WEBVTT

NOTE duration: "00:00:31.0400000"

NOTE recognizability:0.924

NOTE language:en-us

NOTE Confidence: 0.9294629

00:00:03.700 --> 00:00:04.609 Don't eat or

NOTE Confidence: 0.9294629

00:00:04.610 --> 00:00:06.962 drink 30 minutes prior to the test and

NOTE Confidence: 0.9294629

00:00:06.962 --> 00:00:10.460 don't drink water 10 minutes before.

NOTE Confidence: 0.9294629

 $00:00:10.460 \longrightarrow 00:00:12.525$ Wash your hands before the test and

NOTE Confidence: 0.9294629

 $00:00:12.525 \longrightarrow 00:00:14.330$ take the small pre labeled tube.

NOTE Confidence: 0.9294629

 $00:00:14.330 \longrightarrow 00:00:16.717$ Put the tube close to your mouth, pool,

NOTE Confidence: 0.9294629

 $00:00:16.717 \longrightarrow 00:00:18.796$ saliva and dispel it into the tube.

NOTE Confidence: 0.9294629

 $00:00:18.800 \longrightarrow 00:00:20.290$ It's pain free and simple.

NOTE Confidence: 0.9294629

 $00:00:20.290 \longrightarrow 00:00:22.674$ Hand the tube to the observer who will

NOTE Confidence: 0.877618

 $00:00:22.680 \longrightarrow 00:00:25.530$ place it in the bag. Wash your

NOTE Confidence: 0.9268474

 $00{:}00{:}25.530 \dashrightarrow 00{:}00{:}26.910$ hands again and check out.