confidence: 0.8009846

00:09:42.320 --> 00:09:44.875 of brainstorming and finding ways  
NOTE Confidence: 0.8009846

00:09:44.875 --> 00:09:48.438 that my kind of little silo of  
NOTE Confidence: 0.8009846

00:09:48.438 --> 00:09:51.174 research can can fit into those.  
NOTE Confidence: 0.8009846

00:09:51.180 --> 00:09:53.870 Collaborations and truly translational work.  
NOTE Confidence: 0.76159752

00:09:58.770 --> 00:10:01.298 Thanks mate. Um Natalia  
NOTE Confidence: 0.8385497

00:10:03.910 --> 00:10:06.028 hi. My name is Natalia Heredia,  
NOTE Confidence: 0.8385497

00:10:06.030 --> 00:10:07.795 formally postdoc in the Department  
NOTE Confidence: 0.8385497

00:10:07.795 --> 00:10:09.207 of Health Disparities Research.  
NOTE Confidence: 0.8385497

00:10:09.210 --> 00:10:10.618 As Karen mentioned now,  
NOTE Confidence: 0.8385497

00:10:10.618 --> 00:10:12.378 assistant professor at the school,  
NOTE Confidence: 0.8385497

00:10:12.380 --> 00:10:14.498 you T Health School, public health.  
NOTE Confidence: 0.8385497

00:10:14.500 --> 00:10:16.265 My research is in physical  
NOTE Confidence: 0.8385497

00:10:16.265 --> 00:10:17.677 activity and nutrition promotion,  
NOTE Confidence: 0.8385497

00:10:17.680 --> 00:10:19.112 and Hispanic Latino communities  
NOTE Confidence: 0.8385497

00:10:19.112 --> 00:10:21.260 in the management of non alcoholic

NOTE Confidence: 0.8385497

00:10:21.320 --> 00:10:23.330 fatty liver disease with weight loss,

NOTE Confidence: 0.8385497

00:10:23.330 --> 00:10:24.738 physical activity and nutrition.

NOTE Confidence: 0.8385497

00:10:24.738 --> 00:10:26.853 And I think my main takeaway

NOTE Confidence: 0.8385497

00:10:26.853 --> 00:10:28.922 is similar to kind of.

NOTE Confidence: 0.8385497

00:10:28.922 --> 00:10:29.830 Carries it.

NOTE Confidence: 0.8385497

00:10:29.830 --> 00:10:31.558 It's the track is a great way to

NOTE Confidence: 0.8385497

00:10:31.558 --> 00:10:33.921 get to know a lot of people that

NOTE Confidence: 0.8385497

00:10:33.921 --> 00:10:35.165 are specifically interested in

NOTE Confidence: 0.8385497

00:10:35.225 --> 00:10:37.057 something you're also interested,

NOTE Confidence: 0.8385497

00:10:37.060 --> 00:10:40.360 so it's kind of like.

NOTE Confidence: 0.8385497

00:10:40.360 --> 00:10:42.390 Quick a quick way to network rather

NOTE Confidence: 0.8385497

00:10:42.390 --> 00:10:44.276 than going to a conference in

NOTE Confidence: 0.8385497

00:10:44.276 --> 00:10:46.175 trying to pick the specific people.

NOTE Confidence: 0.8385497

00:10:46.175 --> 00:10:48.254 This is a great way where they're

NOTE Confidence: 0.8385497

00:10:48.254 --> 00:10:50.349 just all together at one time and

NOTE Confidence: 0.8385497

00:10:50.349 --> 00:10:52.095 you're getting to know them getting  
NOTE Confidence: 0.8385497

00:10:52.095 --> 00:10:53.999 to know about their research while  
NOTE Confidence: 0.8385497

00:10:53.999 --> 00:10:55.943 also learning new aspects of the  
NOTE Confidence: 0.8385497

00:10:55.943 --> 00:10:57.750 field of energetics in cancer that  
NOTE Confidence: 0.8385497

00:10:57.750 --> 00:10:59.939 you may not have been tuned into.  
NOTE Confidence: 0.82070917

00:11:03.630 --> 00:11:07.930 Great thank you Natalia Maggie. Hi Maggie  
NOTE Confidence: 0.809905799999999

00:11:07.930 --> 00:11:10.414 rather, I'm currently postdoc in behavioral  
NOTE Confidence: 0.809905799999999

00:11:10.414 --> 00:11:13.316 science and I have a background in  
NOTE Confidence: 0.809905799999999

00:11:13.316 --> 00:11:15.674 nutrition and work on culinary medicine  
NOTE Confidence: 0.809905799999999

00:11:15.674 --> 00:11:18.187 and nutrition programming for cancer  
NOTE Confidence: 0.809905799999999

00:11:18.187 --> 00:11:20.742 survivors and high risk populations.  
NOTE Confidence: 0.809905799999999

00:11:20.750 --> 00:11:23.729 I think my biggest takeaway I get a little  
NOTE Confidence: 0.809905799999999

00:11:23.729 --> 00:11:25.956 intimidated with sort of fancy professors.  
NOTE Confidence: 0.809905799999999

00:11:25.960 --> 00:11:28.705 You know that I cite a lot and track  
NOTE Confidence: 0.809905799999999

00:11:28.705 --> 00:11:31.490 would really help me understand that like  
NOTE Confidence: 0.809905799999999

00:11:31.490 --> 00:11:34.767 people will talk to you if you reach out

NOTE Confidence: 0.8099057999999999

00:11:34.767 --> 00:11:37.450 to them and are excited to talk to you.

NOTE Confidence: 0.8099057999999999

00:11:37.450 --> 00:11:39.781 So I really kind of taken that with

NOTE Confidence: 0.8099057999999999

00:11:39.781 --> 00:11:42.035 me since Trek and gotten to really

NOTE Confidence: 0.8099057999999999

00:11:42.035 --> 00:11:44.168 form relationships that are much

NOTE Confidence: 0.8099057999999999

00:11:44.168 --> 00:11:46.338 stronger that I probably wouldn't

NOTE Confidence: 0.8099057999999999

00:11:46.338 --> 00:11:48.510 have would have taken the initiative.

NOTE Confidence: 0.5322462

00:11:53.020 --> 00:11:55.520 Great thank you Maggie, Ivan.

NOTE Confidence: 0.6925958

00:11:56.860 --> 00:11:57.781 Good morning everybody.

NOTE Confidence: 0.6925958

00:11:57.781 --> 00:11:59.628 My name is Ivan Mama, currently

NOTE Confidence: 0.6925958

00:11:59.628 --> 00:12:01.168 a postdoc in Department health

NOTE Confidence: 0.6925958

00:12:01.168 --> 00:12:02.400 disparities research, working with.

NOTE Confidence: 0.7742319

00:12:04.600 --> 00:12:08.345 Um, you know, I'm actually a training

NOTE Confidence: 0.7742319

00:12:08.345 --> 00:12:11.260 clinical psychologist and they started

NOTE Confidence: 0.7742319

00:12:11.260 --> 00:12:13.704 studying how insufficient sleep

NOTE Confidence: 0.7742319

00:12:13.704 --> 00:12:16.920 activity increased risk for obesity.

NOTE Confidence: 0.7742319

00:12:16.920 --> 00:12:18.312 Calculations three years ago,  
NOTE Confidence: 0.7742319

00:12:18.312 --> 00:12:20.400 when it came to MD Anderson.  
NOTE Confidence: 0.7742319

00:12:20.400 --> 00:12:22.368 Um Antrectomy was at first will  
NOTE Confidence: 0.7742319

00:12:22.368 --> 00:12:23.680 intimidating because you know,  
NOTE Confidence: 0.7742319

00:12:23.680 --> 00:12:25.666 I don't even in this unlike  
NOTE Confidence: 0.7742319

00:12:25.666 --> 00:12:27.368 some other colleagues have been  
NOTE Confidence: 0.7742319

00:12:27.368 --> 00:12:29.258 doing this for many more years.  
NOTE Confidence: 0.7742319

00:12:29.260 --> 00:12:31.876 Tonight this was somewhat wants a new field,  
NOTE Confidence: 0.7742319

00:12:31.880 --> 00:12:34.589 but you know I had set of our narrow  
NOTE Confidence: 0.7742319

00:12:34.589 --> 00:12:36.799 area what I was interested in.  
NOTE Confidence: 0.7742319

00:12:36.800 --> 00:12:38.440 Sufficient sleep, your physical activity,  
NOTE Confidence: 0.7742319

00:12:38.440 --> 00:12:38.871 right?  
NOTE Confidence: 0.7742319

00:12:38.871 --> 00:12:42.750 And so check for me was this great buffet?  
NOTE Confidence: 0.7742319

00:12:42.750 --> 00:12:45.270 Almost seeing the breath and the depth of  
NOTE Confidence: 0.7742319

00:12:45.270 --> 00:12:47.510 how different folks approach the problem.  
NOTE Confidence: 0.7742319

00:12:47.510 --> 00:12:50.471 And so it was kind of wonderful to see

NOTE Confidence: 0.7742319

00:12:50.471 --> 00:12:53.187 how many angles we can look at this

NOTE Confidence: 0.7742319

00:12:53.187 --> 00:12:55.983 and so for me I love generating new

NOTE Confidence: 0.7742319

00:12:55.983 --> 00:12:59.170 ideas and so for me it was kind of

NOTE Confidence: 0.7742319

00:12:59.170 --> 00:13:01.736 like fireworks all over the place at

NOTE Confidence: 0.7742319

00:13:01.736 --> 00:13:04.400 the same time it was fun to get lost

NOTE Confidence: 0.7742319

00:13:04.485 --> 00:13:07.221 in the depth of how people you know

NOTE Confidence: 0.7742319

00:13:07.221 --> 00:13:08.963 when they presented their project,

NOTE Confidence: 0.7742319

00:13:08.963 --> 00:13:10.367 how, how far down.

NOTE Confidence: 0.7742319

00:13:10.370 --> 00:13:13.306 The rabbit hole you can go and how

NOTE Confidence: 0.7742319

00:13:13.306 --> 00:13:16.638 quickly I get lost in some of the talks.

NOTE Confidence: 0.7742319

00:13:16.640 --> 00:13:18.929 I also want to echo the networking.

NOTE Confidence: 0.7742319

00:13:18.930 --> 00:13:21.740 Part 2 is now that I know have a sense

NOTE Confidence: 0.7742319

00:13:21.821 --> 00:13:24.488 of who is setting what through trek.

NOTE Confidence: 0.7742319

00:13:24.490 --> 00:13:26.906 It's almost as if I want if I

NOTE Confidence: 0.7742319

00:13:26.906 --> 00:13:29.388 want to look at this one area,

NOTE Confidence: 0.7742319

00:13:29.390 --> 00:13:31.694 I could contact this person and we already

NOTE Confidence: 0.7742319

00:13:31.694 --> 00:13:33.640 would have this shared commonality.

NOTE Confidence: 0.7742319

00:13:33.640 --> 00:13:36.257 So wouldn't be exactly a cold call, right?

NOTE Confidence: 0.7742319

00:13:36.257 --> 00:13:39.200 Which is kind of difficult for some of us.

NOTE Confidence: 0.7742319

00:13:39.200 --> 00:13:39.527 Younger,

NOTE Confidence: 0.7742319

00:13:39.527 --> 00:13:41.489 more junior folks in the field.

NOTE Confidence: 0.7742319

00:13:41.490 --> 00:13:43.779 So overall it was a great experience.

NOTE Confidence: 0.853779841666666

00:13:47.490 --> 00:13:49.058 Great, thank you. Um,

NOTE Confidence: 0.853779841666666

00:13:49.058 --> 00:13:52.015 so I'm going to direct some specific

NOTE Confidence: 0.853779841666666

00:13:52.015 --> 00:13:55.655 questions to different people on the panel,

NOTE Confidence: 0.853779841666666

00:13:55.660 --> 00:13:58.516 so I'd like to start out by asking

NOTE Confidence: 0.853779841666666

00:13:58.516 --> 00:14:00.734 first Carrie and then Natalia to

NOTE Confidence: 0.853779841666666

00:14:00.734 --> 00:14:03.395 sort of expand a little bit more

NOTE Confidence: 0.853779841666666

00:14:03.395 --> 00:14:05.610 on your track Trek experience.

NOTE Confidence: 0.853779841666666

00:14:05.610 --> 00:14:07.530 Sort of. What did you?

NOTE Confidence: 0.853779841666666

00:14:07.530 --> 00:14:09.828 What did you gain from it?

NOTE Confidence: 0.853779841666666

00:14:09.830 --> 00:14:12.404 How did it change the way

NOTE Confidence: 0.853779841666666

00:14:12.404 --> 00:14:14.710 you are doing your work?

NOTE Confidence: 0.853779841666666

00:14:14.710 --> 00:14:16.800 And that sort of thing.

NOTE Confidence: 0.853779841666666

00:14:16.800 --> 00:14:20.270 So Kerry sure.

NOTE Confidence: 0.9188855

00:14:20.270 --> 00:14:23.092 So you know one big positive

NOTE Confidence: 0.9188855

00:14:23.092 --> 00:14:26.524 for me as someone who is.

NOTE Confidence: 0.9188855

00:14:26.530 --> 00:14:29.736 Kind of more on the basic science

NOTE Confidence: 0.9188855

00:14:29.736 --> 00:14:32.729 side of things is that I have

NOTE Confidence: 0.9188855

00:14:32.730 --> 00:14:34.534 struggled with really understanding.

NOTE Confidence: 0.9188855

00:14:34.534 --> 00:14:37.734 How can I contribute to clinical research

NOTE Confidence: 0.9188855

00:14:37.734 --> 00:14:40.709 related to energy balance and through trek.

NOTE Confidence: 0.9188855

00:14:40.710 --> 00:14:43.542 This past year I was able to meet

NOTE Confidence: 0.9188855

00:14:43.542 --> 00:14:46.004 several people who do incredibly

NOTE Confidence: 0.9188855

00:14:46.004 --> 00:14:48.240 impressive biomarker type research,

NOTE Confidence: 0.9188855

00:14:48.240 --> 00:14:50.900 so these are people who are

NOTE Confidence: 0.9188855



00:14:50.900 --> 00:14:53.360 sort of lab scientists like me,  
NOTE Confidence: 0.9188855

00:14:53.360 --> 00:14:56.648 but they are able to provide the biomarker  
NOTE Confidence: 0.9188855

00:14:56.648 --> 00:14:59.740 component of some energetics research.  
NOTE Confidence: 0.9188855

00:14:59.740 --> 00:15:01.770 And I think I was.  
NOTE Confidence: 0.9188855

00:15:01.770 --> 00:15:05.444 It was a little bit of a poke to like  
NOTE Confidence: 0.9188855

00:15:05.444 --> 00:15:08.012 do a little better because they're doing  
NOTE Confidence: 0.9188855

00:15:08.012 --> 00:15:09.852 some really innovative biomarkers, right?  
NOTE Confidence: 0.9188855

00:15:09.852 --> 00:15:12.410 It's not just the same old like,  
NOTE Confidence: 0.9188855

00:15:12.410 --> 00:15:15.346 let's do a panel of 25 inflammatory markers.  
NOTE Confidence: 0.9188855

00:15:15.350 --> 00:15:17.919 It's much much more innovative than that,  
NOTE Confidence: 0.9188855

00:15:17.920 --> 00:15:19.908 and it really inspired  
NOTE Confidence: 0.9188855

00:15:19.908 --> 00:15:22.890 me to try to think more.  
NOTE Confidence: 0.9188855

00:15:22.890 --> 00:15:25.676 Broadly, outside of what I've always done,  
NOTE Confidence: 0.9188855

00:15:25.680 --> 00:15:30.198 and it also helped me to identify kind of.  
NOTE Confidence: 0.9188855

00:15:30.200 --> 00:15:32.909 A route Tord away to be involved  
NOTE Confidence: 0.9188855

00:15:32.909 --> 00:15:34.070 in clinical research.

NOTE Confidence: 0.9188855

00:15:34.070 --> 00:15:36.386 Even though I'm a basic scientist,

NOTE Confidence: 0.9188855

00:15:36.390 --> 00:15:37.938 and so you know,

NOTE Confidence: 0.9188855

00:15:37.938 --> 00:15:39.486 the outcome of that,

NOTE Confidence: 0.9188855

00:15:39.490 --> 00:15:42.282 was that this past October I was part

NOTE Confidence: 0.9188855

00:15:42.282 --> 00:15:45.679 of two clinical are ones where I'll be

NOTE Confidence: 0.9188855

00:15:45.679 --> 00:15:48.778 the biomarker person on both of them so.

NOTE Confidence: 0.8214952

00:15:51.290 --> 00:15:53.990 OK, thanks Natalia. What about you?

NOTE Confidence: 0.8214952

00:15:53.990 --> 00:15:56.804 How how did Trek sort of shift

NOTE Confidence: 0.8214952

00:15:56.804 --> 00:15:59.389 your world in your research?

NOTE Confidence: 0.8542947

00:16:01.130 --> 00:16:03.370 Yeah, so I learned a lot about

NOTE Confidence: 0.8542947

00:16:03.370 --> 00:16:05.062 the biological aspects of obesity

NOTE Confidence: 0.8542947

00:16:05.062 --> 00:16:06.722 and energy and energetics that

NOTE Confidence: 0.8542947

00:16:06.722 --> 00:16:09.527 I didn't know before. So I was.

NOTE Confidence: 0.8542947

00:16:09.527 --> 00:16:13.239 I'm a behavioral scientist and kind of in my.

NOTE Confidence: 0.8542947

00:16:13.240 --> 00:16:15.964 Silo sometimes you know,

NOTE Confidence: 0.8542947

00:16:15.964 --> 00:16:18.688 working with clinicians and.

NOTE Confidence: 0.8542947

00:16:18.690 --> 00:16:20.986 So it kind of expanded the way

NOTE Confidence: 0.8542947

00:16:20.986 --> 00:16:23.270 that I think about a project,

NOTE Confidence: 0.8542947

00:16:23.270 --> 00:16:26.078 and even if I'm going to be collecting,

NOTE Confidence: 0.8542947

00:16:26.080 --> 00:16:28.495 you know the behavioral data and you

NOTE Confidence: 0.8542947

00:16:28.495 --> 00:16:30.290 know some clinical outcomes expand

NOTE Confidence: 0.8542947

00:16:30.290 --> 00:16:32.705 the way I could think about our

NOTE Confidence: 0.8542947

00:16:32.705 --> 00:16:35.232 project to be able to involve other

NOTE Confidence: 0.8542947

00:16:35.232 --> 00:16:37.028 collaborators where you know just

NOTE Confidence: 0.8542947

00:16:37.028 --> 00:16:39.744 adding a few things at the beginning

NOTE Confidence: 0.8542947

00:16:39.744 --> 00:16:42.448 and talking to a few people at the

NOTE Confidence: 0.8542947

00:16:42.448 --> 00:16:44.785 start could make it more robust and

NOTE Confidence: 0.8542947

00:16:44.785 --> 00:16:47.596 also kind of like provide a way to

NOTE Confidence: 0.8542947

00:16:47.596 --> 00:16:49.576 collaborate with these folks that

NOTE Confidence: 0.8542947

00:16:49.576 --> 00:16:51.480 I wouldn't otherwise have had.

NOTE Confidence: 0.8542947

00:16:51.480 --> 00:16:53.430 Um, so I really like that.

NOTE Confidence: 0.8542947

00:16:53.430 --> 00:16:54.646 And as I mentioned,

NOTE Confidence: 0.8542947

00:16:54.646 --> 00:16:57.010 I really liked having this this network,

NOTE Confidence: 0.8542947

00:16:57.010 --> 00:16:59.770 so it's changed just the way I think

NOTE Confidence: 0.8542947

00:16:59.770 --> 00:17:02.846 about like who I can even talk to now, right?

NOTE Confidence: 0.8542947

00:17:02.846 --> 00:17:05.690 So now I just have a wider array of

NOTE Confidence: 0.8542947

00:17:05.771 --> 00:17:08.705 people that I can reach out to and say,

NOTE Confidence: 0.8542947

00:17:08.710 --> 00:17:10.660 hey, can you look at this?

NOTE Confidence: 0.8542947

00:17:10.660 --> 00:17:13.260 Or hey, what do you think about this?

NOTE Confidence: 0.8542947

00:17:13.260 --> 00:17:15.528 So and that's very helpful as well.

NOTE Confidence: 0.83431333

00:17:16.270 --> 00:17:18.496 Great thank you and so in Italian,

NOTE Confidence: 0.83431333

00:17:18.500 --> 00:17:20.705 the workshop that you went to the

NOTE Confidence: 0.83431333

00:17:20.705 --> 00:17:22.950 training you went to is virtual right?

NOTE Confidence: 0.83431333

00:17:22.950 --> 00:17:23.826 Because of covid.

NOTE Confidence: 0.83431333

00:17:23.826 --> 00:17:26.276 So can you talk a little bit about

NOTE Confidence: 0.83431333

00:17:26.276 --> 00:17:28.298 that experience and how you know

NOTE Confidence: 0.83431333

00:17:28.298 --> 00:17:30.307 whether it met your expectations for  
NOTE Confidence: 0.83431333

00:17:30.307 --> 00:17:34.120 what you want to get out of track.  
NOTE Confidence: 0.83431333

00:17:34.120 --> 00:17:36.416 What you see is maybe some of  
NOTE Confidence: 0.83431333

00:17:36.416 --> 00:17:38.672 the downsides and some of the  
NOTE Confidence: 0.83431333

00:17:38.672 --> 00:17:40.268 advantages of that approach.  
NOTE Confidence: 0.8727267

00:17:40.270 --> 00:17:42.180 Yeah, so. I'll start by  
NOTE Confidence: 0.8727267

00:17:42.180 --> 00:17:44.090 saying that I'm an introvert,  
NOTE Confidence: 0.8727267

00:17:44.090 --> 00:17:46.202 so for me it was a really great  
NOTE Confidence: 0.8727267

00:17:46.202 --> 00:17:48.715 way to kind of like get your toes  
NOTE Confidence: 0.8727267

00:17:48.715 --> 00:17:51.039 wet and meet people with like low.  
NOTE Confidence: 0.8727267

00:17:51.040 --> 00:17:51.968 Low commitment, right?  
NOTE Confidence: 0.8727267

00:17:51.968 --> 00:17:53.816 We might be scared of networking.  
NOTE Confidence: 0.8727267

00:17:53.820 --> 00:17:55.680 This was like a much easy,  
NOTE Confidence: 0.8727267

00:17:55.680 --> 00:17:57.836 like low burden way of doing that.  
NOTE Confidence: 0.8727267

00:17:57.840 --> 00:18:00.930 So for me, I really like that aspect of it.  
NOTE Confidence: 0.8727267

00:18:00.930 --> 00:18:03.320 There was also what we did throughout

NOTE Confidence: 0.8727267

00:18:03.320 --> 00:18:06.273 the day was kind of broken up so

NOTE Confidence: 0.8727267

00:18:06.273 --> 00:18:08.487 it wasn't just like we're doing

NOTE Confidence: 0.8727267

00:18:08.487 --> 00:18:10.737 this one thing the whole day.

NOTE Confidence: 0.8727267

00:18:10.740 --> 00:18:12.040 Allow different formats throughout

NOTE Confidence: 0.8727267

00:18:12.040 --> 00:18:13.340 the day with breaks,

NOTE Confidence: 0.8727267

00:18:13.340 --> 00:18:15.370 and so I think that made it

NOTE Confidence: 0.8727267

00:18:15.370 --> 00:18:17.568 manageable to do throughout the day.

NOTE Confidence: 0.8727267

00:18:17.570 --> 00:18:19.520 I will say that even though

NOTE Confidence: 0.8727267

00:18:19.520 --> 00:18:21.428 I am an introvert, there is.

NOTE Confidence: 0.8727267

00:18:21.428 --> 00:18:23.556 There are some things that I I

NOTE Confidence: 0.8727267

00:18:23.556 --> 00:18:25.760 was missing in just, you know,

NOTE Confidence: 0.8727267

00:18:25.760 --> 00:18:28.280 it's different when you can talk to

NOTE Confidence: 0.8727267

00:18:28.280 --> 00:18:30.889 someone off on the side and like go get.

NOTE Confidence: 0.8727267

00:18:30.890 --> 00:18:32.960 You know while you're getting

NOTE Confidence: 0.8727267

00:18:32.960 --> 00:18:35.510 water and and connect in other

NOTE Confidence: 0.8727267

00:18:35.510 --> 00:18:37.880 ways on a more personal level.

NOTE Confidence: 0.8727267

00:18:37.880 --> 00:18:39.554 And just hear about things that

NOTE Confidence: 0.8727267

00:18:39.554 --> 00:18:41.919 maybe we even when we did kind of

NOTE Confidence: 0.8727267

00:18:41.919 --> 00:18:43.399 breakout groups when you wouldn't

NOTE Confidence: 0.8727267

00:18:43.399 --> 00:18:44.988 have been able to hear but.

NOTE Confidence: 0.8727267

00:18:44.990 --> 00:18:47.596 At least I now know these people right?

NOTE Confidence: 0.8727267

00:18:47.596 --> 00:18:50.630 So then when I see them in the future,

NOTE Confidence: 0.8727267

00:18:50.630 --> 00:18:52.954 I can still have that personal connection,

NOTE Confidence: 0.8727267

00:18:52.960 --> 00:18:54.874 so I I still thought thought

NOTE Confidence: 0.8727267

00:18:54.874 --> 00:18:56.610 Trek virtual was was great.

NOTE Confidence: 0.8727267

00:18:56.610 --> 00:18:58.344 It wasn't too burdensome because of

NOTE Confidence: 0.8727267

00:18:58.344 --> 00:19:01.054 the way it was broken out in the

NOTE Confidence: 0.8727267

00:19:01.054 --> 00:19:04.570 different activities throughout the day, so.

NOTE Confidence: 0.8727267

00:19:04.570 --> 00:19:05.276 Oh no,

NOTE Confidence: 0.8727267

00:19:05.276 --> 00:19:06.688 I would say great,

NOTE Confidence: 0.8727267

00:19:06.690 --> 00:19:09.394 but with the caveat of hopefully in the

NOTE Confidence: 0.8727267

00:19:09.394 --> 00:19:12.355 future we can connect on a personal level.

NOTE Confidence: 0.76067483

00:19:13.630 --> 00:19:18.676 Great. Thanks. So Maggie,

NOTE Confidence: 0.76067483

00:19:18.676 --> 00:19:21.954 I'm tell us a bit about what

NOTE Confidence: 0.76067483

00:19:21.954 --> 00:19:24.756 motivated you to apply for track.

NOTE Confidence: 0.8345907

00:19:27.100 --> 00:19:29.730 Great, so I guess if I had

NOTE Confidence: 0.8345907

00:19:29.730 --> 00:19:32.088 just read the description I probably

NOTE Confidence: 0.8345907

00:19:32.088 --> 00:19:34.977 would have been like that's not for me.

NOTE Confidence: 0.8345907

00:19:34.980 --> 00:19:37.230 I do more community health stuff,

NOTE Confidence: 0.8345907

00:19:37.230 --> 00:19:39.100 but Karen's my postdoc mentor.

NOTE Confidence: 0.8345907

00:19:39.100 --> 00:19:41.470 Enjoy as my Predock mentor and

NOTE Confidence: 0.8345907

00:19:41.470 --> 00:19:43.813 they're both very pro track and

NOTE Confidence: 0.8345907

00:19:43.813 --> 00:19:46.207 so a lot of their students would

NOTE Confidence: 0.8345907

00:19:46.207 --> 00:19:48.857 go to track and then they would

NOTE Confidence: 0.8345907

00:19:48.857 --> 00:19:51.118 talk about how great track was.

NOTE Confidence: 0.8345907

00:19:51.118 --> 00:19:53.422 You know, joy I particular member

NOTE Confidence: 0.8345907



00:19:53.422 --> 00:19:55.290 when clinical fellow Brianna had  
NOTE Confidence: 0.8345907

00:19:55.290 --> 00:19:57.870 gone to track and Brianna was a  
NOTE Confidence: 0.8345907

00:19:57.870 --> 00:20:00.180 very I really liked her personally.  
NOTE Confidence: 0.8345907

00:20:00.180 --> 00:20:01.980 Partially because she she would  
NOTE Confidence: 0.8345907

00:20:01.980 --> 00:20:04.499 sort of threw her hands up and say  
NOTE Confidence: 0.8345907

00:20:04.500 --> 00:20:06.486 I don't know anything about this,  
NOTE Confidence: 0.8345907

00:20:06.486 --> 00:20:08.810 and Stu said I went to track.  
NOTE Confidence: 0.8345907

00:20:08.810 --> 00:20:11.139 I didn't know what I was doing.  
NOTE Confidence: 0.8345907

00:20:11.140 --> 00:20:13.276 I wrote a really horrible proposal  
NOTE Confidence: 0.8345907

00:20:13.276 --> 00:20:16.010 and they helped me so much and like  
NOTE Confidence: 0.8345907

00:20:16.010 --> 00:20:18.569 it was really fulfilling an I got to  
NOTE Confidence: 0.8345907

00:20:18.569 --> 00:20:21.097 network and just learn and it wasn't it,  
NOTE Confidence: 0.8345907

00:20:21.100 --> 00:20:21.502 didn't.  
NOTE Confidence: 0.8345907

00:20:21.502 --> 00:20:24.718 It didn't have to be perfect going in.  
NOTE Confidence: 0.8345907

00:20:24.720 --> 00:20:26.970 So I was like, well, you know,  
NOTE Confidence: 0.8345907

00:20:26.970 --> 00:20:28.580 Brianna is really, you know,

NOTE Confidence: 0.8345907

00:20:28.580 --> 00:20:30.518 she's learning a lot from this.

NOTE Confidence: 0.8345907

00:20:30.520 --> 00:20:33.409 I should go to the other thank you were

NOTE Confidence: 0.8724796

00:20:33.410 --> 00:20:35.658 in the lab when she was trying to

NOTE Confidence: 0.8724796

00:20:35.658 --> 00:20:37.565 submit that proposal and she actually

NOTE Confidence: 0.8724796

00:20:37.565 --> 00:20:39.910 got help from some of her Trek

NOTE Confidence: 0.8724796

00:20:39.910 --> 00:20:42.106 mentors to submit the final product.

NOTE Confidence: 0.8724796

00:20:42.110 --> 00:20:44.540 And so that was like a huge benefit to

NOTE Confidence: 0.8724796

00:20:44.540 --> 00:20:47.259 be like actively working on a proposal,

NOTE Confidence: 0.8724796

00:20:47.260 --> 00:20:49.844 be able to reach back to the people

NOTE Confidence: 0.8724796

00:20:49.844 --> 00:20:52.084 you met it, track, get their input,

NOTE Confidence: 0.8724796

00:20:52.084 --> 00:20:54.018 Polish it, and then submit it.

NOTE Confidence: 0.8724796

00:20:54.018 --> 00:20:55.740 Unfortunately, it still wasn't funded,

NOTE Confidence: 0.8724796

00:20:55.740 --> 00:20:58.170 but I think it impressed upon her.

NOTE Confidence: 0.8724796

00:20:58.170 --> 00:20:59.810 How things can be approved,

NOTE Confidence: 0.8724796

00:20:59.810 --> 00:21:01.730 improved with that type of input

NOTE Confidence: 0.8724796

00:21:01.730 --> 00:21:03.400 that was available through track?  
NOTE Confidence: 0.8724796

00:21:03.400 --> 00:21:04.052 Yeah, totally.  
NOTE Confidence: 0.8724796

00:21:04.052 --> 00:21:05.361 And especially remember how  
NOTE Confidence: 0.8724796

00:21:05.361 --> 00:21:06.668 Brianna was like she  
NOTE Confidence: 0.8571971

00:21:06.670 --> 00:21:07.978 was very she was.  
NOTE Confidence: 0.8571971

00:21:07.978 --> 00:21:09.940 She never was someone who acted  
NOTE Confidence: 0.8571971

00:21:09.940 --> 00:21:12.212 like she knew what she was doing.  
NOTE Confidence: 0.8571971

00:21:12.212 --> 00:21:14.150 If she was not super confident  
NOTE Confidence: 0.8571971

00:21:14.221 --> 00:21:16.482 so that that makes you feel like  
NOTE Confidence: 0.8571971

00:21:16.482 --> 00:21:18.116 someone being vulnerable with you.  
NOTE Confidence: 0.8571971

00:21:18.116 --> 00:21:20.724 That way it makes you feel more comfortable.  
NOTE Confidence: 0.8571971

00:21:20.730 --> 00:21:22.062 The other thing was,  
NOTE Confidence: 0.8571971

00:21:22.062 --> 00:21:24.680 you know I was getting ready to get  
NOTE Confidence: 0.8571971

00:21:24.680 --> 00:21:26.856 on the job market so I thought it  
NOTE Confidence: 0.8571971

00:21:26.929 --> 00:21:29.095 would be great opportunity to kind  
NOTE Confidence: 0.8571971

00:21:29.095 --> 00:21:31.306 of network and see what different

NOTE Confidence: 0.8571971

00:21:31.306 --> 00:21:32.838 institutions were interested in.

NOTE Confidence: 0.8571971

00:21:32.840 --> 00:21:34.597 And I've also just seen a lot

NOTE Confidence: 0.8571971

00:21:34.597 --> 00:21:36.625 of postings or talked to a lot

NOTE Confidence: 0.8571971

00:21:36.625 --> 00:21:38.140 of people that highlight team

NOTE Confidence: 0.8571971

00:21:38.140 --> 00:21:39.529 science and collaboration,

NOTE Confidence: 0.8571971

00:21:39.530 --> 00:21:41.189 and so I wanted to kind of

NOTE Confidence: 0.8571971

00:21:41.189 --> 00:21:43.055 gain some skills about how to

NOTE Confidence: 0.8571971

00:21:43.055 --> 00:21:44.511 navigate those relationships and

NOTE Confidence: 0.8571971

00:21:44.511 --> 00:21:46.219 what successful ones look like.

NOTE Confidence: 0.8759601

00:21:48.950 --> 00:21:54.442 Great, thank you. So, um,

NOTE Confidence: 0.8759601

00:21:54.442 --> 00:21:57.644 joylette I just want you know you

NOTE Confidence: 0.8759601

00:21:57.644 --> 00:21:59.706 mentioned Brianna but just wanted to

NOTE Confidence: 0.8759601

00:21:59.706 --> 00:22:02.065 give you an opportunity to expand on.

NOTE Confidence: 0.8759601

00:22:02.070 --> 00:22:04.242 You know you have had mentoring

NOTE Confidence: 0.8759601

00:22:04.242 --> 00:22:05.690 relationships with a number

NOTE Confidence: 0.8759601

00:22:05.752 --> 00:22:07.468 of the Trek fellows as well,  
NOTE Confidence: 0.8759601

00:22:07.470 --> 00:22:09.927 and so can you kind of comment  
NOTE Confidence: 0.8759601

00:22:09.927 --> 00:22:12.827 on what you what kind of benefit.  
NOTE Confidence: 0.8759601

00:22:12.830 --> 00:22:14.540 Other benefits besides the one you  
NOTE Confidence: 0.8759601

00:22:14.540 --> 00:22:16.180 just mentioned you saw for them.  
NOTE Confidence: 0.84974915

00:22:17.470 --> 00:22:20.398 Yeah, I mean I think it's an amazing  
NOTE Confidence: 0.84974915

00:22:20.398 --> 00:22:22.588 program and Melinda and Diana,  
NOTE Confidence: 0.84974915

00:22:22.590 --> 00:22:24.960 thank you so much for providing  
NOTE Confidence: 0.84974915

00:22:24.960 --> 00:22:27.320 this opportunity for our fellows I.  
NOTE Confidence: 0.84974915

00:22:27.320 --> 00:22:30.168 I'm kind of wondering like how we can  
NOTE Confidence: 0.84974915

00:22:30.168 --> 00:22:33.192 pull back some of the especially the  
NOTE Confidence: 0.84974915

00:22:33.192 --> 00:22:35.866 clinical fellows that go through trek  
NOTE Confidence: 0.84974915

00:22:35.866 --> 00:22:38.770 and then kind of like get immersed in  
NOTE Confidence: 0.84974915

00:22:38.770 --> 00:22:40.888 their world of clinical responsibilities  
NOTE Confidence: 0.84974915

00:22:40.888 --> 00:22:43.951 and forget or just don't have time  
NOTE Confidence: 0.84974915

00:22:43.951 --> 00:22:46.165 perhaps to take advantage of the

NOTE Confidence: 0.84974915

00:22:46.165 --> 00:22:48.570 skills that they learn to trekking.

NOTE Confidence: 0.84974915

00:22:48.570 --> 00:22:50.688 Maggie, since you brought up Brianna,

NOTE Confidence: 0.84974915

00:22:50.690 --> 00:22:51.749 she's one example,

NOTE Confidence: 0.84974915

00:22:51.749 --> 00:22:53.867 but I think there are others.

NOTE Confidence: 0.84974915

00:22:53.870 --> 00:22:55.635 Carrie had a former fellow

NOTE Confidence: 0.84974915

00:22:55.635 --> 00:22:57.400 Miriam who was in tracking.

NOTE Confidence: 0.84974915

00:22:57.400 --> 00:22:58.456 Fortunately, she's actually

NOTE Confidence: 0.84974915

00:22:58.456 --> 00:23:00.568 going to San Antonio and Maggie,

NOTE Confidence: 0.84974915

00:23:00.570 --> 00:23:02.335 she's gonna be working with

NOTE Confidence: 0.84974915

00:23:02.335 --> 00:23:04.100 us on the chef study,

NOTE Confidence: 0.84974915

00:23:04.100 --> 00:23:06.748 so there's a kitchen in the lobby of

NOTE Confidence: 0.84974915

00:23:06.748 --> 00:23:09.040 the Children's Hospital of San Antonio,

NOTE Confidence: 0.84974915

00:23:09.040 --> 00:23:11.329 and she's being recruited back to San

NOTE Confidence: 0.84974915

00:23:11.329 --> 00:23:13.711 Antonio as an oncologist there and will

NOTE Confidence: 0.84974915

00:23:13.711 --> 00:23:16.809 kind of be like the energy balanced person.

NOTE Confidence: 0.84974915

00:23:16.810 --> 00:23:18.098 But in the interim.  
NOTE Confidence: 0.84974915

00:23:18.098 --> 00:23:20.465 She was in a very clinical setting  
NOTE Confidence: 0.84974915

00:23:20.465 --> 00:23:22.607 so that the position that she  
NOTE Confidence: 0.84974915

00:23:22.607 --> 00:23:24.740 has right now really didn't.  
NOTE Confidence: 0.84974915

00:23:24.740 --> 00:23:25.420 I think,  
NOTE Confidence: 0.84974915

00:23:25.420 --> 00:23:27.800 allow her time to do much research,  
NOTE Confidence: 0.84974915

00:23:27.800 --> 00:23:30.824 but I still I have the sense Diane and  
NOTE Confidence: 0.84974915

00:23:30.824 --> 00:23:33.577 Melinda you have a better sense of this,  
NOTE Confidence: 0.84974915

00:23:33.580 --> 00:23:35.516 but I have the sense that a lot  
NOTE Confidence: 0.84974915

00:23:35.516 --> 00:23:37.212 of the clinical trainees that  
NOTE Confidence: 0.84974915

00:23:37.212 --> 00:23:39.504 probably go through Trek kind of  
NOTE Confidence: 0.84974915

00:23:39.504 --> 00:23:41.739 find themselves in that position.  
NOTE Confidence: 0.84974915

00:23:41.740 --> 00:23:43.780 But they're incredible resources for us.  
NOTE Confidence: 0.84974915

00:23:43.780 --> 00:23:45.630 Lab based translational folks to  
NOTE Confidence: 0.84974915

00:23:45.630 --> 00:23:47.846 keep in touch with connect with  
NOTE Confidence: 0.84974915

00:23:47.846 --> 00:23:50.206 to see if there's ways we can do

NOTE Confidence: 0.84974915

00:23:50.206 --> 00:23:52.137 biomarker studies or contribute to.

NOTE Confidence: 0.84974915

00:23:52.140 --> 00:23:53.178 Energy balance trials.

NOTE Confidence: 0.84974915

00:23:53.178 --> 00:23:53.870 And so.

NOTE Confidence: 0.84974915

00:23:53.870 --> 00:23:54.216 Yeah,

NOTE Confidence: 0.84974915

00:23:54.216 --> 00:23:56.638 I just wonder if we can kind

NOTE Confidence: 0.84974915

00:23:56.638 --> 00:23:58.020 of brainstorm about that.

NOTE Confidence: 0.87777346

00:23:59.940 --> 00:24:01.956 I'll come, and yeah, completely agree.

NOTE Confidence: 0.87777346

00:24:01.960 --> 00:24:03.862 And that was based on some

NOTE Confidence: 0.87777346

00:24:03.862 --> 00:24:05.989 feedback as well from the fellows.

NOTE Confidence: 0.87777346

00:24:05.990 --> 00:24:08.006 So for this coming year and

NOTE Confidence: 0.87777346

00:24:08.006 --> 00:24:09.350 hopefully if were renewed.

NOTE Confidence: 0.87777346

00:24:09.350 --> 00:24:11.360 While it is a transdisciplinary workshop,

NOTE Confidence: 0.87777346

00:24:11.360 --> 00:24:13.453 we are creating in the day window

NOTE Confidence: 0.87777346

00:24:13.453 --> 00:24:15.940 of time an hour where we will

NOTE Confidence: 0.87777346

00:24:15.940 --> 00:24:17.784 group people bought, you know,

NOTE Confidence: 0.87777346



00:24:17.784 --> 00:24:19.896 the clinicians get to all meet  
NOTE Confidence: 0.87777346

00:24:19.896 --> 00:24:22.156 each other and be together for an  
NOTE Confidence: 0.87777346

00:24:22.156 --> 00:24:24.470 hour and get to know each other.  
NOTE Confidence: 0.87777346

00:24:24.470 --> 00:24:27.406 And same with the pop scientists in the  
NOTE Confidence: 0.87777346

00:24:27.406 --> 00:24:29.946 basic scientist and then at the same time.  
NOTE Confidence: 0.87777346

00:24:29.950 --> 00:24:32.323 A different session of the day we're  
NOTE Confidence: 0.87777346

00:24:32.323 --> 00:24:34.887 creating teams before you come to the  
NOTE Confidence: 0.87777346

00:24:34.887 --> 00:24:36.375 workshop that is transdisciplinary.  
NOTE Confidence: 0.87777346

00:24:36.380 --> 00:24:37.370 So, for example,  
NOTE Confidence: 0.87777346

00:24:37.370 --> 00:24:39.680 it just take prostate cancer of basic  
NOTE Confidence: 0.87777346

00:24:39.746 --> 00:24:41.386 clinical and population scientists  
NOTE Confidence: 0.87777346

00:24:41.386 --> 00:24:44.226 who all proposed a topic related to  
NOTE Confidence: 0.87777346

00:24:44.226 --> 00:24:46.452 prostate cancer will be put into a  
NOTE Confidence: 0.87777346

00:24:46.452 --> 00:24:48.486 group together and they will kind  
NOTE Confidence: 0.87777346

00:24:48.486 --> 00:24:51.010 of meat throughout the week as well.  
NOTE Confidence: 0.87777346

00:24:51.010 --> 00:24:54.580 And if it ends at the end of the week,

NOTE Confidence: 0.87777346

00:24:54.580 --> 00:24:55.134 it ends,

NOTE Confidence: 0.87777346

00:24:55.134 --> 00:24:57.073 but we're hoping that it might just

NOTE Confidence: 0.87777346

00:24:57.073 --> 00:24:59.209 stimulate some more discussion networking

NOTE Confidence: 0.87777346

00:24:59.209 --> 00:25:01.009 opportunities within their discipline,

NOTE Confidence: 0.87777346

00:25:01.010 --> 00:25:02.960 but of course a cross.

NOTE Confidence: 0.87777346

00:25:02.960 --> 00:25:04.220 Disciplines as well.

NOTE Confidence: 0.87777346

00:25:04.220 --> 00:25:06.320 So I agree with you,

NOTE Confidence: 0.87777346

00:25:06.320 --> 00:25:08.840 and I'm hopeful that these changes.

NOTE Confidence: 0.87777346

00:25:08.840 --> 00:25:11.507 The other thing that Diana is working

NOTE Confidence: 0.87777346

00:25:11.507 --> 00:25:14.443 on right now is among the fellows

NOTE Confidence: 0.87777346

00:25:14.443 --> 00:25:17.005 who have completed the workshop and

NOTE Confidence: 0.87777346

00:25:17.087 --> 00:25:19.262 those who will participate this

NOTE Confidence: 0.87777346

00:25:19.262 --> 00:25:21.818 next year within our Trek website,

NOTE Confidence: 0.87777346

00:25:21.818 --> 00:25:24.086 a kind of a directory where

NOTE Confidence: 0.87777346

00:25:24.086 --> 00:25:26.217 people will have their discipline

NOTE Confidence: 0.87777346

00:25:26.217 --> 00:25:28.995 keywords of their area of research.  
NOTE Confidence: 0.87777346

00:25:29.000 --> 00:25:30.748 So just helps people,  
NOTE Confidence: 0.87777346

00:25:30.748 --> 00:25:33.370 fellows and faculty find others who.  
NOTE Confidence: 0.87777346

00:25:33.370 --> 00:25:35.260 If someone is doing something  
NOTE Confidence: 0.87777346

00:25:35.260 --> 00:25:36.394 in pediatric oncology,  
NOTE Confidence: 0.87777346

00:25:36.400 --> 00:25:38.815 they could search on that and find  
NOTE Confidence: 0.87777346

00:25:38.815 --> 00:25:41.036 all the pediatric you know people  
NOTE Confidence: 0.87777346

00:25:41.036 --> 00:25:42.896 studying pediatric cancer and get  
NOTE Confidence: 0.87777346

00:25:42.896 --> 00:25:45.499 to get something going from there.  
NOTE Confidence: 0.87777346

00:25:45.500 --> 00:25:47.008 Diana, any other comments?  
NOTE Confidence: 0.8360531

00:25:47.760 --> 00:25:49.372 I think that's wonderful.  
NOTE Confidence: 0.8360531

00:25:49.372 --> 00:25:51.387 I mentioned Brianna's unsuccessful Grant  
NOTE Confidence: 0.8360531

00:25:51.387 --> 00:25:53.458 that I wonder if you might consider  
NOTE Confidence: 0.8360531

00:25:53.458 --> 00:25:55.439 if if the alumni are OK with it.  
NOTE Confidence: 0.8360531

00:25:55.440 --> 00:25:57.435 For that for them to list grants  
NOTE Confidence: 0.8360531

00:25:57.435 --> 00:25:58.960 where they've been successful?

NOTE Confidence: 0.8360531

00:25:58.960 --> 00:26:00.580 Because then someone who's like

NOTE Confidence: 0.8360531

00:26:00.580 --> 00:26:03.119 applying for an AI CR Grant can see,

NOTE Confidence: 0.8360531

00:26:03.120 --> 00:26:04.720 oh, this former trek person

NOTE Confidence: 0.8360531

00:26:04.720 --> 00:26:06.320 got the AIC are great.

NOTE Confidence: 0.8360531

00:26:06.320 --> 00:26:08.560 Maybe I can talk to them about

NOTE Confidence: 0.8360531

00:26:08.560 --> 00:26:10.160 what they did, right? So

NOTE Confidence: 0.8360531

00:26:10.160 --> 00:26:12.080 Diana, do you wanna mention when

NOTE Confidence: 0.8360531

00:26:12.080 --> 00:26:14.320 you're starting? Yeah, so that is such

NOTE Confidence: 0.8360531

00:26:14.320 --> 00:26:16.240 a prescient comment. Do I have?

NOTE Confidence: 0.8360531

00:26:16.240 --> 00:26:18.564 We are actually in addition to working.

NOTE Confidence: 0.8360531

00:26:18.570 --> 00:26:21.090 Non members directory on the

NOTE Confidence: 0.8360531

00:26:21.090 --> 00:26:23.609 website were also pulling together

NOTE Confidence: 0.8360531

00:26:23.609 --> 00:26:25.623 an exemplar grant repository,

NOTE Confidence: 0.8360531

00:26:25.623 --> 00:26:28.650 and so that will be there.

NOTE Confidence: 0.8360531

00:26:28.650 --> 00:26:31.672 You know, people have been invited,

NOTE Confidence: 0.8360531

00:26:31.672 --> 00:26:34.906 Trek alumni, faculty and fellows  
NOTE Confidence: 0.8360531

00:26:34.906 --> 00:26:38.616 have been invited to submit.  
NOTE Confidence: 0.8360531

00:26:38.620 --> 00:26:40.910 Successful grant examples of successful  
NOTE Confidence: 0.8360531

00:26:40.910 --> 00:26:44.117 grants that they have been funded for,  
NOTE Confidence: 0.8360531

00:26:44.117 --> 00:26:47.318 so we hope that that will be  
NOTE Confidence: 0.8360531

00:26:47.320 --> 00:26:50.068 very helpful in showing you know.  
NOTE Confidence: 0.8360531

00:26:50.068 --> 00:26:51.436 Newer earlier career  
NOTE Confidence: 0.85846704

00:26:51.440 --> 00:26:53.730 investigators what a successful grant  
NOTE Confidence: 0.85846704

00:26:53.730 --> 00:26:56.375 might look like. Various mechanisms.  
NOTE Confidence: 0.85846704

00:26:56.375 --> 00:26:59.358 I think that will be highly used,  
NOTE Confidence: 0.85846704

00:26:59.360 --> 00:27:01.180 that's fabulous. Thank you for  
NOTE Confidence: 0.87636036

00:27:01.180 --> 00:27:03.714 doing that. Yeah, that's an excellent idea.  
NOTE Confidence: 0.87636036

00:27:03.720 --> 00:27:05.530 I think that'll be wonderful,  
NOTE Confidence: 0.87636036

00:27:05.530 --> 00:27:08.050 but both the kind of networking function  
NOTE Confidence: 0.87636036

00:27:08.050 --> 00:27:10.015 I'm trying to find investigators  
NOTE Confidence: 0.87636036

00:27:10.015 --> 00:27:12.457 who have interest similar to yours

NOTE Confidence: 0.87636036

00:27:12.457 --> 00:27:14.938 as well as the grant repository.

NOTE Confidence: 0.87636036

00:27:14.940 --> 00:27:18.891 Good job. I'll be useful.

NOTE Confidence: 0.87636036

00:27:18.891 --> 00:27:21.359 Alright, so I've been.

NOTE Confidence: 0.87636036

00:27:21.360 --> 00:27:24.162 Um, can you talk about any?

NOTE Confidence: 0.87636036

00:27:24.162 --> 00:27:27.529 Whether there have been any sort of

NOTE Confidence: 0.87636036

00:27:27.529 --> 00:27:30.026 collaborations that you have started

NOTE Confidence: 0.87636036

00:27:30.026 --> 00:27:32.436 or started discussing with other

NOTE Confidence: 0.87636036

00:27:32.436 --> 00:27:35.127 people who have been part of Trek?

NOTE Confidence: 0.781268

00:27:36.320 --> 00:27:39.435 Yeah, sure, so my again my research

NOTE Confidence: 0.781268

00:27:39.435 --> 00:27:43.388 area is in how insufficient sleep in.

NOTE Confidence: 0.781268

00:27:43.390 --> 00:27:45.918 PC Matic population size match, so I figure

NOTE Confidence: 0.62891114

00:27:45.920 --> 00:27:48.125 you're sort of cutting in and out

NOTE Confidence: 0.62891114

00:27:48.130 --> 00:27:50.340 so you can get all of closer.

NOTE Confidence: 0.78742003

00:27:56.750 --> 00:27:59.406 We heard sleep and then you trailed off.

NOTE Confidence: 0.78742003

00:27:59.410 --> 00:28:02.920 Yeah can you hear me OK now.

NOTE Confidence: 0.78742003

00:28:02.920 --> 00:28:04.050 I think so, yeah, I  
NOTE Confidence: 0.86231655

00:28:04.050 --> 00:28:06.186 keep saying it. I need to buy it  
NOTE Confidence: 0.86231655

00:28:06.186 --> 00:28:07.639 and microphone and everything.  
NOTE Confidence: 0.86231655

00:28:07.640 --> 00:28:10.940 Um, so you know, I again my my area is  
NOTE Confidence: 0.86231655

00:28:11.031 --> 00:28:14.781 in how insufficient sleep and physical  
NOTE Confidence: 0.86231655

00:28:14.781 --> 00:28:17.281 inactivity contribute to obesity.  
NOTE Confidence: 0.86231655

00:28:17.290 --> 00:28:19.402 And so I was matched with a peer  
NOTE Confidence: 0.86231655

00:28:19.402 --> 00:28:21.219 mentor who does sleep research.  
NOTE Confidence: 0.86231655

00:28:21.220 --> 00:28:24.208 And then I was matched with.  
NOTE Confidence: 0.86231655

00:28:24.210 --> 00:28:26.095 A more senior faculty mentor  
NOTE Confidence: 0.86231655

00:28:26.095 --> 00:28:27.980 who does more physical activity,  
NOTE Confidence: 0.86231655

00:28:27.980 --> 00:28:30.224 community based research and so both  
NOTE Confidence: 0.86231655

00:28:30.224 --> 00:28:32.774 are able to actually give quite a  
NOTE Confidence: 0.86231655

00:28:32.774 --> 00:28:34.742 bit of feedback on my potential  
NOTE Confidence: 0.86231655

00:28:34.742 --> 00:28:36.648 grant proposal in particular.  
NOTE Confidence: 0.86231655

00:28:36.650 --> 00:28:39.079 So my peer mentor was able to

NOTE Confidence: 0.86231655  
00:28:39.079 --> 00:28:41.180 give feedback on a manuscript.  
NOTE Confidence: 0.86231655  
00:28:41.180 --> 00:28:43.060 Those writing at the moment,  
NOTE Confidence: 0.86231655  
00:28:43.060 --> 00:28:44.950 which is now published next,  
NOTE Confidence: 0.86231655  
00:28:44.950 --> 00:28:48.028 after which is then she was  
NOTE Confidence: 0.86231655  
00:28:48.028 --> 00:28:50.080 very helpful with that.  
NOTE Confidence: 0.86231655  
00:28:50.080 --> 00:28:51.856 And you know,  
NOTE Confidence: 0.86231655  
00:28:51.856 --> 00:28:55.408 she her focuses on how sleep  
NOTE Confidence: 0.86231655  
00:28:55.408 --> 00:28:57.660 relates to metabolic.  
NOTE Confidence: 0.86231655  
00:28:57.660 --> 00:28:59.288 Just function metabolic processes  
NOTE Confidence: 0.86231655  
00:28:59.288 --> 00:29:02.153 and so I was looking at how  
NOTE Confidence: 0.86231655  
00:29:02.153 --> 00:29:04.253 sleep is related diabetes and so  
NOTE Confidence: 0.86231655  
00:29:04.253 --> 00:29:06.658 she was able to kind of review.  
NOTE Confidence: 0.86231655  
00:29:06.660 --> 00:29:07.420 The manuscript.  
NOTE Confidence: 0.86231655  
00:29:07.420 --> 00:29:08.940 Is some feedback actually  
NOTE Confidence: 0.86231655  
00:29:08.940 --> 00:29:10.790 help me with the R&R,  
NOTE Confidence: 0.86231655



00:29:10.790 --> 00:29:13.022 commentary and visions of how to  
NOTE Confidence: 0.86231655

00:29:13.022 --> 00:29:15.319 address and frame some of those  
NOTE Confidence: 0.86231655

00:29:15.319 --> 00:29:17.154 things which is very helpful.  
NOTE Confidence: 0.86231655

00:29:17.160 --> 00:29:18.632 We've talked about potential  
NOTE Confidence: 0.86231655

00:29:18.632 --> 00:29:20.472 collaborations down the road and  
NOTE Confidence: 0.86231655

00:29:20.472 --> 00:29:22.031 right now she's transitioning  
NOTE Confidence: 0.86231655

00:29:22.031 --> 00:29:23.539 into a faculty position,  
NOTE Confidence: 0.86231655

00:29:23.540 --> 00:29:26.540 and so maybe something later down the road,  
NOTE Confidence: 0.86231655

00:29:26.540 --> 00:29:27.467 my faculty mentor.  
NOTE Confidence: 0.86231655

00:29:27.467 --> 00:29:30.033 Was able to give quite a bit of  
NOTE Confidence: 0.86231655

00:29:30.033 --> 00:29:32.007 feedback on my potential Trek Grant  
NOTE Confidence: 0.86231655

00:29:32.007 --> 00:29:34.547 and she was actually really helpful  
NOTE Confidence: 0.86231655

00:29:34.547 --> 00:29:37.017 in reviewing my grant resubmissions.  
NOTE Confidence: 0.86231655

00:29:37.020 --> 00:29:40.395 So when I entered Trek I had a key  
NOTE Confidence: 0.86231655

00:29:40.395 --> 00:29:43.999 99 R zero that was under review at  
NOTE Confidence: 0.86231655

00:29:43.999 --> 00:29:47.879 the time and so when I started trick.

NOTE Confidence: 0.86231655

00:29:47.880 --> 00:29:52.580 I think they had had no sorry when I

NOTE Confidence: 0.86231655

00:29:52.580 --> 00:29:55.960 I was preparing the application and

NOTE Confidence: 0.86231655

00:29:55.960 --> 00:30:00.250 for re submission and when I enter trick.

NOTE Confidence: 0.86231655

00:30:00.250 --> 00:30:01.325 I was actually working on

NOTE Confidence: 0.86231655

00:30:01.325 --> 00:30:02.670 the recent mission at a time,

NOTE Confidence: 0.86231655

00:30:02.670 --> 00:30:05.226 So what I needed a lot of feedback on

NOTE Confidence: 0.86231655

00:30:05.226 --> 00:30:08.157 was how to address the summary statement.

NOTE Confidence: 0.86231655

00:30:08.160 --> 00:30:10.326 And so my faculty mentor was

NOTE Confidence: 0.86231655

00:30:10.326 --> 00:30:12.560 helpful in helping me frame some

NOTE Confidence: 0.86231655

00:30:12.560 --> 00:30:15.038 some of the responses and kind of

NOTE Confidence: 0.86231655

00:30:15.038 --> 00:30:17.421 read between the lines for the

NOTE Confidence: 0.86231655

00:30:17.421 --> 00:30:19.754 summary statement and so now that's

NOTE Confidence: 0.86231655

00:30:19.754 --> 00:30:21.998 resubmitted will be hearing back soon.

NOTE Confidence: 0.86231655

00:30:22.000 --> 00:30:24.618 So in terms of collaborations moving forward,

NOTE Confidence: 0.86231655

00:30:24.620 --> 00:30:27.604 I think both of them are open to.

NOTE Confidence: 0.86231655

00:30:27.610 --> 00:30:29.102 We've talked about potential  
NOTE Confidence: 0.86231655

00:30:29.102 --> 00:30:30.967 collaborations and in the future,  
NOTE Confidence: 0.86231655

00:30:30.970 --> 00:30:33.427 and so I'm hoping after this new  
NOTE Confidence: 0.86231655

00:30:33.427 --> 00:30:35.724 year you know when I started  
NOTE Confidence: 0.86231655

00:30:35.724 --> 00:30:38.447 projects that can reach out to both.  
NOTE Confidence: 0.84368354

00:30:40.620 --> 00:30:42.372 OK, thanks and and I've been  
NOTE Confidence: 0.84368354

00:30:42.372 --> 00:30:44.743 so you also are part of the  
NOTE Confidence: 0.84368354

00:30:44.743 --> 00:30:46.259 virtual experience of track.  
NOTE Confidence: 0.84368354

00:30:46.260 --> 00:30:48.246 Can you comment a little bit  
NOTE Confidence: 0.84368354

00:30:48.246 --> 00:30:50.250 on how that was for you?  
NOTE Confidence: 0.8054725

00:30:52.860 --> 00:30:55.226 I'll echo Natalia is kind of sentiment.  
NOTE Confidence: 0.8054725

00:30:55.230 --> 00:30:57.270 I'm also somewhat of an introvert,  
NOTE Confidence: 0.8054725

00:30:57.270 --> 00:31:00.024 so make things I did a lot of the  
NOTE Confidence: 0.8054725

00:31:00.024 --> 00:31:02.686 heavy lifting in terms of you know,  
NOTE Confidence: 0.8054725

00:31:02.690 --> 00:31:03.794 meeting different people,  
NOTE Confidence: 0.8054725

00:31:03.794 --> 00:31:06.370 so I actually kind of enjoyed being

NOTE Confidence: 0.8054725

00:31:06.435 --> 00:31:08.787 able to sit comfortably in my own home.

NOTE Confidence: 0.8054725

00:31:08.790 --> 00:31:10.540 Watching all these lectures like

NOTE Confidence: 0.8054725

00:31:10.540 --> 00:31:12.859 a good book bathroom at a point.

NOTE Confidence: 0.8054725

00:31:12.860 --> 00:31:16.696 Get some food if I needed to.

NOTE Confidence: 0.8054725

00:31:16.700 --> 00:31:18.084 Of course there's downsides

NOTE Confidence: 0.8054725

00:31:18.084 --> 00:31:20.160 though is you don't have that.

NOTE Confidence: 0.8054725

00:31:20.160 --> 00:31:21.770 I mean, it's different when

NOTE Confidence: 0.8054725

00:31:21.770 --> 00:31:23.380 you're talking to someone in

NOTE Confidence: 0.8054725

00:31:23.444 --> 00:31:25.000 person versus through zone,

NOTE Confidence: 0.8054725

00:31:25.000 --> 00:31:27.177 so I'm hoping in the future that

NOTE Confidence: 0.8054725

00:31:27.177 --> 00:31:30.088 I can I can meet some of these

NOTE Confidence: 0.8054725

00:31:30.088 --> 00:31:31.580 folks in person, yeah?

NOTE Confidence: 0.87802416

00:31:33.410 --> 00:31:35.626 That's great, I think your your

NOTE Confidence: 0.87802416

00:31:35.626 --> 00:31:37.810 meeting that you're gonna have in

NOTE Confidence: 0.87802416

00:31:37.890 --> 00:31:40.248 July will be a great opportunity.

NOTE Confidence: 0.87802416

00:31:40.250 --> 00:31:43.246 Hopefully all 97 fellows and all the  
NOTE Confidence: 0.87802416

00:31:43.246 --> 00:31:45.245 faculty will participate and be  
NOTE Confidence: 0.87802416

00:31:45.245 --> 00:31:47.464 able to see each other in person.  
NOTE Confidence: 0.87802416

00:31:47.470 --> 00:31:50.550 I hope so. I hope by July we are meeting  
NOTE Confidence: 0.87802416

00:31:50.628 --> 00:31:53.460 in person and we can do that meeting  
NOTE Confidence: 0.87802416

00:31:53.460 --> 00:31:55.634 then that definitely is consistent  
NOTE Confidence: 0.87802416

00:31:55.634 --> 00:31:58.868 with the sort of philosophy of Trek  
NOTE Confidence: 0.87802416

00:31:58.870 --> 00:32:00.498 of the transdisciplinary research.  
NOTE Confidence: 0.87802416

00:32:00.498 --> 00:32:03.462 So we really we do hope people  
NOTE Confidence: 0.87802416

00:32:03.462 --> 00:32:05.258 will participate in that.  
NOTE Confidence: 0.87802416

00:32:05.260 --> 00:32:07.766 Um so mate. You know you had the  
NOTE Confidence: 0.87802416

00:32:07.766 --> 00:32:09.326 in person experience of track.  
NOTE Confidence: 0.87802416

00:32:09.330 --> 00:32:12.460 Do you want to talk a little bit about that?  
NOTE Confidence: 0.87802416

00:32:12.460 --> 00:32:15.900 And by the way, first of all I have to say,  
NOTE Confidence: 0.87802416

00:32:15.900 --> 00:32:17.782 I think that probably 90% of  
NOTE Confidence: 0.87802416

00:32:17.782 --> 00:32:19.654 academics are introverts, so you know,

NOTE Confidence: 0.87802416

00:32:19.660 --> 00:32:22.156 like don't don't feel too bad about it.

NOTE Confidence: 0.87802416

00:32:22.160 --> 00:32:24.080 We did our Department along time

NOTE Confidence: 0.87802416

00:32:24.080 --> 00:32:26.132 ago did the Myers Briggs inventory

NOTE Confidence: 0.87802416

00:32:26.132 --> 00:32:28.596 as part of like a little team

NOTE Confidence: 0.87802416

00:32:28.596 --> 00:32:30.806 building workshop an like there were.

NOTE Confidence: 0.87802416

00:32:30.810 --> 00:32:32.400 To extraverts on the faculty,

NOTE Confidence: 0.87802416

00:32:32.400 --> 00:32:35.450 everybody else was an introvert.

NOTE Confidence: 0.87802416

00:32:35.450 --> 00:32:36.431 So sorry mate.

NOTE Confidence: 0.87802416

00:32:36.431 --> 00:32:38.720 So tell us about the kind of

NOTE Confidence: 0.87802416

00:32:38.800 --> 00:32:40.780 in person Trek experience.

NOTE Confidence: 0.80783755

00:32:40.780 --> 00:32:43.426 Sure, sure I'm. I feel really really

NOTE Confidence: 0.80783755

00:32:43.426 --> 00:32:46.152 happy to have the opportunity to go

NOTE Confidence: 0.80783755

00:32:46.152 --> 00:32:49.241 to the in person version and not that

NOTE Confidence: 0.80783755

00:32:49.241 --> 00:32:51.831 I have anything but that most faith

NOTE Confidence: 0.80783755

00:32:51.831 --> 00:32:55.087 that that Doctor Irwin and I'll do the

NOTE Confidence: 0.80783755

00:32:55.087 --> 00:32:57.412 fantastic job organizing a virtual format  
NOTE Confidence: 0.80783755

00:32:57.412 --> 00:33:00.220 and all of the track faculty as well.  
NOTE Confidence: 0.80783755

00:33:00.220 --> 00:33:03.640 I'm sure it was as as wonderful as possible,  
NOTE Confidence: 0.80783755

00:33:03.640 --> 00:33:06.880 being virtual this past year.  
NOTE Confidence: 0.80783755

00:33:06.880 --> 00:33:09.530 In person was really fun.  
NOTE Confidence: 0.80783755

00:33:09.530 --> 00:33:11.462 You know it's it's really easy  
NOTE Confidence: 0.80783755

00:33:11.462 --> 00:33:14.575 to get to know some of the other  
NOTE Confidence: 0.80783755

00:33:14.575 --> 00:33:16.327 fellows and faculty informally.  
NOTE Confidence: 0.80783755

00:33:16.330 --> 00:33:18.598 Whether that's over meals which are  
NOTE Confidence: 0.80783755

00:33:18.598 --> 00:33:20.492 all shared all together, breakfast,  
NOTE Confidence: 0.80783755

00:33:20.492 --> 00:33:22.402 lunch, and dinners all together  
NOTE Confidence: 0.80783755

00:33:22.402 --> 00:33:24.649 in groups at the same time,  
NOTE Confidence: 0.80783755

00:33:24.650 --> 00:33:27.854 there's a there bars in the resort and go  
NOTE Confidence: 0.80783755

00:33:27.854 --> 00:33:31.077 grab a beer with fellows after of course,  
NOTE Confidence: 0.80783755

00:33:31.080 --> 00:33:33.164 after your formal requirements  
NOTE Confidence: 0.80783755

00:33:33.164 --> 00:33:35.769 are done for the day.

NOTE Confidence: 0.80783755

00:33:35.770 --> 00:33:38.730 You know you can go for walks in the morning.

NOTE Confidence: 0.80783755

00:33:38.730 --> 00:33:40.795 I would see Doctor went out there,

NOTE Confidence: 0.80783755

00:33:40.800 --> 00:33:41.984 Blazing Streets walking in

NOTE Confidence: 0.80783755

00:33:41.984 --> 00:33:43.168 the mornings for jogging,

NOTE Confidence: 0.80783755

00:33:43.170 --> 00:33:44.366 probably sprinting and others

NOTE Confidence: 0.80783755

00:33:44.366 --> 00:33:46.430 you know working out in the gym.

NOTE Confidence: 0.80783755

00:33:46.430 --> 00:33:47.658 The food was fantastic,

NOTE Confidence: 0.80783755

00:33:47.658 --> 00:33:49.980 which is always a huge bonus for me.

NOTE Confidence: 0.80783755

00:33:49.980 --> 00:33:52.269 Big food guy.

NOTE Confidence: 0.80783755

00:33:52.270 --> 00:33:54.178 Resort where it's held is really

NOTE Confidence: 0.80783755

00:33:54.178 --> 00:33:56.122 beautiful not to talk too much

NOTE Confidence: 0.80783755

00:33:56.122 --> 00:33:57.637 about how wonderful it was.

NOTE Confidence: 0.80783755

00:33:57.640 --> 00:33:59.860 We did get, I think.

NOTE Confidence: 0.80783755

00:33:59.860 --> 00:34:01.612 Two days were just downpour rain

NOTE Confidence: 0.80783755

00:34:01.612 --> 00:34:02.488 so we didn't.

NOTE Confidence: 0.80783755



00:34:02.490 --> 00:34:05.118 We didn't get to enjoy much of the outdoors,  
NOTE Confidence: 0.80783755

00:34:05.120 --> 00:34:06.580 unfortunately, but it's a really,  
NOTE Confidence: 0.80783755

00:34:06.580 --> 00:34:07.744 really, really pretty spot  
NOTE Confidence: 0.80783755

00:34:07.744 --> 00:34:09.199 in Connecticut on the coast,  
NOTE Confidence: 0.80783755

00:34:09.200 --> 00:34:12.880 so just a nice place to go to.  
NOTE Confidence: 0.80783755

00:34:12.880 --> 00:34:15.922 With the same sentiments I'm I'm  
NOTE Confidence: 0.80783755

00:34:15.922 --> 00:34:18.919 certainly no extrovert and I can  
NOTE Confidence: 0.80783755

00:34:18.919 --> 00:34:21.109 find networking and social stuff  
NOTE Confidence: 0.80783755

00:34:21.109 --> 00:34:23.970 to be pretty training so that  
NOTE Confidence: 0.80783755

00:34:23.970 --> 00:34:26.390 that definitely added to my.  
NOTE Confidence: 0.80783755

00:34:26.390 --> 00:34:28.300 Sorry, 50 throughout the week,  
NOTE Confidence: 0.80783755

00:34:28.300 --> 00:34:31.036 but at the same time it was really fun  
NOTE Confidence: 0.80783755

00:34:31.036 --> 00:34:33.519 and provided those kind of informal  
NOTE Confidence: 0.80783755

00:34:33.519 --> 00:34:36.104 opportunities to to get to know  
NOTE Confidence: 0.80783755

00:34:36.104 --> 00:34:38.540 other Trek fellows outside of just  
NOTE Confidence: 0.80783755

00:34:38.540 --> 00:34:40.574 the sessions and breakout sessions.

NOTE Confidence: 0.80783755

00:34:40.574 --> 00:34:43.423 Yeah, it was really fun in person,

NOTE Confidence: 0.80783755

00:34:43.430 --> 00:34:45.886 but I'm sure it's fantastic virtue as well.

NOTE Confidence: 0.9025345

00:34:47.260 --> 00:34:50.814 Great, thank you. So Carrie,

NOTE Confidence: 0.9025345

00:34:50.814 --> 00:34:54.011 can you talk to us a little bit

NOTE Confidence: 0.9025345

00:34:54.011 --> 00:34:55.559 about the application process

NOTE Confidence: 0.9025345

00:34:55.559 --> 00:34:58.069 and just also your process in

NOTE Confidence: 0.9025345

00:34:58.069 --> 00:34:59.769 preparing for the workshop?

NOTE Confidence: 0.9021642

00:35:01.640 --> 00:35:06.736 Yes. Sorry I didn't have a plan

NOTE Confidence: 0.9021642

00:35:06.736 --> 00:35:09.490 answer for this one. So let's see.

NOTE Confidence: 0.9021642

00:35:09.490 --> 00:35:12.654 So I think I had a little bit of

NOTE Confidence: 0.9021642

00:35:12.654 --> 00:35:14.790 a unique experience because I had

NOTE Confidence: 0.9021642

00:35:14.869 --> 00:35:17.162 been a trek trainee as a postdoc,

NOTE Confidence: 0.9021642

00:35:17.162 --> 00:35:19.610 and so some of what it means

NOTE Confidence: 0.9021642

00:35:19.610 --> 00:35:20.660 to be transdisciplinary.

NOTE Confidence: 0.9021642

00:35:20.660 --> 00:35:23.096 And some of the like intimidation factor,

NOTE Confidence: 0.9021642

00:35:23.100 --> 00:35:25.416 which I definitely remember as a postdoc.

NOTE Confidence: 0.9021642

00:35:25.416 --> 00:35:28.212 I had had a little bit of a chance

NOTE Confidence: 0.9021642

00:35:28.212 --> 00:35:31.124 to work with some of that previously,

NOTE Confidence: 0.9021642

00:35:31.130 --> 00:35:33.917 so that was a little unique for me,

NOTE Confidence: 0.9021642

00:35:33.917 --> 00:35:36.710 but I do feel like so I think

NOTE Confidence: 0.9021642

00:35:36.710 --> 00:35:38.920 it was a four page proposal.

NOTE Confidence: 0.9021642

00:35:38.920 --> 00:35:43.519 Even I have a grand idea and.

NOTE Confidence: 0.9021642

00:35:43.520 --> 00:35:45.414 I do remember thinking I don't

NOTE Confidence: 0.9021642

00:35:45.414 --> 00:35:47.694 even know who to ask for input

NOTE Confidence: 0.9021642

00:35:47.694 --> 00:35:49.409 on this four page proposal,

NOTE Confidence: 0.9021642

00:35:49.410 --> 00:35:51.601 so it's a good thing I'm going

NOTE Confidence: 0.9021642

00:35:51.601 --> 00:35:53.616 to hopefully go to this track

NOTE Confidence: 0.9021642

00:35:53.616 --> 00:35:55.614 meeting to meet some people to

NOTE Confidence: 0.84428847

00:35:55.620 --> 00:35:56.598 give input on

NOTE Confidence: 0.84428847

00:35:56.600 --> 00:35:58.556 this proposal in terms of preparing,

NOTE Confidence: 0.84428847

00:35:58.560 --> 00:35:59.538 you know, I

NOTE Confidence: 0.84428847

00:35:59.540 --> 00:36:01.843 actually think that being at MD Anderson

NOTE Confidence: 0.84428847

00:36:01.843 --> 00:36:04.119 we're really lucky because we have Karen.

NOTE Confidence: 0.84428847

00:36:04.120 --> 00:36:05.760 We have Joya, we have.

NOTE Confidence: 0.84428847

00:36:05.760 --> 00:36:08.368 I mean, we actually have a lot of

NOTE Confidence: 0.84428847

00:36:08.370 --> 00:36:12.190 people who are already very strong in.

NOTE Confidence: 0.84428847

00:36:12.190 --> 00:36:14.074 Transdisciplinary energetics research so.

NOTE Confidence: 0.84428847

00:36:14.074 --> 00:36:16.429 I guess in terms of

NOTE Confidence: 0.84428847

00:36:16.429 --> 00:36:18.099 preparing your application,

NOTE Confidence: 0.84428847

00:36:18.100 --> 00:36:20.476 if you're feeling any sort of.

NOTE Confidence: 0.84428847

00:36:20.480 --> 00:36:21.600 Nerves about whether you're

NOTE Confidence: 0.84428847

00:36:21.600 --> 00:36:23.000 a good fit or about.

NOTE Confidence: 0.84428847

00:36:23.000 --> 00:36:23.840 Whether you're ready,

NOTE Confidence: 0.84428847

00:36:23.840 --> 00:36:25.800 I think that being at MD Anderson,

NOTE Confidence: 0.84428847

00:36:25.800 --> 00:36:27.480 you're lucky to have a lot

NOTE Confidence: 0.84428847

00:36:27.480 --> 00:36:29.361 of resources to reach out to,

NOTE Confidence: 0.84428847

00:36:29.361 --> 00:36:31.096 and I've certainly benefited from  
NOTE Confidence: 0.84428847

00:36:31.096 --> 00:36:33.326 Mentor ship from both Karen and Zoya.  
NOTE Confidence: 0.84428847

00:36:33.330 --> 00:36:34.070 Throughout  
NOTE Confidence: 0.866645076666667

00:36:36.440 --> 00:36:40.260 great thanks. Um, Maggie could?  
NOTE Confidence: 0.866645076666667

00:36:40.260 --> 00:36:43.380 What would you like to share  
NOTE Confidence: 0.866645076666667

00:36:43.380 --> 00:36:44.940 with other investigators,  
NOTE Confidence: 0.866645076666667

00:36:44.940 --> 00:36:47.540 postdocs, or early stage faculty  
NOTE Confidence: 0.866645076666667

00:36:47.540 --> 00:36:49.620 who are considering trek?  
NOTE Confidence: 0.8743704

00:36:52.430 --> 00:36:53.510 So I took  
NOTE Confidence: 0.8743704

00:36:53.510 --> 00:36:56.030 a slightly different approach to my proposal,  
NOTE Confidence: 0.8743704

00:36:56.030 --> 00:36:58.190 'cause I wasn't really, you know,  
NOTE Confidence: 0.8743704

00:36:58.190 --> 00:37:00.710 I was in my first year postdoc.  
NOTE Confidence: 0.8743704

00:37:00.710 --> 00:37:03.590 I wasn't really planning a grant or anything,  
NOTE Confidence: 0.8743704

00:37:03.590 --> 00:37:06.987 so I wrote sort of a kind of far out  
NOTE Confidence: 0.8743704

00:37:06.987 --> 00:37:10.067 version of a project I wanted to do,  
NOTE Confidence: 0.8743704

00:37:10.070 --> 00:37:12.230 and there was cooking and there

NOTE Confidence: 0.8743704

00:37:12.230 --> 00:37:13.484 was artificial intelligence,

NOTE Confidence: 0.8743704

00:37:13.484 --> 00:37:17.571 and it was kind of what I would think

NOTE Confidence: 0.8743704

00:37:17.571 --> 00:37:20.979 would be the future of my research agenda.

NOTE Confidence: 0.8743704

00:37:20.980 --> 00:37:23.440 And that was really nice because

NOTE Confidence: 0.8743704

00:37:23.440 --> 00:37:25.900 I got less comments on the

NOTE Confidence: 0.8743704

00:37:25.900 --> 00:37:27.950 specifics of the grant proposal,

NOTE Confidence: 0.8743704

00:37:27.950 --> 00:37:30.443 but more comments on the research

NOTE Confidence: 0.8743704

00:37:30.443 --> 00:37:33.987 direction itself and sort of what are the

NOTE Confidence: 0.8743704

00:37:33.987 --> 00:37:37.238 things to kind of a major faculty member

NOTE Confidence: 0.8743704

00:37:37.238 --> 00:37:40.009 that strike them as important that we

NOTE Confidence: 0.8743704

00:37:40.009 --> 00:37:43.300 need to figure out before we get there.

NOTE Confidence: 0.8743704

00:37:43.300 --> 00:37:47.054 And so I'd say some of the advice I would

NOTE Confidence: 0.8743704

00:37:47.054 --> 00:37:49.738 give is like don't fret too much if

NOTE Confidence: 0.8743704

00:37:49.738 --> 00:37:52.150 you're not working on something specific,

NOTE Confidence: 0.8743704

00:37:52.150 --> 00:37:53.900 but just getting feedback on

NOTE Confidence: 0.8743704

00:37:53.900 --> 00:37:54.950 your research plan,  
NOTE Confidence: 0.8743704

00:37:54.950 --> 00:37:56.828 your agenda or your future plans  
NOTE Confidence: 0.8743704

00:37:56.828 --> 00:37:59.149 is a good a good approach.  
NOTE Confidence: 0.8743704

00:37:59.150 --> 00:38:01.894 I think that maybe some people wouldn't apply  
NOTE Confidence: 0.8743704

00:38:01.894 --> 00:38:04.050 because they're not working on something.  
NOTE Confidence: 0.8743704

00:38:04.050 --> 00:38:06.150 I certainly when I saw the  
NOTE Confidence: 0.8743704

00:38:06.150 --> 00:38:07.559 application was like, oh,  
NOTE Confidence: 0.8743704

00:38:07.559 --> 00:38:09.354 not really working on anything  
NOTE Confidence: 0.8743704

00:38:09.354 --> 00:38:11.050 to get direct feedback on,  
NOTE Confidence: 0.8743704

00:38:11.050 --> 00:38:13.696 but I think getting feedback on the.  
NOTE Confidence: 0.8743704

00:38:13.700 --> 00:38:16.390 Broader agenda was really helpful.  
NOTE Confidence: 0.8599138

00:38:17.900 --> 00:38:19.073 Great thanks Natalia.  
NOTE Confidence: 0.8599138

00:38:19.073 --> 00:38:21.419 Same question to you what what  
NOTE Confidence: 0.8599138

00:38:21.419 --> 00:38:23.899 would you like to share with  
NOTE Confidence: 0.8599138

00:38:23.899 --> 00:38:25.515 other people considering track?  
NOTE Confidence: 0.8100423

00:38:26.420 --> 00:38:28.034 Funny that Maggie went first 'cause

NOTE Confidence: 0.8100423

00:38:28.034 --> 00:38:31.830 I had the exact opposite comment so.

NOTE Confidence: 0.8100423

00:38:31.830 --> 00:38:34.898 And the most useful was getting feedback on

NOTE Confidence: 0.8100423

00:38:34.898 --> 00:38:37.970 like an active grant that's now been funded.

NOTE Confidence: 0.8100423

00:38:37.970 --> 00:38:41.050 And so I thought that was thank you.

NOTE Confidence: 0.8100423

00:38:41.050 --> 00:38:43.348 I thought that was really both,

NOTE Confidence: 0.8100423

00:38:43.350 --> 00:38:46.698 like my peer mentor.

NOTE Confidence: 0.8100423

00:38:46.700 --> 00:38:49.033 An my senior mentor gave feed faculty.

NOTE Confidence: 0.8100423

00:38:49.033 --> 00:38:51.360 I don't remember what the terminology is,

NOTE Confidence: 0.8100423

00:38:51.360 --> 00:38:53.695 but they both gave really good feedback.

NOTE Confidence: 0.8100423

00:38:53.695 --> 00:38:56.016 It was very timely 'cause it was.

NOTE Confidence: 0.8100423

00:38:56.020 --> 00:38:57.004 Do you know?

NOTE Confidence: 0.8100423

00:38:57.004 --> 00:38:59.760 It just happened to be due a couple

NOTE Confidence: 0.8100423

00:38:59.760 --> 00:39:02.768 weeks later and that was one of the

NOTE Confidence: 0.8100423

00:39:02.768 --> 00:39:05.388 most useful pieces of it for me.

NOTE Confidence: 0.8100423

00:39:05.390 --> 00:39:07.406 So what I was going to say was

NOTE Confidence: 0.8100423



00:39:07.406 --> 00:39:08.986 apply when you when you need  
NOTE Confidence: 0.8100423

00:39:08.986 --> 00:39:10.398 feedback on something like that,  
NOTE Confidence: 0.8100423

00:39:10.398 --> 00:39:13.650 but I I hear what Maggie is saying and I  
NOTE Confidence: 0.8100423

00:39:13.650 --> 00:39:16.146 just hadn't thought of it that way so.  
NOTE Confidence: 0.8100423

00:39:16.150 --> 00:39:18.751 I amend my what I was going to say to say  
NOTE Confidence: 0.8100423

00:39:18.751 --> 00:39:21.096 everyone who's in this area should apply.  
NOTE Confidence: 0.8100423

00:39:21.100 --> 00:39:23.025 You will get something out of it.  
NOTE Confidence: 0.8100423

00:39:23.030 --> 00:39:24.822 Just think about what you want to  
NOTE Confidence: 0.8100423

00:39:24.822 --> 00:39:26.879 get out of it before you submit.  
NOTE Confidence: 0.85980284

00:39:28.400 --> 00:39:29.366 Great great comet.  
NOTE Confidence: 0.85980284

00:39:29.366 --> 00:39:32.479 So we have the we have the range here.  
NOTE Confidence: 0.85980284

00:39:32.480 --> 00:39:34.180 You can have something really  
NOTE Confidence: 0.85980284

00:39:34.180 --> 00:39:35.880 specific you want feedback on.  
NOTE Confidence: 0.85980284

00:39:35.880 --> 00:39:38.168 It's great to go and if you kind  
NOTE Confidence: 0.85980284

00:39:38.168 --> 00:39:39.973 of have a broader direction  
NOTE Confidence: 0.85980284

00:39:39.973 --> 00:39:42.675 you'll get good input on that too.

NOTE Confidence: 0.85980284

00:39:42.680 --> 00:39:44.703 So I think it's sort of really

NOTE Confidence: 0.85980284

00:39:44.703 --> 00:39:46.045 accentuates the the usefulness

NOTE Confidence: 0.85980284

00:39:46.045 --> 00:39:48.115 of the Trek training experience.

NOTE Confidence: 0.85980284

00:39:48.120 --> 00:39:50.034 I'm just gonna open it up

NOTE Confidence: 0.85980284

00:39:50.034 --> 00:39:52.540 to any of you who like this.

NOTE Confidence: 0.85980284

00:39:52.540 --> 00:39:55.020 Is there anything else that you want to

NOTE Confidence: 0.85980284

00:39:55.020 --> 00:39:57.970 kind of comment on or something? I I?

NOTE Confidence: 0.85980284

00:39:57.970 --> 00:40:00.315 Didn't ask that I should have that.

NOTE Confidence: 0.85980284

00:40:00.320 --> 00:40:02.868 Important for people to know about Trek.

NOTE Confidence: 0.83692914

00:40:02.870 --> 00:40:05.774 I had a quick question for the group.

NOTE Confidence: 0.83692914

00:40:05.780 --> 00:40:08.167 I know that some of our recent

NOTE Confidence: 0.83692914

00:40:08.167 --> 00:40:10.285 Trek fellows around the job market

NOTE Confidence: 0.83692914

00:40:10.285 --> 00:40:12.331 and some of our recent Trek

NOTE Confidence: 0.83692914

00:40:12.331 --> 00:40:14.517 Fellows have recently gotten jobs.

NOTE Confidence: 0.83692914

00:40:14.520 --> 00:40:15.322 Congratulations Natalia,

NOTE Confidence: 0.83692914

00:40:15.322 --> 00:40:17.728 and I'm wondering if there's a  
NOTE Confidence: 0.83692914

00:40:17.728 --> 00:40:20.381 way to connect with the 96 or so  
NOTE Confidence: 0.83692914

00:40:20.381 --> 00:40:22.160 progeny of Diana and Melinda,  
NOTE Confidence: 0.83692914

00:40:22.160 --> 00:40:23.620 for you know, really.  
NOTE Confidence: 0.59502643

00:40:25.740 --> 00:40:31.330 Pursuing. Tenure tracker.  
NOTE Confidence: 0.59502643

00:40:31.330 --> 00:40:34.276 You know, in positions in academic  
NOTE Confidence: 0.59502643

00:40:34.276 --> 00:40:36.240 institutions and Maggie Natan  
NOTE Confidence: 0.59502643

00:40:36.318 --> 00:40:38.614 Ivan if you kind of feel like.  
NOTE Confidence: 0.59502643

00:40:38.620 --> 00:40:41.161 You have suggestions since you guys are  
NOTE Confidence: 0.59502643

00:40:41.161 --> 00:40:43.380 actively looking for how that network  
NOTE Confidence: 0.59502643

00:40:43.380 --> 00:40:45.516 could be optimized for that purpose.  
NOTE Confidence: 0.8461462

00:40:52.370 --> 00:40:54.580 Any thoughts? It's  
NOTE Confidence: 0.8860229

00:40:54.580 --> 00:40:56.100 a hard question. I mean  
NOTE Confidence: 0.8860229

00:40:56.100 --> 00:40:58.690 I I can start. I will say that I was  
NOTE Confidence: 0.8860229

00:40:58.766 --> 00:41:01.470 actively looking when I went on track and  
NOTE Confidence: 0.8860229

00:41:01.470 --> 00:41:04.640 I had applied and so I was able to even

NOTE Confidence: 0.8860229

00:41:04.640 --> 00:41:07.080 just get feedback from both of them on.

NOTE Confidence: 0.8860229

00:41:07.080 --> 00:41:08.608 I was considering various things

NOTE Confidence: 0.8860229

00:41:08.610 --> 00:41:11.338 and so both were able to kind of

NOTE Confidence: 0.8860229

00:41:11.338 --> 00:41:14.262 talk through me on kind of that

NOTE Confidence: 0.8860229

00:41:14.262 --> 00:41:16.422 professional development side as well.

NOTE Confidence: 0.8860229

00:41:16.430 --> 00:41:18.392 I don't think I had those

NOTE Confidence: 0.8860229

00:41:18.392 --> 00:41:19.700 conversations with anyone else,

NOTE Confidence: 0.8860229

00:41:19.700 --> 00:41:21.656 but at least both with those.

NOTE Confidence: 0.8860229

00:41:21.660 --> 00:41:23.290 Both of those individuals where

NOTE Confidence: 0.8860229

00:41:23.290 --> 00:41:25.589 I had like one on one time,

NOTE Confidence: 0.8860229

00:41:25.590 --> 00:41:28.078 I did so there could be something like

NOTE Confidence: 0.8860229

00:41:28.078 --> 00:41:30.160 that where it's targeted at that,

NOTE Confidence: 0.8860229

00:41:30.160 --> 00:41:31.693 and so you can have like more

NOTE Confidence: 0.8860229

00:41:31.693 --> 00:41:33.269 one on one conversations about

NOTE Confidence: 0.8860229

00:41:33.269 --> 00:41:34.981 career development aspects and

NOTE Confidence: 0.8860229

00:41:34.981 --> 00:41:36.693 job searches in particular.  
NOTE Confidence: 0.8860229

00:41:36.700 --> 00:41:37.360 So your  
NOTE Confidence: 0.8605325

00:41:37.360 --> 00:41:38.664 immediate mentors knew you  
NOTE Confidence: 0.8605325

00:41:38.664 --> 00:41:40.294 were in the job market,  
NOTE Confidence: 0.8605325

00:41:40.300 --> 00:41:42.675 but like the larger group  
NOTE Confidence: 0.8605325

00:41:42.675 --> 00:41:44.100 didn't necessarily know.  
NOTE Confidence: 0.8605325

00:41:44.100 --> 00:41:46.979 I don't think so.  
NOTE Confidence: 0.8605325

00:41:46.980 --> 00:41:49.160 I wonder if there's like,  
NOTE Confidence: 0.8605325

00:41:49.160 --> 00:41:51.330 especially in the virtual setting.  
NOTE Confidence: 0.8605325

00:41:51.330 --> 00:41:53.784 If there's a way to advertise  
NOTE Confidence: 0.8605325

00:41:53.784 --> 00:41:55.883 that you're looking and here's  
NOTE Confidence: 0.8605325

00:41:55.883 --> 00:41:58.578 your CV and here's your kind of  
NOTE Confidence: 0.8605325

00:41:58.578 --> 00:42:00.900 synopsis of research interests,  
NOTE Confidence: 0.8605325

00:42:00.900 --> 00:42:03.510 because I think it's a potentially  
NOTE Confidence: 0.8605325

00:42:03.510 --> 00:42:05.250 rich pool of applicants,  
NOTE Confidence: 0.8605325

00:42:05.250 --> 00:42:07.070 and we definitely want our

NOTE Confidence: 0.8605325

00:42:07.070 --> 00:42:09.597 trek trainees to go on and

NOTE Confidence: 0.8605325

00:42:09.597 --> 00:42:11.478 populate academic research

NOTE Confidence: 0.8605325

00:42:11.478 --> 00:42:13.359 institutions and facilitate.

NOTE Confidence: 0.8605325

00:42:13.360 --> 00:42:17.628 But Gore's best weekend.

NOTE Confidence: 0.8605325

00:42:17.630 --> 00:42:17.980 Yeah,

NOTE Confidence: 0.8739557

00:42:17.980 --> 00:42:20.740 that's a great idea. So what we do,

NOTE Confidence: 0.8739557

00:42:20.740 --> 00:42:23.500 we do have a Trek newsletter and E,

NOTE Confidence: 0.8739557

00:42:23.500 --> 00:42:24.880 you know done electronically

NOTE Confidence: 0.8739557

00:42:24.880 --> 00:42:26.260 where we advertise positions.

NOTE Confidence: 0.8739557

00:42:26.260 --> 00:42:28.354 You know many will reach out

NOTE Confidence: 0.8739557

00:42:28.354 --> 00:42:31.089 to us to tell us to post him.

NOTE Confidence: 0.8739557

00:42:31.090 --> 00:42:32.080 But you're right,

NOTE Confidence: 0.8739557

00:42:32.080 --> 00:42:34.812 there could be an approach where we have

NOTE Confidence: 0.8739557

00:42:34.812 --> 00:42:36.948 on the public facing check website.

NOTE Confidence: 0.8739557

00:42:36.950 --> 00:42:39.365 If people are comfortable and want to,

NOTE Confidence: 0.8739557

00:42:39.370 --> 00:42:41.440 they can post their CV and  
NOTE Confidence: 0.8739557

00:42:41.440 --> 00:42:42.820 maybe a cover letter.  
NOTE Confidence: 0.8739557

00:42:42.820 --> 00:42:44.899 Or maybe you know a short blurb  
NOTE Confidence: 0.8739557

00:42:44.899 --> 00:42:47.170 as to what type of position  
NOTE Confidence: 0.8739557

00:42:47.170 --> 00:42:48.910 they're interested in and.  
NOTE Confidence: 0.8739557

00:42:48.910 --> 00:42:51.238 You know many faculty and fellows  
NOTE Confidence: 0.8739557

00:42:51.238 --> 00:42:52.790 get emails about positions,  
NOTE Confidence: 0.8739557

00:42:52.790 --> 00:42:55.806 and we could direct them to the Trek  
NOTE Confidence: 0.8739557

00:42:55.806 --> 00:42:58.609 website and that that that that link,  
NOTE Confidence: 0.8739557

00:42:58.610 --> 00:43:01.326 particularly to look at all the fellows.  
NOTE Confidence: 0.8739557

00:43:01.330 --> 00:43:02.882 That's a great idea.  
NOTE Confidence: 0.8739557

00:43:02.882 --> 00:43:04.040 Yeah, I think  
NOTE Confidence: 0.8530272

00:43:04.040 --> 00:43:06.122 at least all of our fellows  
NOTE Confidence: 0.8530272

00:43:06.122 --> 00:43:08.498 are really good at their 92nd  
NOTE Confidence: 0.8530272

00:43:08.498 --> 00:43:10.602 elevator speech is, you know,  
NOTE Confidence: 0.8530272

00:43:10.602 --> 00:43:13.199 maybe that could be posted on the

NOTE Confidence: 0.8530272

00:43:13.199 --> 00:43:16.063 Trek website just for others to know

NOTE Confidence: 0.8530272

00:43:16.063 --> 00:43:18.988 that these folks are are looking for.

NOTE Confidence: 0.8530272

00:43:18.990 --> 00:43:20.020 Positions, yeah, another

NOTE Confidence: 0.84234446

00:43:20.020 --> 00:43:22.764 good idea is for a session at the

NOTE Confidence: 0.84234446

00:43:22.764 --> 00:43:25.196 workshop where I mean I wish we

NOTE Confidence: 0.84234446

00:43:25.196 --> 00:43:26.871 could have even more sessions.

NOTE Confidence: 0.84234446

00:43:26.880 --> 00:43:29.672 It would end up being two weeks long

NOTE Confidence: 0.84234446

00:43:29.672 --> 00:43:32.502 but but we can do a little bit more

NOTE Confidence: 0.84234446

00:43:32.502 --> 00:43:35.446 on on job talk so someone you know,

NOTE Confidence: 0.84234446

00:43:35.450 --> 00:43:38.194 tips on giving a really good job talk.

NOTE Confidence: 0.84234446

00:43:38.200 --> 00:43:40.594 This past year we had an exceptional

NOTE Confidence: 0.84234446

00:43:40.594 --> 00:43:41.282 speaker, Melissa.

NOTE Confidence: 0.84234446

00:43:41.282 --> 00:43:43.334 I'm blanking on her last name,

NOTE Confidence: 0.84234446

00:43:43.340 --> 00:43:45.302 give Melissa Marshall on how to

NOTE Confidence: 0.84234446

00:43:45.302 --> 00:43:47.029 give a really good presentation

NOTE Confidence: 0.84234446



00:43:47.029 --> 00:43:49.500 and we could even invite her back  
NOTE Confidence: 0.84234446

00:43:49.500 --> 00:43:52.039 and ask her specifically one for a.  
NOTE Confidence: 0.84234446

00:43:52.040 --> 00:43:53.640 Job talk what she recommends,  
NOTE Confidence: 0.84234446

00:43:53.640 --> 00:43:54.812 so these are great.  
NOTE Confidence: 0.84234446

00:43:54.812 --> 00:43:57.799 I just one thing we are doing for future.  
NOTE Confidence: 0.84234446

00:43:57.800 --> 00:44:00.040 This year's workshop in the future is  
NOTE Confidence: 0.84234446

00:44:00.040 --> 00:44:02.698 we are doing a little bit of a taking  
NOTE Confidence: 0.84234446

00:44:02.698 --> 00:44:05.799 the best of of virtual and in person too.  
NOTE Confidence: 0.84234446

00:44:05.800 --> 00:44:08.064 So we're flipping in a bit that all  
NOTE Confidence: 0.84234446

00:44:08.064 --> 00:44:10.813 the 20 minute talks you heard from the  
NOTE Confidence: 0.84234446

00:44:10.813 --> 00:44:13.223 faculty will be done in advance and  
NOTE Confidence: 0.84234446

00:44:13.223 --> 00:44:15.720 you view it from the leisure of your  
NOTE Confidence: 0.84234446

00:44:15.720 --> 00:44:17.640 home before coming to the workshop.  
NOTE Confidence: 0.84234446

00:44:17.640 --> 00:44:20.200 And then when you come to the workshop,  
NOTE Confidence: 0.84234446

00:44:20.200 --> 00:44:22.180 it'll be panel discussions for that.  
NOTE Confidence: 0.84234446

00:44:22.180 --> 00:44:24.280 Hour of those talks that were

NOTE Confidence: 0.84234446

00:44:24.280 --> 00:44:26.800 a part of that that session.

NOTE Confidence: 0.84234446

00:44:26.800 --> 00:44:28.730 That panel that makes sense,

NOTE Confidence: 0.84234446

00:44:28.730 --> 00:44:31.061 and then it frees up the day to have

NOTE Confidence: 0.84234446

00:44:31.061 --> 00:44:33.381 more of these networking opportunities

NOTE Confidence: 0.84234446

00:44:33.381 --> 00:44:35.876 within your discipline and across

NOTE Confidence: 0.84234446

00:44:35.876 --> 00:44:37.579 disciplines and other aspects.

NOTE Confidence: 0.8122591

00:44:39.260 --> 00:44:42.960 A great idea, yeah, yeah. Very good.

NOTE Confidence: 0.8122591

00:44:42.960 --> 00:44:45.595 I mean, were you going to say

NOTE Confidence: 0.8122591

00:44:45.595 --> 00:44:47.672 something about the sort of career

NOTE Confidence: 0.8122591

00:44:47.672 --> 00:44:49.540 networking job search aspects?

NOTE Confidence: 0.8275465

00:44:50.720 --> 00:44:53.717 Well, I was just going to point out that

NOTE Confidence: 0.8275465

00:44:53.717 --> 00:44:57.044 we do get that weekly or BI monthly email

NOTE Confidence: 0.8275465

00:44:57.044 --> 00:45:00.176 that has a job posting I found helpful.

NOTE Confidence: 0.8275465

00:45:00.180 --> 00:45:05.330 I think at that time I was also on the.

NOTE Confidence: 0.8275465

00:45:05.330 --> 00:45:07.710 Market and I do remember a number

NOTE Confidence: 0.8275465

00:45:07.710 --> 00:45:09.961 of US postdocs were on the market  
NOTE Confidence: 0.8275465

00:45:09.961 --> 00:45:12.130 when we get to do star self.  
NOTE Confidence: 0.8275465

00:45:12.130 --> 00:45:14.730 Initially we did say at the end OK.  
NOTE Confidence: 0.8275465

00:45:14.730 --> 00:45:16.668 I'm also on the market right?  
NOTE Confidence: 0.8275465

00:45:16.670 --> 00:45:18.174 But then you know.  
NOTE Confidence: 0.8275465

00:45:18.174 --> 00:45:20.430 I guess it was for us.  
NOTE Confidence: 0.8275465

00:45:20.430 --> 00:45:23.103 It was us initiating and us kind of taking.  
NOTE Confidence: 0.8275465

00:45:23.110 --> 00:45:25.798 Taking that first step and trying to  
NOTE Confidence: 0.8275465

00:45:25.798 --> 00:45:28.478 hunt down people who needed feedback.  
NOTE Confidence: 0.8275465

00:45:28.480 --> 00:45:30.568 Does you know when I said,  
NOTE Confidence: 0.8275465

00:45:30.570 --> 00:45:32.658 you know, a a session again,  
NOTE Confidence: 0.8275465

00:45:32.660 --> 00:45:34.425 adding another session is going  
NOTE Confidence: 0.8275465

00:45:34.425 --> 00:45:36.587 to add to the additional time  
NOTE Confidence: 0.8275465

00:45:36.587 --> 00:45:38.217 of our very long workshop,  
NOTE Confidence: 0.8275465

00:45:38.220 --> 00:45:40.656 but for US post Doctor these us,  
NOTE Confidence: 0.8275465

00:45:40.660 --> 00:45:42.496 you know on the market would

NOTE Confidence: 0.8275465

00:45:42.496 --> 00:45:44.586 be helpful if we could also

NOTE Confidence: 0.8275465

00:45:44.586 --> 00:45:46.576 leverage some of this network.

NOTE Confidence: 0.88763386

00:45:48.760 --> 00:45:51.748 Yeah, great idea.

NOTE Confidence: 0.88763386

00:45:51.750 --> 00:45:54.783 OK, so I guess we're kind of coming to

NOTE Confidence: 0.88763386

00:45:54.783 --> 00:45:58.015 the end of our time and I just want to.

NOTE Confidence: 0.88763386

00:45:58.020 --> 00:46:00.428 Well, first I want to say one

NOTE Confidence: 0.88763386

00:46:00.428 --> 00:46:02.720 thing about trick that you all

NOTE Confidence: 0.88763386

00:46:02.720 --> 00:46:04.690 haven't mentioned and that is.

NOTE Confidence: 0.88763386

00:46:04.690 --> 00:46:06.652 Since there is a renewal application

NOTE Confidence: 0.88763386

00:46:06.652 --> 00:46:09.338 in and we hope that Trek will be

NOTE Confidence: 0.88763386

00:46:09.338 --> 00:46:11.300 continuing if you apply this year

NOTE Confidence: 0.88763386

00:46:11.371 --> 00:46:13.362 and you don't get in, apply again.

NOTE Confidence: 0.88763386

00:46:13.362 --> 00:46:15.288 I mean, there are many people

NOTE Confidence: 0.88763386

00:46:15.288 --> 00:46:16.890 who applied more than once,

NOTE Confidence: 0.88763386

00:46:16.890 --> 00:46:19.779 and if they don't get in the first time,

NOTE Confidence: 0.88763386

00:46:19.780 --> 00:46:22.020 they often get in the second time.

NOTE Confidence: 0.88763386

00:46:22.020 --> 00:46:24.588 So like if at first you don't succeed,

NOTE Confidence: 0.88763386

00:46:24.590 --> 00:46:26.837 which is like sort of the first

NOTE Confidence: 0.88763386

00:46:26.837 --> 00:46:28.121 lesson of academia, right?

NOTE Confidence: 0.88763386

00:46:28.121 --> 00:46:30.047 If at first you don't succeed,

NOTE Confidence: 0.88763386

00:46:30.050 --> 00:46:30.692 try again,

NOTE Confidence: 0.88763386

00:46:30.692 --> 00:46:33.260 because that is true of trick as well,

NOTE Confidence: 0.88763386

00:46:33.260 --> 00:46:36.180 and so we hope to see Trek continue.

NOTE Confidence: 0.88763386

00:46:36.180 --> 00:46:38.948 Ann, I hope to see some of those

NOTE Confidence: 0.88763386

00:46:38.948 --> 00:46:41.787 who those of you who are listening.

NOTE Confidence: 0.88763386

00:46:41.790 --> 00:46:44.028 I hope to see you apply.

NOTE Confidence: 0.88763386

00:46:44.030 --> 00:46:46.732 We always get a really good showing

NOTE Confidence: 0.88763386

00:46:46.732 --> 00:46:49.023 of applicants from MD Anderson and

NOTE Confidence: 0.88763386

00:46:49.023 --> 00:46:51.480 Love to kind of leverage trick to

NOTE Confidence: 0.88763386

00:46:51.551 --> 00:46:54.127 grow this field more at MD Anderson.

NOTE Confidence: 0.88763386

00:46:54.130 --> 00:46:56.000 So please do consider it.

NOTE Confidence: 0.88763386

00:46:56.000 --> 00:46:58.250 Melinda, Diana, thank you so much.

NOTE Confidence: 0.88763386

00:46:58.250 --> 00:46:59.246 First of all,

NOTE Confidence: 0.88763386

00:46:59.246 --> 00:47:01.570 for everything you do to make trick

NOTE Confidence: 0.88763386

00:47:01.638 --> 00:47:04.558 happen and I think it's been an amazing

NOTE Confidence: 0.88763386

00:47:04.558 --> 00:47:07.329 experience for the fellows who participated.

NOTE Confidence: 0.88763386

00:47:07.330 --> 00:47:10.800 I have to say, as a faculty member and track,

NOTE Confidence: 0.88763386

00:47:10.800 --> 00:47:12.876 I always love it to Anan,

NOTE Confidence: 0.88763386

00:47:12.880 --> 00:47:15.312 love to meet the fellows, love to

NOTE Confidence: 0.88763386

00:47:15.312 --> 00:47:17.734 connect with other faculty in this area.

NOTE Confidence: 0.88763386

00:47:17.740 --> 00:47:18.781 So really, really,

NOTE Confidence: 0.88763386

00:47:18.781 --> 00:47:20.169 really a wonderful experience.

NOTE Confidence: 0.88763386

00:47:20.170 --> 00:47:22.246 Thank you to our track fellows

NOTE Confidence: 0.88763386

00:47:22.246 --> 00:47:23.284 who participated today.

NOTE Confidence: 0.88763386

00:47:23.290 --> 00:47:24.331 Kerry, Nate, Natalia,

NOTE Confidence: 0.88763386

00:47:24.331 --> 00:47:24.678 Maggie,

NOTE Confidence: 0.88763386

00:47:24.678 --> 00:47:26.760 and Ivan and also to joy.  
NOTE Confidence: 0.88763386

00:47:26.760 --> 00:47:29.007 Yahoo has inspired a lot of fellows  
NOTE Confidence: 0.88763386

00:47:29.007 --> 00:47:31.270 to apply to the trick program.  
NOTE Confidence: 0.88763386

00:47:31.270 --> 00:47:32.658 Thank you so much.  
NOTE Confidence: 0.91340184

00:47:33.450 --> 00:47:37.310 Thank you so much. Make it  
NOTE Confidence: 0.82230663

00:47:37.310 --> 00:47:39.809 1 for keeping us organized on the  
NOTE Confidence: 0.82230663

00:47:39.810 --> 00:47:41.892 zoom and hopefully we'll see each  
NOTE Confidence: 0.82230663

00:47:41.892 --> 00:47:44.450 other in July out in Houston. I  
NOTE Confidence: 0.82230663

00:47:44.450 --> 00:47:47.613 hope so, and I and I hope that, yeah,  
NOTE Confidence: 0.82230663

00:47:47.613 --> 00:47:50.840 I hope we get together in July and I hope  
NOTE Confidence: 0.82230663

00:47:50.840 --> 00:47:53.740 Trek happens in Connecticut in June. So  
NOTE Confidence: 0.82230663

00:47:53.740 --> 00:47:55.160 good to see you.  
NOTE Confidence: 0.82230663

00:47:55.160 --> 00:47:58.020 Thank you so much. Thank you. Thank you.  
NOTE Confidence: 0.82230663

00:47:58.020 --> 00:47:59.810 Happy Holidays, Happy Holidays all.  
NOTE Confidence: 0.8054057

00:48:01.370 --> 00:48:01.600 My.